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NATIVE AMERICAN HEALTHCARE DISPARITIES BRIEFING

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Friday, October 17, 2003

The Commission convened at the Doubletree Hotel, 201 Marquette Avenue, Northwest, Albuquerque, New Mexico, at 9:25 a.m., Mary Frances Berry, Chairperson presiding.

PRESENT:

MARY FRANCES BERRY, Chairperson

CRUZ REYNOSO, Vice Chairperson

JENNIFER C. BRACERAS, Commissioner (via phone)

CHRISTOPHER EDLEY, JR., Commissioner (via phone)

PETER N. KIRSANOW, Commissioner (via phone)

ELSIE M. MEEKS, Commissioner (via phone)

RUSSELL G. REDENBAUGH, Commissioner (via phone)

LESLIE R. JIN, Staff Director

Tongny.

U.S. COMMISSION ON CIVIL RIGHTS.

STAFF PRESENT:

JOHN BLAKELEY
DEBRA CARR, ESQ., Deputy General Counsel
IVY DAVIS, Chief, Regional Programs
Coordination Unit (via phone)
BARBARA DELAVIEZ
TERRY DICKERSON, Asst. Staff Director
for OCRE (via phone)
JOHN DULLES, Regional Director
PAMELA A. DUNSTON
JENNY PARK
MARC PENTINO (via phone)
JOYCE SMITH, Parliamentarian
ALEXANDER SUN
AUDREY WRIGHT
TIFFANY WRIGHT

COMMISSIONER ASSISTANTS PRESENT:

KRISTINA ARRIAGA
LAURA BATIE
PATRICK DUFFY
JOY FREEMAN
CHRISTOPHER JENNINGS
KIMBERLY SCHULD
MELISSA SHARPE (via phone)
KRISHNA TOÖLSIE

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9:25 a.m.

CHAIRPERSON BERRY: We begin the briefing. We'll reconvene and begin the briefing.

Is there anyone in the audience who need sign interpretation at this time? Is there anyone in the audience who needs sign interpretation at this time? There's no one at this time, but thank you very much.

INTRODUCTION AND REMARKS

Earlier this year the Commission Okay. issued a report on federal funding and unmet needs in Indian Country, which is called Quiet Crisis, which has gotten considerable publicity in Indian Country. And some of you may have heard of it. it found that federal funding directed to Native Americans through the programs administered federal agencies, including HHS, several insufficient to meet the basic needs of Native Americans. And access to adequate health care is an area where the Commission found inadequate funding or unmet needs.

And as a result of this, and the information that we have available to us about the health needs of Native Americans, the Commission

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undertook to have this particular hearing, briefing today and to come to New Mexico to go on a site visit vesterday.

The problems, you know, diabetes, mental health disorders, cardiovascular disease, pneumonia, influenza and injuries. And the numbers and the disparities, and the over representation of Native Americans or Indians having these diseases, and also having the unmet needs, we found that it was absolutely horrendous. And today we will have a full and productive discussion of these issues: Scope, causes, possible solutions to the health care disparities experienced by Indians.

We will hear from a number of decision makers at the Indian Health Service including the top man, Dr. Charles Grim who came and several members of his staff.

We will hear from policy wonks and researchers, and health care advocates and analysts.

We will hear from tribal leaders.

And Panel One will discuss the current status of Native American health. And the panelists will talk about specific disparities, the scope of the disparities and some root causes.

Panel Two will explore the extent to

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which access to health care, including geographical and structural barriers contribute to disparities in Native American health status.

And then Panel Three will talk about the quality of health care provided, and those issues.

And then there will be a fourth panel on the funding structure for the Native American health care system.

And the final panel will talk about and potential changes to proposed the providing health services to Native Americans and how those changes will impact current health disparities. The focus will be on the proposed Indian Health Care Improvement Act reauthorization, the One Department Initiative within HHS and internal restructuring efforts within IHS.

Following the conclusion of the second panel, there will be a brief break for lunch. And then we will convene the other panel.

The public will have an opportunity to make brief comments and present relevant written materials to the Commission during an open session, which will begin at the end of the panels of the day, which will be around 4:30 or so. And if you wish to make brief remarks during the open session,

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please see a Commission staff member in the Hardin Room downstairs to sign up on a sheet. 2 PANEL ONE: DISPARITIES IN HEALTH STATUS AND OUTCOMES FOR NATIVE AMERICANS CHAIRPERSON BERRY: And the 5 witnesses have already come forward for the first They are Dr. Jon Perez, whose commencement I spoke at 30 some years ago, he reminded me, at the 8 9 University of Maryland. 10 DR. PEREZ: When we were both kids. CHAIRPERSON BERRY: When I was a mere 11 child they had me speak at a commencement for some 12 reason, and he was a toddler. 13 But anyway, Dr. Perez is the Director of 14 Behavioral Health Services for IHS. And he is a 15 educated clinical psychologist and was 16 University of Maryland and the California School of 17 18 Professional Psychology in Los Angeles. responsible for the 19 He is management of Behavioral Health Services for IHS, 20 21 including budget, policy and program management. 22 And he began his career with IHS in 23 1992. And for the last 20 years he has provided national leadership in the areas of American Indian 24

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psychological trauma. He has a long list of articles and publications that he somehow found time to put together in addition to all this other work.

And in addition to his academic, volunteer and civic honors, he is recipient of the Public Health Service - Indian Health Service Outstanding Mental Health award, and several other awards.

Mr. Lyle Jack is a Tribal Councilman from the Oglala Sioux Tribe, which is Commissioner Elsie Meeks tribe, at Pine Ridge in South Dakota. Mr. Jack is a member that tribe. It is also referred to as the Oglala Lakota.

He's one of two tribal councilmen representing the Pine Ridge Reservation. .

He has a degree in computer science from Oglala Lakota College.

Before being elected to the tribe council he worked in food distribution.

He was first elected to the council in 2000 and was reelected in 2002. And on the council he serves as Chairman of the Education Committee and Vice Chairman of the Judiciary Committee. He is also a member of the Health and Human Services Committee.

We want to thank both of you for coming.

And Commissioner Meeks would like to make some comments, and I turn to you Commissioner Meeks. Go ahead. You could have introduced them, but they didn't tell me that. You know more about them than I do.

COMMISSIONER MEEKS: Actually, I thought we would all get a chance to reintroduce ourselves.

I really wanted to open this by saying really glad that the Commission decided to focus on these health care issues for reservations. And, you know, I want to start by saying I'm missing a funeral today of a man that I grew up and whose family is very close to me in Pine Ridge because last weekend he had a heart attack. It wasn't severe, and he drove from his place of work to his house. And his wife had to hunt down the ambulance, but they met the ambulance in about 20 minutes. He walked from the car to the ambulance and told them what was wrong. that point on, you know, he went into a coma. He didn't get oxygen. And they had to first transport him to Pine Ridge, which is about 50 miles. And then he got to Pine Ridge and they had to transport to Rapid City. And in the meantime, he had brain damage

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So I think in some ways, I mean we already had this planned; but this really just summarizes for me and really brought home the point of what -- and it didn't matter what reservation we went to or what area we went to, we would come across the same problems. And, you know, although his heart attack wasn't really that serious, you know, he still died in spite of it and his funeral is today.

So I thank you all for coming.

CHAIRPERSON BERRY: All right.

Vice Chair Reynoso, would you like to make some comments?

VICE CHAIRMAN REYNOSO: No. I am just looking forward to the testimony today. Yesterday we had occasion to visit some health services, the sites of health services provision. And, of course, we're all conscious of the responsibility that the federal government has taken onto itself with respect to the health services to Native Americans who are Indians. So I'm very interested in hearing from the witnesses today.

Thank you very much.

CHAIRPERSON BERRY: Okay. Other

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Commissioners are on the telephone, who could not be 1 And Commissioners' assistants are here for 2 here. some of the Commissioners who are not here who are 3 Commissioners' assistants sitting in the audience. 4 for Commissioner Kirsanow and Commissioner Braceras, 5 and Commissioner Thernstrom I think are here also to listen to the testimony. Could you folks stand up 7 8 in case anybody wants to know who you are. Kristina 9 Arriaga, Chris Jennings and Kimberly Schuld.

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Okay. Thank you very much.

Each panelist has 10 to 15 minutes for opening remarks, and there's a timer up here, which will tell you when your time has expired. And Commissioners with questions are asked to reserve questions until both make your their you presentations. And this is true for all the panelists.

Mr. Perez, could you please proceed?

DR. PEREZ: Two days ago was my birthday, talking about when I was young. And I don't feel so young anymore. And I have these new glasses, so we'll see if I might be able to read the testimony a little bit better. They're still a little uncomfortable.

Madam Chairperson and members of the

Commission, I am Dr. Jon Perez, Director Behavioral Health for the Indian Health Service. Today I am pleased to report on behalf of the IHS by outlining, in broad-brush strokes, the current state of health among American Indians and Alaska Native populations around the country. I will do this by highlighting some of the leading general health indicators and mortality and morbidity information about American Indian and Alaska Natives, as well as point out representative disparities among those data when compared with other racial and ethnic groups.

I will then be followed in subsequent panels by the IHS Director, Dr. Charles Grimm, Mr. Duane Jeanotte, Acting Director of Headquarters Operations and Dr. Richard Olson, Acting Director of Office of Clinical and Preventive Services who will further illuminate the health issues affecting our tribes and tribal groups.

I trust you will find the information useful.

It is no small task speaking on behalf of American Indian and Alaska Native health needs, considering it requires speaking for over 560 tribes spread from the Arctic Circle to Florida, with

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distinctly different cultures and beliefs, economies and life circumstance, with populations spread from remote villages and reservations to major urban areas. Today, I will provide an overview of the disparities in health of these diverse native nations of people.

Native health disparities, one must understand some history, in particular current history. If there is a single unifying historical experience among our extant tribes and cultures, which more than any other affects and defines them today, it is this: Unlike any other racial or ethnic group in this country, American Indian and Alaska Natives did not come here, they pre-existed here, and remained despite concerted attempts at their removal.

The health impact from physical to spiritual, from individual to community cannot be overstated.

The American Indian and Alaska Native health disparities are real and highly visible to native people. But, where resource and effort are applied thoughtfully and over time, there is positive, life saving impact. I will address the successes and challenges now.

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The successes in improved health are demonstrated by dramatic improvements in mortality rates between 1972 and '74 and again in '97 and '99 4 including: 5 Maternal mortality rates reduced 79 percent from 31.6 to 6.7 per 100,000; 6 7 Tuberculosis mortality reduced 86 8 percent from 10.7 to 1.5 per 100,000; 9 Gastrointestinal disease mortality 10 reduced 72 percent from 6.7 to 1.9 per 100,000; 11 Infant mortality reduced 65 percent from 12 25 to 8.8 per 1,000 live births; 13 Unintentional injuries mortality reduced 14 54 percent from 206.7 to 95.1 per 100,000; and 15 Pneumonia and influenza mortality 16 reduced 51 percent from 41.1 to 20.1 per 100,000. 17 Also significantly, the incidence and 18 prevalence of many infectious diseases once the 19 leading cause of death and disability among American 20 Indian and Alaska Natives, have dramatically decreased due to increased medical care and public 21 22 health efforts that included massive vaccination and 23 sanitation facilities construction programs. 24 however, as the population lives longer and adopts a 25 more western diet and sedentary lifestyle, chronic

diseases emerge as the dominant factors the health and longevity of Indian people with increasing rates οf cardiovascular associated disease, Hepatitis C and diabetes. When compared with the U.S. general population, these improved outcomes were achieved in the face of several complicating factors including: capital expenditures 8 Lower per 9 health; Limited availability of providers, for 10 example, half the physicians and nurses per capita; 11 Higher costs for providing health care 12 13 in isolated rural settings where you have losses of economies of scale; 14 Lack of facilities in numerous locations 15 and many outdated existing facilities. For example, 16 average age of IHS facilities is about 32 years in 17 comparison to 9 years for the private sector; 18 health utilization of care 19 Lower 20 facilities. For example, 25 percent annual 21 utilization of dental service for American Indian 22 and Alaska Natives compared to about 60 percent for 23 the U.S. population overall; Significantly higher health care needs 24 25 because of poor health status, significantly higher

rates of diabetes, alcoholism, injuries, oral disease, and overall death rate;

High unemployment, poverty, substandard housing, and other recognized contributing factors to reduced health status.

While the mortality rates of Indian people have improved dramatically over the past ten years, Indian people continue to experience health disparities and death rates that are significantly higher than the rest of the U.S. general population. The most recent fully analyzed mortality data for fiscal year 1999 available from the National Center for Health Statistics adjusted for misreporting of American Indian and Alaska Natives on state death certificates shows an increase in deaths of American Indian and Alaska Native people for the period of 1997 to '99 compared to the period from 1994/96 from cancer, diabetes, suicide, unintentional injuries, and gastrointestinal disease. It reveals alcoholism deaths at almost eight times the national rates; diabetes a four times; accidents almost three times; suicide twice; and homicide at over double the rate of the nation as whole.

The net result of these categorical increases is an overall 4.5 percent increase in

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death rates American Indian and Alaska Native people from 698.4 per 100,000 population for the period 1994-96 to 730.1 per 100,000 population for the period of 1997 to '99.

Cardiovascular disease is now the leading cause of mortality among Indian people, with a rising rate that is significantly higher than the U.S. general population. This is a health disparity rate that the President, the Secretary of Health and Human Services, and the IHS are committed to eliminating.

mortality rates have been Diabetes increasing at almost epidemic proportions. American Alaska Natives have the highest Indians and prevalence of type 2 diabetes in the world. incidence of type 2 diabetes is rising faster among American Indians and Alaska Native children and young adults than in any other ethnic population, and is 2.6 times the national average.

As diabetes develops at younger ages, so do related complications such as blindness, amputations, and end stage renal disease.

There are preliminary indications, however, that we may be seeing a change in this pattern. In calendar year 2000 we have observed for

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the first time ever a decline in mortality. It must be noted that these are preliminary mortality data, that need to be thoroughly examined, but very promising nonetheless in that they may indicate arrest of the deadly spiral.

What is most distressing, however, about these statistics is that type 2 diabetes is largely preventable. Lifestyle changes, such as changes in patterns, and weight diet, exercise can significantly reduce the chances of developing type 2 diabetes. Focusing on prevention not only reduces the disease burden from a suffering population, but also lessens and sometimes eliminates the need for costly treatment options. The cost-effectiveness of a preventative approach to diabetes management is an important consideration, since the cost of caring of diabetes patients is staggering. Managed estimates for treating diabetics range from \$5000 to \$9000 per year. Since the Indian health system currently cares for approximately 100,000 with diagnosed diabetes, this comes out to a conservative estimate of \$500 million just to treat one condition.

Another area of concern is in behavioral . health. If we look at the top ten causes for

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mortality and morbidity in Indian Country, fully seven of those ten causes are directly related to, or significantly affected by individual behavior and Depression, and choices. all lifestvle manifestations from sadness, to anger, to loss of function is a significant problem with prevalence rates at approximately double the rate for the rest Alcoholism and drug abuse, as of the nation. already noted, are the most significant behavioral health concerns and, I would advocate, among the most pressing overall health concerns facing Indian people today.

also among the most Thev are intransigent and difficult to treat. Unlike many other diseases with direct and, by behavioral health uncomplicated fairly causes standards, treatments, behavioral problems represent extraordinary arrays of interconnections between individual, psychology; history; the biology; economics; politics; families; communities; spirituality; and the interplay between hope and possibility versus hopelessness and commensurate helplessness.

Simple and quick answers will not be . found here. But answers are available and effective

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interventions from the individual to community level can be found. They are not necessarily simple, easy, nor quick, but they are there. summary, the overall picture In troubling, but not without possibility. You will hear much today about health and disease, prevention and treatment. Allow me to end this statement with this message: There is hope, there is courage, and there are possibilities. 10 And this concludes my written statement. I will be happy to respond to any questions you may 11 have. 12 13 Thank you. 14 CHAIRPERSON BERRY: Thank you very much, And there will be questions. 15 Dr. Perez. 16 Mr. Jack, please proceed. 17 MR. JACK: First of all, I'd like to say 18 good morning. 19 ALL: Good morning. 20 MR. Chairperson JACK: Berry 21 Commissioners, I'll say it's an honor for me to be 22 here to testify in front of you. It's also an honor 23 for the Oglala Sioux Tribe to have one of our tribal 24 members sitting on your Commission. 25 I'm not going to go into statistics this

morning, because Mr. Perez has already stated them.

And I think they're worse than what he's stating.

So what I will do is I'll give you a little history

of why health care is guaranteed to the Oglala

Lakota Tribe, and also give you some personal cases

that I know of.

Okay. In the 1860, early '60s the Oglala Sioux Tribe or the Lakota Nation fell at war with the United States government. It was a war over the Bozeman Trail, which the United States opened up in Sioux country. This war was known as the Powder River War or the Red Cloud War. And what it resulted in was the United States closing the trail and signing the 1868 Fort Laramie Treaty with the Lakota Tribes.

This treaty resulted in the Lakota Nation ceding millions and millions of acres of land and natural resources, such as timber, gold and water. In return, the Lakota got a reservation that's expanded from the east base of the Missouri River into North Dakota, Wyoming, Montana and Nebraska.

Under the treaty the Lakota Nation was guaranteed basic infrastructure rights, such as a school teacher, a doctor, carpenter, a boxsmith and

a dentist, which today we interpret today as health care, school, education, housing.

So what I'm saying today is that the health care that is the tribe receives is not a handout to the Lakota people. It is something the Lakota have already bought and paid for with millions of acres of land. So that is not an entitlement, and it's not a handout. It is something that we have already bought and paid for.

Unfortunately, the United States Government has not lived up to its treaty obligations and we see this everyday. The story that Elsie has told you is just one of hundreds that go on every month.

I recently lost an uncle who is a Vietnam veteran 2 weeks ago. He was a diabetic. He had his leg amputated and he was scheduled for heart surgery, which was an angioplasty. However, IHS refused to pay for it because they said he was a veteran and he must use VA resources.

Now, the VA was going to pay for it, but he had to go to Rochester, Minnesota to get his surgery done, and he didn't want to go. He felt that was too far and he didn't want to be alone. So he wanted to go to Rapid City Regional. And finally

after weeks, IHS relented and agreed to pay for it.

By then my uncle had so much stress, that it resulted in a heart attack. So he was taken to the hospital. And IHS cleared him for surgery. However, when he got to Regional, they performed 14 hour surgery on him, and they find a sinus infection in him which spread into his heart cavity or his chest cavity. And after hanging on for 4 hours, he ended up dying.

You know, it was a simple surgery, a common surgery that it shouldn't have went that way.

Also I have stories of a woman who was pregnant, a young lady, went to IHS, thought she was in labor. She lived 45 miles out of Pine Ridge. They told her it was false labor and sent her home. On her way home, 40 miles outside of Pine Ridge, she went into labor and gave birth by a bar in the back of a car.

These are just some of the horror stories that we hear. And the tribe also hears this everyday.

The current package or funding formula for IHS we feel is detrimental to the Oglala Lakota Tribe. The contract has money. Because this is based on a formula which has taken out poverty and

poverty, as you know, has to do with health. If you're in poverty, you're going to have bad health.

One thing that is held against Oglala Lakota Tribe is that we had a new hospital built 8 years ago. A wonderful building, however it is not staffed. We have a state-of-the-art intensive care unit with no doctors to run it. But when the funding formula comes up, IHS penalized the tribe for this building. In essence, it's like giving a person keys to a car but no gas to run it is where we sit.

We also feel that IHS doesn't look into preventive measures. They look more at treatment. And as for our reservation as well as others, I'm sure there's a high alcoholism rate on our reservation.

Recently our tribe is in the process right now of building 140 bed detention center with a detoxification center in it. And this will allow us to treat our alcoholics so it won't result into a further -- it will be cheaper to treat them than to wait until they get cirrhosis or other alcohol related diseases. However, IHS has balked at trying to find us money for this detox center. We cannot even get them to come to the table and meet with us.

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This is a \$13 million building, and we might have to give the detoxification center up because of IHS's refusal to live up to one of our treaty rights or treaty obligations.

With that, I do have a lot of other written testimony. I have people, you know, under the law it states that our people must use Indian Health Service that is the closest nearby. And if you cannot use, if there is none — if there isn't anything nearby, then you can go to another hospital. However, that does not guarantee IHS will pay that bill.

Numerous bills from collection agencies that are hounding our people who have had to go to a different service that IHS cannot provide, they are now being referred to credit collection agencies. Again, this is a violation of our treaties.

Our treaties specifically state health care will be provided to our tribe.

We also have services that cannot be provided, policies. The IHS will refer our people if they need surgery, but there's -- again, no guarantee they'll pay for it. There is a priority one the IHS has, and it's either life or limb. If you're life in jeopardy or if you're not in jeopardy

of losing a limb, we won't pay for it. You got to priority 2, and you must find other resources to pay for it. We literally have young men and women in Pine Ridge walking around limping because they can't get a basic knee surgery for torn cartilage, because IHS refuses to pay for it. I know, because I have recently had six knee surgeries. Fortunately, I have private health care insurance and I was able to get that done. But unlike a lot of our tribal members, they do not have health care or health insurance. The Oglala Lakota Tribe, we provide that to our employees at a cost, but that is all we have.

Again, I don't feel we should have to provide our own health insurance. Because, like I said, we have already bought it and we have already paid for it.

And once again, I said there is nothing I can say that this gentleman over here hasn't already told you. I don't dispute the facts. I think they're worse than what he's telling you, however. So I will conclude with this: I will get back to the 1968 treaty.

First of all, let me say that the United

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States Government cannot provide health care. cannot manage health care. They have failed at this for 100 years. And I'm going to say this and I hope you can back me up or do something, recommend something. But I want the United States to live up to their treaty obligations that they made with our And if they cannot, I'm asking the United States to return everything they've taken from our tribe, which includes the gold in the Black Hills and the Black Hills; the millions of acres, hydroelectric dams that are built on the Missouri Because the 1868 Treaty says that river River. belongs to us. It's on the east bank of the Missouri and everything west. Return that back to Lakota and we will take care of our own people.

Thank you.

CHAIRPERSON BERRY: Thank you. Do any Commissioners have any questions for members of the panel? Yes, Vice Chairman?

VICE CHAIRMAN REYNOSO: Dr. Perez, I was impressed yesterday in visiting the facilities for what, I guess, is pretty well acknowledged that the funding is simply not what it needs to be even to have treatment for American Indians be as an average, the same as for other Americans.

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My question to you is what in your judgment can be done to bring this reality, stark reality to the attention of our Congress and the House of Representatives and Senate for purposes of trying to ameliorate that situation?

DR. PEREZ: I could answer it as a psychologist. I could answer it in my position, and I do not know that I can *speak on behalf of the agency, so let me tell you personally.

To put a face on policy is always hard back there. I have been there for about a year, so I am just learning as I go along.

I know that there's recognition, in fact I think it was 3 weeks ago there was a meeting with you in Senator Daschle's office, and he brought together Congressional appropriations, BIA, SAMHSA, and us to talk exactly about that issue of the detox center, which makes perfect sense. It would appear to be cost effective. But it doesn't have a funding mechanism. We can't fund it, given the way the building is going to be built in our current funding authorizations. And then goes to Congress and says "Well, can you earmark this?" But they said it's going to be a very difficult thing to do given the other exigencies of what Congress and the rest of

the nation is dealing with right now. So you get somebody caught in the middle and then you ask the question "Well, how do you do this?" We did put a human face on it.

And some of this, I think, is going to be glacial in terms of trying to implement it forward. And some of the other, I think the more that we keep the issues at the forefront, the more that we continue to have people recognize the effects that it has nationally, the better off we're going to be. I don't see that there are necessarily quick answers, but I don't think that we can stop from putting it forward.

VICE CHAIRMAN REYNOSO: I guess part of my question has to do in part to what Mr. Jack said, that is the government doesn't dispute and it's not even a matter of controversy that it's got to pay interest on the loans it gathers, whether it's \$87 billion or other money. It's not even a matter of political discussion. All parties agree.

Yet here we have a series of treaties where one would think it would be a given that the government would simply say "You know, that's the best, it's like interest, that's an obligation that we have" rather than having the need for a detox

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center, for example, simply be competing with a thousand other matters. Somehow, there are matters in government of priorities and even the very fine article that I read that Senator Daschle wrote, he was really speaking of that issue as one of many issues that we need to put a higher priority. One could disagree with that, but it seems to me it's a matter of categorizing in a different category of responsibility.

Any thoughts of how that could be done?

DR. PEREZ: Well, let me first say I agree with you, and I agree with what you're saying and the approach becomes the issue. And it's vexing me. I don't have an immediate answer. I wish that I did. Because I can very easily look for enemies, and I think what I see is not that I can put faces on individuals.

For example, congressional support appears to be there. But there is a genuine concern about what's happening in Indian Country, taking that next step and turning that into some other kind of action. It gets into those thousands of other priorities.

The treaty obligation, as far as I am concerned, is sacrosanct. But, again, turning that

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into action, there is a disconnect there somehow and I don't quite know how to take that next step. And that may also be a couple of levels above my pay grade as well.

VICE CHAIRMAN REYNOSO: Yes, thank you.

I have the same question for Mr. Jack, because he mentioned what we've heard on other occasions in other circumstances. We have had hearings in South Dakota. We've had hearings Alaska. We've had hearing in Hawaii pertaining to the obligations that the government took upon itself and then it sets those obligations across or vis-àvis many other obligations that it has -- general obligations, but not specific obligations as taken As, and my example pertained to on by treaty. interest, once the federal government takes on an obligation, you think that would sort of come off the top of the budget and then you say what else do we have for discretionary matters like \$87 billion But somehow that's not the approach that for Iraq. the Administration, by that I mean the Executive --I'm and going the not to by current go Administration I'm speaking historically. Executive has taken or the legislature has taken.

Mr. Jack, any notions of how we could

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parcel those debates out so you weren't simply arguing against a thousand other needs in the country, but you say hey, this is an obligation that if taken, it ought not — the obligation ought not to be a matter of concern, how to meet it, the amount of money and so on can be obviously, but it needs to be placed in a different category, it seems to me.

MR. JACK: Well, it's like I said. You know, the United Stats has never lived up to its treaty obligations. You know, they've taken the Black Hills, the Supreme Court ruled in 1980 that it was the ripest case in the history of the United States, you know the sell or starve policy; either we sold or we starved to death and our people starved to death. They never sold. However, we never got our hills back, even though the Supreme Court rules and said it was illegal.

One of the things is, look at the Constitution, Article 6 is what we usually go off of, which says that treaties will be regarded as the highest or the supreme law of the land, you know.

And a lot of these things that are, these diseases that are effecting our people today, you know, we never had to deal with them. Our

ancestors never had to deal with them. So we never developed an immune system to some of these diseases, such as we never had diabetes or alcoholism. Now you got a new one called West Nile Virus, you know.

But under the treaty, you know, it says — and there's a joke that goes around back home. It says as long as the grass grows the river flows. Okay. Well, we see the United States damming up the rivers and they'll probably put concrete on the ground to get out of this treaty. And that's basically what we see.

I don't know where we can go. We go to Congress all the time, try to remind them of treaties. We asked Senator Johnson, read it in, the difference between treaties and entitlements.

VICE CHAIRMAN REYNOSO: Yes. The reason I raised the question with you as well as Mr. Perez, is that again in the article by Senator Daschle, which is a very good article in terms of the needs and all that, that concept didn't find itself into that article saying hey wait a minute boys and girls of the Senate, this is not just a matter of need as they're needs in California for urban Indians, for example, This is and so on. a matter of an

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obligation like paying interest on money we owed. It ought not to be a matter of dispute that the obligation is there, now what do we do about it. And that didn't find itself there. So I'm suggesting that maybe there needs to be a little bit of a different approach on the debate that takes place in Congress.

MR. JACK: Well, as you know, Mr. Commissioner, federal prisoners receive almost twice as much in health as Native Americans.

VICE CHAIRMAN REYNOSO: Yes.

MR. JACK: You know, there's also a joke, people should go to prison to get better health care. And, unfortunately, that's true, you know. The general population --

VICE CHAIRMAN REYNOSO: Well, in South Dakota we found out that there was a disproportionate number of Indians in prisons. So apparently those folk are getting better treatment.

MR. JACK: But even the average American receives twice as much in federal funding for health care.

VICE CHAIRMAN REYNOSO: Sure.

MR. JACK: You know, other minorities receive higher funding, even health care. And

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1	again, I say we give some of, we bought and paid our
2	health care, yet we're on the low end again. So I
3	don't know what else we can do besides keep going to
4	Congress.
5	CHAIRPERSON BERRY: Commissioner Meeks,
6	do you wish comment?
7	COMMISSIONER MEEKS: Yes. Actually some
8	sort of specific questions relating to testimony.
9	Dr. Grimm, you said
10	CHAIRPERSON BERRY: Perez.
11	COMMISSIONER MEEKS: Oh, Perez. I'm
12	sorry.
13	DR. PEREZ: We're interchangeable.
14	COMMISSIONER MEEKS: You said in your
15	testimony that lower utilization of health care
16	services, for example, 25 percent annual utilization
17	of dental services for American Indian and Alaska
18	Natives compared to 60 percent of U.S. population.
1.9	What does that mean?
20	DR. PEREZ: Meaning using it less?
21	COMMISSIONER MEEKS: Yes. You mean, they
22	just don't go?
23	DR. PEREZ: Right.
24	COMMISSIONER MEEKS: And why do you
25	think that is?

DR. PEREZ: Not sure. Not sure. COMMISSIONER MEEKS: I mean, we heard testimony yesterday, actually, of people waiting in line. DR. PEREZ: For a dentist. COMMISSIONER MEEKS: I mean, you have to show up at 6:00 in the morning and, you know, I know at Pine Ridge, people give up going to the dentist 8 because they just can't get in. I don't want to speak 10 DR. PEREZ: 11 particularly to dental services. 12 COMMISSIONER MEEKS: Okay. 13 DR. PEREZ: Let me get over to something I do know something about, which is behavioral 14 health. 15 16 CHAIRPERSON BERRY: Should she hold that 17 question for the next panel?-18 DR. PEREZ: Well, no, because they may 19 be related. 20 CHAIRPERSON BERRY: Okay. 21 DR. PEREZ: I just wanted to speak to 22 something that I was a little more cogent of instead 23 of just a statistic. 24 Some of it's wait time. Some of it's 25 being able to access care. But it's not just

necessarily our care, some of it's rural in nature.

Some of it is approaches to health care. Some of it is education. It's a matrix. There are a bunch of different things.

At least in my experience, certainly for behavioral health, they come together. Dental I'm not exactly sure, but I can certainly find out for

behavioral health, they come together. Dental I'm not exactly sure, but I can certainly find out for you. But when we're talking about accessing mental health care, for example, and the alcohol services, it's how quickly you can get, who the people are there you're seeing, whether it's going to be stigmatizing, non-stigmatizing and whether you receive a benefit for it.

COMMISSIONER MEEKS: Which doesn't exactly relate to dental services.

DR. PEREZ: I'm sorry?

COMMISSIONER MEEKS: Which doesn't exactly relate to dental service.

DR. PEREZ: No.

COMMISSIONER MEEKS: But I'll hold that question. I mean, there's going to be plenty of time for questions. But, you know, I mean I think this was a really good panel in my view because it sort of shows IHS and their operation, and then the frustration from the tribal level. And, you know, I

39 know that the HHS committees at the tribal level have a lot of frustration with, you know, they hear daily from their tribal members that, you know, are denied. They have to go to a hospital somewhere and their payments are denied. I mean, this affects their ability to get health care in some of the border towns, for instance, because those hospitals don't want to be left holding this bill forever either. I hope we can somehow open up this issue. of service and overworked health care providers.

communication and figure out -- and that's just one I mean, the other one is just poor quality

But on a little bit different subject, now I keep hearing conflicting reports about the ability of IHS, hospitals to do third party billing. Insurance, actually billing insurance companies. And I'd like clarification on that from people in the know.

DR. PEREZ: Let me see if we have people in the know, because I can answer some of it.

COMMISSIONER MEEKS: Maybe I can hold that question.

DR. PEREZ: We've got the brain trust right here. Well, no.

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CHAIRPERSON BERRY: We could hold 2 over to the next panel. COMMISSIONER MEEKS: Yes. Sure. CHAIRPERSON BERRY: Let's just hold over 4 anything and it goes to the next panel. 5 Let me give you at least an DR. PEREZ: 6 introduction to that. Every IHS facility that I've 7 ever worked in has the capability of billing third 8 9 parties. COMMISSIONER MEEKS: Okay. You know, on 10 this issue of behavioral, are you aware of the study 11 by -- it just came out in the NPR Radio a couple of 12 days ago about the study by Duke University and 13 published in the Journal of American Medical? 14 showed a link between children's improved health 15 care and relief from stresses of poverty in the 16 North Carolina Cherokee case where they started 17 18 receiving revenues? DR. PEREZ: I am, indeed. 19 COMMISSIONER MEEKS: I mean, I was just 20 really fascinated by that. Because, I mean I think 21 it shows a pretty clear link between, you know, 22 people's income rising and their mental health 23

> PEREZ: I agree. The data are DR.

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improving.

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preliminary. I'd really like to take a good look at them itself. I got two summaries actually before it became an article, but I'd like to talk to the people who actually wrote it and take a look at the data themselves. But what it indicates, I mean part of it is like a no-brainer like intuitive sense. But the other part of it is, and particularly when we're talking about -- I'll get on a soap box for a second.

When we look at the seven of the top 10.

M&M figures for Indian people, they're behaviorally related. And what you see in terms of behavior, is it's not like getting a blood test. You have all kinds of things that get involved.

A minimum level of resource is critical.

Now what that is, and it changes from community to community, but what we end up in the health care community, for example, we end up taking care of many messes that are created far before people ever hit the door. And this, and what you're citing in the article, is one of those.

If you have resources, if you have possibility. What I said in the testimony, I really meant it. I didn't mean it as poetic. Is it's really a struggle between hope and hopelessness. If

you have a sense that you can impact your community, and you hear the frustration. We go back, we go back, we go back and nobody does anything. At what level do you just finally say forget it? And, it's not just saying forget it, because psychologically all these other things start to happen. So, if we extrapolate a little bit from those data, which I kind of want to do but for conversation I will, to say if those resources are there, that you're better off and the answer is clearly yes. I don't know if that's responsive to your question or comment. COMMISSIONER MEEKS: That's fine. Ιt was just a comment. I mean, we will have a million questions and we have the rest of the day to --CHAIRPERSON BERRY: I have some that I'd like to ask and then I'll recognize. Would you like to--VICE CHAIRMAN REYNOSO: Well I have one other question pertaining to the turnover of medical personnel. I was interested in hearing from the CEO of a facility that we mentioned that their fortunate

have a lesser turnover there than

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hospitals rendering services to Indians. But I was interested that when the gentleman in charge of the got up, the first thing that he medical staff mentioned in terms of problems was turnover. That in mentioned the obvious. the medical profession folk worked in teams. And then when you have a turnover of a member of that team, it simply becomes a lot harder to provide the same sort of services.

And he mentioned, I appreciated his frankness, though much has been written on this, that the highest incidence of things going wrong, is human error in terms of medical services. And that human error can happen more frequently when one of the team has left and they're training a new person. To me that seems pretty common sense. But I was just interested that even in that facility where the CEO said they had lesser turnover, that was the first concern mentioned by the gentleman in charge of the medical personnel.

And I know that there are structures. I know we've heard enough about why that happens. I wonder whether you have any suggestions for how to slow down the turnover? How to keep folk a little bit longer there? Instead of having the cycle of

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folk graduating from medical school, going there for 2 or 3 years apparently to help pay off their loans, and then they leave.

So I just wonder what suggestions you might have along those lines?

DR. PEREZ: There seems to be, at least in my experience and I'll defer to the experts behind me who know better, that there is a group of providers, and I'm not just talking about docs now, but people who will cycle into the system for a couple of years, they'll pay off their obligations and so forth and leave.

VICE CHAIRMAN REYNOSO: Right. Right.

there's a critical DR. PEREZ: But point, and I think it's about 4 years down that if you maintain somebody in the system for about 4 years, in all likelihood they'll stay 10, 15, make a And how we can try and keep more of those career. people that just cycle in to the longer term; job satisfaction, patient load, feeling like they're making a positive impact, not feeling like they're coming into a medical crisis zone every time they walk through the door. These are all related. Some of it is also the nature of where we do provide service, which is primarily rural and in isolated

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locations. These are all connected together and the answers are in there.

And there are some programs, which I won't speak to but people will be speaking to later about that.

VICE CHAIRMAN REYNOSO: Thank you.

CHAIRPERSON BERRY: I had a number of questions for both of you. But as I listen to you talk, and as I reflected on what we saw yesterday when we made the site visit and we had the forum, and what we heard and reading the staff briefing paper on the subject, that what you do, Dr. Perez, your area of responsibility is the most important area of responsibility in IHS, and it does not seem to be funded as a priority in the sense that it seems to me that it's probably the most important thing that goes on there. Everything else in IHS where disease is treated, physical manifestations of disease, seems to me to be on the surface. But what you treat or you try to treat, or the folks who work for you try to treat, is what's going on underneath and what the root cause is of many of the things that happen to the people that we encounter happen to be. Because of the root causes weren't there, then they wouldn't be treating diabetes and all

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these other things, alcoholism and all the rest. It just seems to me.

And here's a connection I made as I was sitting up here thinking, and I had not thought about this before. In communities of people who have a history of subordination there often deep psychological trauma. And in the case of some Latinos, especially people who live along the border, there is always a deep sense that their land was taken away from them, what we call the Mexican cession.

I know there used to be a man on the Commission who was from New Mexico, and he used to talk about -- who was Hispanic. And he talked about how their land had been taken away from them. It was clear to him that this was land that belonged to them and the United States came and took it. He wasn't thinking about the Indians. But he was thinking about the land. But for him there was this deep psychological trauma and no matter happened, from then on he always wanted to go back and talk about what was there before.

And for African-Americans, for many of us, there's this deep psychological trauma about slavery. You know, people say why don't you forget

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And no matter what anybody does or anybody says for many of us, there's a wound, that thing about working and not getting paid, especially when you can trace your family all the way back and you know how many of them worked and didn't get paid. And you know how many got beaten, and you know how many got sold away, and you know — when you know that and it's deep in your heart and then people say . forget about it and move on.

And so for Indians the trust relationship, that idea. Now I understand better why this woman testified yesterday that even though she had insurance, she always went to Indian Health Service because they owed this to the Indian people. But this was supposed to be the place where they were supposed to go to get, even if she had to stand in line. What if she did? She felt comfortable being there and it was something that was owed.

And when you explained it again, Mr. Jack, I understood it in a way that it's deep in the heart and it's in the psyche.

And so what you're dealing with and what many of these manifestations of disease that we talk about, and you said poverty, Mr. Jack, that too is

on the surface. There are a lot of things that happen to people because they're poor. But there are other things, the hopelessness that you talked about and the lack of hope, and it's not just the lack of hope because of today's poverty, but for many people it's intergenerational, I suspect. And now I think I understand it better than I ever did before. Not that it doesn't give me more grief, because it does.

And one Indian said to me yesterday, she could look at me and tell that I had listened to too much grief in my lifetime. And that's true. About time for me to go home.

But in any case, so if you have the most important function, and I don't expect you to say you do because there's the bureaucracy and you're not supposed to say that because there are people you report to and all that stuff, I know that. But if that's true, how come the resources that are allocated within IHS don't reflect that? That's number one.

And what do you do about it? What can you do in terms of advocating the position of what your folks are doing so that on the ground out here when we go out we don't see this lack of services,

this people staying a few months and leaving and relationships torn asunder? Because, as you know, with psychological treatment part of it is relationship between the care provider and the person who is getting the care. And it leads to all of these physical manifestations of disease that then it costs so much to treat. So what do you do about that? Do you agree with any of what I said, that's number one. And number two, are you able to say whether you do? And two, what are you doing about it within the structure and what do you hope? What's your hope? VICE CHAIRMAN REYNOSO: Those are the easy questions.

DR. PEREZ: Well, but it gets basically at the meat of what I struggle with on a daily basis.

I can speak ideally. I can speak do I have enough money? No, I never have enough money. Do I have enough for the programs that I want? I do not. Do I live in a real world? Yes, I do. Am I competing with all kinds of other demands? Yes, I am.

I don't know that that's a bureaucratic answer, but it's as good as I can give you right now

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in terms of the funding. The funding, yes, we could always use more. We could use it very effectively.

Ninety-seven percent of the alcohol and

Ninety-seven percent of the alcohol and substance abuse budget, 95 percent of the mental health budget goes directly to tribes. They run their operations now, not me, not somebody from D.C.

The future of behavioral health for Indian health is in the tribes and villages, not with me. I have a State Department function more than anything else. I communicate these needs back there and turn it into something that Washington can understand. And I take what Washington has to say and send it back to the tribes to communicate those needs.

chairperson berry: So you have a very painful job, too. So all you're doing is taking the money, which is a short amount of money, and then giving it to the tribes who then have a short amount of money. I'm not blaming, but I'm just --

DR. PEREZ: Oh, no no No.

CHAIRPERSON BERRY: And then when they get the money, they do the best they can with it.

And then there are glitches everywhere. But on the front end the problem is that the amount of money

that is there to serve the people and to keep the staff there, and to have the staff you need and all the rest of it, isn't there. So your position is not Is that basically that you can go get the money. what you're telling me? DR. PEREZ: Yes. CHAIRPERSON BERRY: Within the IHS system what is the mechanism for you or somebody being able to explain what you and I just shared about the importance of this function compared to all the other functions and how it relates and underpins the others so that maybe within the resources that are available, a greater amount can be devoted to it? DR. PEREZ: I think without turning over and looking at my boss, that there is a--CHAIRPERSON BERRY: Well, that's problem. DR. PEREZ: That there is a certain honor left here. That there is becoming a greater awareness of it. One of the things that Dr. Grim has done since he's come on board is to really start focusing on health promotion.

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You know, so often in our history in IHS

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we're triaging care. We still are. But I mean, we're triaging from the most serious to the least serious. And I think for a long time in terms of a real medical model, while we're healthy and we're not going to worry about. Well, they may not have been so healthy, they just hadn't been diagnosed yet. So that you're taking all of what you do have to deal with the most severe. That's exactly what Lyle was talking about in terms of our Contract Health Services.

But increasingly now, and I think particularly in the last year, that there is a real focus on if we can prevent, for example in the testimony I was talking about preventing type 2 diabetes. If you can prevent one case, that's a whole lot of money over a long period of time. So it makes economic sense. We're not even just talking about the personal price with it.

So I think you're going to see that start to change. And when it comes back to my budget and trying to deal with knowing the difference between what you should do and what you do do, we get close and we can kind of nibble at the edges of it and we can start to put some behavioral things in place, so I'm not feeling hopeless about

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it. But we're talking about stuff that's not going to be easy to change and go around.

Back to the funding issue, again. It's one of choices that happen with many different people and many different places.

CHAIRPERSON BERRY: I understand.

I wanted to ask Mr. Jack something. analyses in another direction, the social science data that I have seen and the examples I have before me indicate that people in the communities that are subordinated that I just described in terms of the trust relationship and so on and the slavery issue and so on, those people who are better able to defer that pain and to mask it or to forget about it and to move on seem to do better in the larger society since the problem never gets solves. I mean, nobody ever pays you for the slavery and nobody ever really abides by all the treaties, and nobody ever gives the Mexican cession territory back. So that those who are able to somehow move on, whether they go into therapy all the time and move on or whether they drink too much and move on, or whatever they do, whatever they do or need to do or if they lie to themselves -- or whatever they do, or tell the truth to themselves, they're able to move on.

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What do you do as a tribal council member and what do the tribes do to try to help people to move on? In other words, instead of debating fact endlesslv the that the trust relationship hasn't been abided by, which is true, whether endlessly debating the justice of that, what do you do to say to people we know that's true and we know that IHS isn't doing all it should do, and we know the education isn't all it should be, and we know all this stuff but as many of us as possible have got to move on. So what do the tribes do to try to alleviate the alcoholism, to try to tell people that, you know, this diabetes thing is not going to get you over? To keep people from going to White Clay and getting the booze from that town down there we visited? What is it that you do to try -what structures or what mechanisms, or what modeling or what do you guys do?

MR. JACK: Well, first of all, the moving on part. You know, I'd like to respond to that. I'd like to say the United States will quit being hypocritical and return everything that they gave -- that we've given to them, and then we'll move on.

CHAIRPERSON BERRY: I see. Okay.

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MR. JACK: Second, we are into We have alcohol prevention programs prevention. We have diabetes prevention programs running. That's the only way we see out of it, is to prevent it rather than letting it happen. Now, I'm frustrated, like I said. The United States Government cannot manage health care. They have a lot of lawyers up there making health policies. Our response to Elsie's question about dental, why do people, only 40 percent. I could tell you why. It's because there are no dentists up We have a population of 40,000 there. people and 2 dentists. And if they need braces or if they need root canal, that's called cosmetic surgery and it's not covered by IHS, because it ain't priority one. So that's one of the reasons. The second, I have literally hundreds of people --VICE CHAIRMAN REYNOSO: Excuse me. Α root canal is cosmetic? MR. JACK: That's what they call it. We need to go to an outside to a dentist outside. We can't perform it there. That's what it's called. It's not priority one. It's not life or death.

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Second, I literally have hundreds of people who are afraid to go to IHS. They'll stay home and die before they'll go to IHS. Because of mistrust, misdiagnosis.

I know a gentleman who had cancer for 2 years, kept going to IHS, all they'd give him is pain killers telling him he had back pain until recently when they opened him up and he was full of cancer, and he died 3 weeks later.

I have a grant that's been run by the Rapid City Regional Hospital through the University of Wisconsin on cancer research. They want to know why the Native Americans get to their cancer institute, why they're already full of it. Why hasn't it been diagnosed earlier? Well, we could tell you why. Because you don't have nobody trained in IHS that can spot cancer. We don't have a cancer specialist in IHS. By the time they spot it, it's too late.

You know, 80 percent of cancer patients can be saved if it is spotted early.

So are some of the things I've done. You know, we are trying to move on. But at the same time, we got to keep reminding the United States Government of their obligations.

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They say the Supreme Court of the land is run by the Constitution, and then you throw it out or only use it when you need it.

Like I said, we give up too many to just move on. You give everything back, we'll move on.

Thank you.

CHAIRPERSON BERRY: Okay. All right. We want to thank you. Thank the panel very much for your presentations. Thank you.

PANEL TWO: CAUSES OF DISPARITIES -

ACCESS TO HEALTH SERVICES

CHAIRPERSON BERRY: We would like to call forth panel number two on Causes of Disparities - Access to Health Services.

Dr. Charles Grim, Mr. Norman Ration, and Mr. Michael Bird, please come forward.

Our panelists, let me introduce them.

Dr. Charles Grim is a native of Oklahoma and a member of the Cherokee Nation of Oklahoma. And he is Director of the Indian Health Service where he administers a huge budget for health care delivery programs. And the IHS, as you know, is responsible for the health care of the Indian people.

He is a graduate of the University of Oklahoma College of Dentistry, and also from the

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master's from the Health Services Administration program from the University of Michigan, where he probably didn't go to any football games. anyway.

He began his career in the IHS with an assignment in Oklahoma at a service unit. So he's Started out there, and he's been at many done that. posts since that time until he finally became the Director of this agency.

Mr. Ration is Executive Director of the National Indian Youth Council here in Albuquerque. He is a Navajo Laguna, is that right? And he's originally from Smith Lake, New Mexico on the Navajo Nation.

He attended the College of St. Joseph on the Rio Grande, the University of New Mexico and the University of Phoenix. He is a licensed attorney with the Navajo Nation.

He is currently the Executive Director National Indian Youth Council, of the advocates on behalf of Native Americans in the areas of health care; education, housing, civil rights, He's also worked with the voting and the like. Office of Navajo Economic Opportunity. He has served as Executive Director for the Dineh Peoples Legal

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Services, Window Rock and the Executive Director for the Ramah Navajo School Board.

He has many professional affiliations of the Navajo Nation Bar Association, various bar associations and the like.

Mr. Bird is Executive Director of the National Native American AIDS Prevention Center, which is a non-profit corporation in Oakland, California that provides technical assistance and training to Native American organizations, agencies and communities to develop successful HIV prevention programs.

Mr. Bird is a Santo-Domingo - San Juan Pueblo Native American from New Mexico.

. Mr. Bird earned a master's in social work at the University of Utah and a master's in public health at the University of California, Berkeley.

He worked with the Indian Health Service for 21 years. He was Director of Preventive Health Programs in the Santa Fe Service Unit and the Albuquerque area IHS office. In over 25 years of public health experience, he's worked on a variety of health activities including medical social work, substance abuse prevention and the like.

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He served as the first American Indian President in the history of the American Public Health Association, which is the oldest and largest association of public health workers.

Thank you very much all of you for coming. You have the same time limitations with the clock that will indicate how much time has expired. And Commissioners who have questions will ask them after the entire panel has spoken.

We will begin with Dr. Grim, please. Proceed.

DR. GRIM: Thank you, Chairperson Berry.

Thank you members of the Commission. I also wanted to thank all of you for taking time yesterday out of your schedules to visit one of our facilities, talk with our staff, talk with patients there about some of the issues.

My name is Charles Grim. I'm Director of the Indian Health Service, and I'm going to discuss with you today the extent to which access to health care contributes to the identified disparities in our population, and also to provide an overview of the Indian Health Service within the context of an Indian health care system.

I also have submitted a written

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statement for the record.

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Indian The health care system is composed health services of care that are administered by IHS, those administered by tribes under the authority of the Indian Self-Determination and Education Assistance Act, and those administered by Urban Indian health programs.

Much has been said in your report "The Quiet Crisis," and the request adequately documented the funding available for the Indian health care programs with much substantiation and validation, but the major cause of our health disparities are not just a funding issue, and you were delving into some of the issues with the questions that you asked earlier.

Since I've been Director of Indian Health Service, I've placed a renewed emphasis on health promotion and disease prevention. I think that's going to be our strongest front on the battle to eliminate the health disparities that are currently plaquing our people.

I think there is a health crisis in Indian Country. I think just as there is a health crisis in the country, and I think that we will bankrupt our national health care system if we don't

start helping people make healthier choices, in addition to ensuring that there is adequate access to health services.

We must reduce or remove the factors that influence health status and perpetuate the health disparities among people of nation and between American Indians and Alaska Natives and the rest of the nation.

Establishing culturally relevant preventive programs at the community level, which research has proven to be more effective than having a generic program imposed on a community to promote healthy lifestyles, as well as strengthening early disease detection and treatment efforts must be the focus of our efforts to address health issues in the nation and in Indian Country.

Many factors contribute to poor health and act as barriers to accessing health care services throughout the country, such as racial and lifestyle discrimination, high unemployment rates, and/or few meaningful employment opportunities, educational status, financial status, historical trauma, as you touched on earlier, intergenerational trauma that our people face, and other mental health issues, as well as lack of a medical infrastructure

and erosion of the traditional culture in the family support systems. Many of these factors exist throughout Indian Country and in many regions of Indian Country all of these factors are present.

factors that effect health Other are particularly disparities and access that Country include geographic relevant to Indian isolation, insufficient transportation infrastructure, cultural and language barriers communities between Indian and surrounding communities and lack of political influence at the state and national level.

The Indian Health System shares with the rest of the country the problems of staffing shortages. Staffing levels are a factor in access to health care services and programs. Patients hesitate to come in for care if there are long waiting lines at the clinic. They also prefer to see the same provider for every visit. And in some cases, as the turnover of professional staff is high, it contributes to lowered compliance with treatment orders and patients don't come in for the needed follow up of chronic health problems.

The IHS professional staff includes 900 physicians, 2,600 nurses, 300 dentists and 430

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pharmacists. Those professions have annual vacancy rates that range anywhere from 8 to 23 percent, depending on the discipline.

Primary care community and services are the main focus of our care system. Few hospitals provide secondary care of our specialists such as surgeons and obstetricians, but the majority of our services are provided by physicians, family generalists, such as pediatricians, general practice dentists, physician assistants, and others. Much of the specialty care, both inpatient and outpatient, is purchased from the private or other public sector providers through our Contract Health Services program. The CHS program uses various assessment tools at the local level to prioritize those services that can be covered by the limits of the available CHS funds.

Approximately 20 percent of the Indian Health Service budget is used to purchase medical services through the CHS program. When CHS funds aren't available, the agency tries to assist the family with identifying other local health services and programs that they might be eligible for at the federal, state and local level. The final choice available to our families, which many can't afford,

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is to pay for the care themselves. This barrier to access is to health services outside of our system, and it's one of funding programs and services for people who don't have health insurance and are unable to pay.

Some of the factors that influence health status, health disparity and health access have less of an influence within the Indian health system which include the Indian Health Service, Tribal and Urban Health Care programs, because the programs and practices that we have instituted, which I believe can be instructive for other health systems to consider.

Cultural and language barriers, even with the more than 560 tribes we serve, many with unique cultures and challenges, have become less of a factor for accessing the Indian health system as we've learned the importance of respecting and addressing cultural differences, which may explain why more than 61 percent of the Indian population has the IHS as their primary health care provider.

The IHS recognizes the values of traditional beliefs, ceremonies and practices in the maintenance of wellness and the healing of the body, mind and spirit. And the IHS encourages a climate

of respect and acceptance in which traditional beliefs are honored as a vital force within Indian communities and an integral component of the healing process.

Many of our new facilities that are being constructed include space that is customized for the traditional practices and needs of that local tribal community for spiritual healing practices.

Because a large percentage of our staff is Indian, cultural competency is not usually a major issue. Of the approximately 15,000 employees that we have, 69 percent are American Indian and Alaska Natives. Ιf you exclude medical and engineering professionals, where there's not a lot of Indians in those professions, 88 percent of our staff are Indian. However, since many of provider staff aren't, as I just mentioned, and most of the CHS providers that we refer into the private sector are not Indian, cultural training concerns of the local customs and beliefs is offered at many of our locations as part of orientation.

The Indian Health Service and the Indian Health System can serve as a model of how health systems can develop programs and standards to reduce

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or remove cultural and language barriers that contribute to the disparities in accessing and receiving health services.

The Indian Health System also attempts to reduce geographic and transportation barriers through our Emergency Medical Services program. There are approximately 80 EMS programs in Indian Country, and all but a few are managed by the tribes themselves. The EMS programs an integral part of the comprehensive care provided in the IHS and tribal system because in many places there are no public transportation services available, and the EMS program is the key to the pre-hospital care and transport of injured or gravely ill patients.

In addition, geographic and transportation barriers are also addressed through our Telemedicine and Community Health Representative programs. And also the Community Health Aid program in our Alaska region.

The development of an electronic health record is another aspect where telemedicine will expand our access to expert medical consultation services and virtually eliminate geographic and transportation issues during the diagnostic and possibly the treatment phase of providing care.

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Telemedicine as well as Internet access also address somewhat the issue of professional isolation for of our staff at our more remote health However, in some of our rural locations facilities. they lack the technological infrastructure to support some of the options of telemedicine and technology.

Also, a little over half of the local health departments in rural areas do not have high speed Internet access, broadcast communication capacity and facilities and equipment that allow this distance based training.

Another factor in health status and access to programs is the poverty level in most rural communities and the lack of a significant population base to influence decisions at the state and national level. Approximately 43 percent of all Indian people live in non-metropolitan areas, which Indian makes the population the most rural population in the United States. And unless statutory language specifically identifies rural or tribal communities for service, cost factors and lack of awareness often leads states to direct funds to areas where there's greater perceived benefit for the expenditure.

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Another factor is allocation formulas that are based on number of clients or anticipated costs, which tend to be biased against rural communities with small numbers of participants and the inability to spread costs across a larger client base.

And many federal programs require matching funds from the community that's being served, and many rural communities often have fewer public and nonprofit entities from which to build the coalitions that can generate the needed match funding for the initiation and maintenance of programs that could benefit these rural communities.

Further, with a small number of community-based organizations, including faith based, in rural communities across the U.S., there are less organizations likely to be eligible to apply for and receive federal and other human services grants.

Another aspect to accessing care is knowing what services are available, and without outreach, language and authorizing statutes, states may not be encouraged to serve rural communities, and these communities frequently never learn of the opportunities.

The costs of providing care to rural communities are also higher, and as a result of poverty, the individual usually requires greater resources, thus raising the per client cost we see. The higher per client cost sometimes exceeds statutory payment caps in some programs, and as a result, further discourages providers from having larger low-income client bases.

Providing care in rural areas also entails greater transportation costs because of the need to transfer the client over greater distances to facilities that can provide the necessary services.

Most IHS and tribal facilities are located in rural or isolated areas, and because of the low population densities, the medical infrastructure to respond to the health needs of individuals and communities is not as comprehensive as it is in urban areas.

The Indian Health System I think is an effective individual and public health partnership between the federal government and tribal governments to meet many of the health needs of American Indian and Alaska Natives. The total census identified the number of American Indian and Alaska

Native people in the U.S. at approximately million. The Indian Health System serves those who members of the more than 560 federally are 35 different states, which recognized tribes in approximately 1.6 million include of the 2.6 American Indian and Alaska Natives residing on or near reservations.

In addition, - approximately 330,000 Indian people are served in our urban Indian health Those are somewhat independent of the IHS clinics. and receive only a portion of their funds through the federal appropriations process. We have 34 programs that span anywhere from just referral and outreach programs to programs that have ambulatory type services in urban areas. So there's a broad spectrum of what's provided there. programs are able to reach out and apply for other grants, unlike many of our federal programs. And the mission of those programs were set out early on in the Indian Health Care Improvement Act to act as seed money in locations where many, many urban Indians are. But over the years we've demographic shifts of more Indians into the urban areas. So the Indian Health Service system serves approximately 62 percent of the total Indian

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population in the U.S.

Services that are provided by the IHS and tribes are administered through a decentralized system of 12 area offices, 155 service units or service areas, 60 of which are managed by the Indian Health Service. Ninety-five are managed by tribes now.

The Indian Health System consists of 49 hospitals, 236 health centers, 176 Alaska Village Clinics, 133 health stations, 33 residential treatment centers.

Over all, approximately 48 percent of our appropriation is retained to provide direct services to tribes. The remaining 52 percent is transferred to tribes to operate their programs and facilities directly that they've either contracted or compacted from the IHS to provide for their members.

In addition, there are 34 Urban Indian Health Projects that provide some medical, dental and other individual health care services.

The Administration and the Department of HHS has established the goal of eliminating health disparities for all Americans by 2010. The interest of the Commission on Civil Rights in achieving that

same goal is welcomed. Through partnerships at the national, state and local levels, investments in rural health programs and community development an emphasis on health promotion and advances in technology all of the barriers that have been cited today I think can eventually be overcome so that good health care is a choice for all Americans.

As I began my statement, let me close it with the same words. We must reduce or remove the factors that influence health status and perpetuate the health disparities among people of our nation and between the American Indian and Alaska Natives and the rest of the nation.

That concludes my statement on access to health care for our people. And I'd be pleased to answer any questions you might have.

CHAIRPERSON BERRY: Thank you very much, Dr. Grim. There will be questions.

Mr. Ration, please proceed.

MR. RATION: Chairwoman Berry, members of the committee, and people in attendance, and Dr. Grim and Mr. Bird, thank you for inviting me today. I am greatly honored to be here to talk with you today about the health disparities and the health care for urban Native Americans here in the city of

Albuquerque.

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Today we've listened to a lot about tribal programs. We've listened about IHS and how they've run the programs. And I think, I believe there is a big segment of Native Americans that are being left out of this health care cycle. And so like statement by to start my Albuquerque is a city that offers many opportunities for Native Americans who continue to relocate to this area to take advantage of opportunities that are not available on Indian reservations.

Approximately 36,000 Native Americans live in and around the Albuquerque metropolitan area. Of the 36,000 Native Americans, approximately 40 percent or 15,000 are Navajo, while the remaining 21,000 Native Americans represent over 200 tribes from across the country.

Native Americans, come to Albuquerque to find work, to pursue educational opportunities, and to build a better life for themselves and their families. In general, health care for Native Americans including urban Indians has been a dismal reflection on the commitment of the U.S. Government, which the U.S. Government brings to its trust responsibility. The Indian Health Service, the

primary provider of health care for all Native Americans continues to abdicate its responsibility in the delivery of health care services to urban Albuquerque; not to mention its Indians of irresponsibility and poor stewardship of the past six years when the Albuquerque Area Indian Health Service steadily and covertly eroded health care services to the urban Indians of Albuquerque. This erosion occurred through series of funding а management problems, diversion of funds from patient care priorities, and continued neglect of the health needs the 36,000 urban Indians of care of population supposed Albuquerque -it is to a provide comprehensive health care services Additionally, when Albuquerque Area Indian Health Service began to contract health care services under 93-638 tribes Public Law to and pueblos, it subsequently reduced not only the health care workforce, but also reduced health care services to urban Indians. Ιt is important to note urban Indians do not oppose, but in fact support the contracting to tribes to handle their own health care services.

Nevertheless, Indian Health Service continues to fail to fulfill its fiduciary

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responsibility to provide health care services to 36,000 urban Indians of Albuquerque. What's more, the Indian Health Service did not conduct an impact study on the health care services for urban Indians when the tribes and pueblos contracted health care services under Public Law 93-638. Nor did Indian Health Service conduct public hearings on these important matters. Essentially Indian Health Service did not follow the regulations as outlined in the legislation of Title 25, U.S.C. 1631(b).

Furthermore, while Congress created the Snyder Act and Public Law 94-437 to provide funding for health care service and to ensure quality health care of all Native Americans equivalent to the general public, Native Americans including urban Indians still do not receive the necessary health care funds, quality health care services. Indian Health Service should be advocating for funds to make certain its clientele, especially the urban Indians, receive improved health care services.

In the past years, of its own initiative and through tedious effort and without financial support except out of its own pocket, the urban Indian community successfully acquired through a special congressional appropriation \$1 million for

primary dental care services provided by SIPI Dental Urban Indian representatives have not Clinic. stopped here, but continued to voice their concerns regarding the reduction of health care services provided to urban Indians by the Albuquerque Area Indian Health Service. However, our concerns have fallen on deaf ears all the way up to the U.S. Health and Human Services Department in Washington, Although, the rallying cry of Indian Health D.C. Service in its rewrite of the Indian Health Care Improvement Act, also known as Public Law 94-437, is "Speaking With One Voice..." it continues to ignore the concerns of urban Indian clients and patients Moreover, Indian Health Service set whom it serves. in motion dissension within the American Indian pitting tribal government community by Indian representatives urban nonprofit organizations against urban representatives. Urban Indian representatives, who are caught in the middle, have simply tried to bring this critical matter to the attention of all who are involved with Indian health care delivery system. This being the case, the urban Indian community desires top level management personnel of the Indian

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Health Service to be ones who are compassionate and

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who are willing to listen to and work with urbangrassroots Indian community and not the "good ole boy" system that is presently in place hindering efforts of tribal and urban Indian communities.

Although, the trend in this country indicates movement of Native Americans from the reservations to urban regions in alarming numbers, the Indian Health Service still does not get it when it comes to addressing the health care needs of urban Indians. The 2000 U.S. Census Bureau states that over 60 percent of Native Americans who claim to be "Indian alone" and 75.1 percent—of Native Americans who claim to be "Indian in combination" live in urban areas.

On the other hand, the funding by Indian Health Service the 34 to urban nonprofit organizations serving some of the urban Indians get only about one percent of the national Indian Health Service total annual budget. The services provided by most of these urban nonprofit organizations are not comprehensive care services, and they charge sliding fee scales and are available for both Indian and non-Indian clientele. Those of us in the urban areas that continue to use the Indian Health Service facilities in urban areas do not have data available

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to show how much of the Title II funds are used to provide health care services.

Unfortunately, the Indian Health Service and the U.S. Department of Health and Human Services are not trying to improve or to restore the needed health care services to urban Indians of Albuquerque, except to engage in lengthy rhetoric about "partnerships," which has not produced any results. There has been no attempt by Indian Health Service and the larger government department to request additional funding for its own urban Indian Indian Health Service has not taken any clientele. initiative to propose amendments to Public Law 94-437 to guarantee direct funding to existing Indian Health Service facilities that provide primary comprehensive care services for urban Indians.

So, as the story continues, the health care "rug" is slowly and assuredly being pulled from under a large segment of the Indian population, who can least afford to pay for health care services and who were promised "prepaid" health care services through the Snyder Act and treaties.

Finally, we took the liberty to offer some recommendations for your review and consideration as follows:

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legislation regulation First, or regarding health care for Native Americans, including Public Law 94-437, must be changed to "urban specifically address Indians" in its legislative and direct funding terminology with specific language for involving urban Indians, through the consultation process to assure funding, delivery and evaluation of quality of health care 8 9 services as this population are users of existing Indian Health Service facilities. 10 Second, to establish a national health 11 care card system for Native Americans including 12 13 Native Americans living on Indian reservations and 14

urban/off reservations areas.

Third, to do away with the Public Health Commission Corps as recommended in the 1996 GAO study, and to place them in civilian employment with the Public Health Service as this action would save Indian Health Service around \$60 million the annually.

Fourth, to secure additional increased funding for the SIPI Dental Clinic and funds to establish a mobile dental unit for the urban Indians of Albuquerque.

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secure additional funding for health care services specifically for Albuquerque area urban Indians and to make sure that such funding is utilized for urban Indian health care. reminder, In closure, as а regarding these matters have documents forwarded to the Washington, D.C. Office of the Commission on Civil Rights. If you have questions regarding these documents or you need additional information, please do not hesitate to contact us. Thank you. CHAIRPERSON BERRY: All right. Thank you very much. And there will be questions. Mr. Bird, please proceed. MR. BIRD: Chairman Berry Commissioners, interested and members community. I am very happy to be here with you this morning and appreciate the opportunity. I also want to compliment the Commission on your report on American Indian health and your interest in holding these hearings. I guess, I wanted to say I guess I'm glad I resigned from the Indian Health Service when

I did, otherwise I might have gotten blamed for that

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one. So, my timing was good, as has been the case.

I also want to congratulate Dr. Grim in terms of being established as a new director of the Indian Health Service. I think the Indian Health Service clearly is in need of some ethical and visionary leadership, and after spending 21 years in the Indian Health Service if there's anyone who knows the Indian Health Service both the upside and the downside, I can tell you I can testify to that.

There are some health care providers out there, Indian and non-Indians, who are inspirations and who are dealing with extremely difficult situations and circumstances. Again, like any system, it can be improved upon.

I am happy to offer my comments to you today. In this age of discussion of homeland defense, faith based initiatives and personal responsibility, after all, who knows more about homeland defense than American Indians? We've been defending our homeland for over 500 years and not getting much help, I might say.

The reality for American Indian people today, be it the history of sacrifice of native people historically from Ira Hayes out of Arizona to Lori Piestewa, the first American Indian woman

killed in combat in Iraq leaving two small children, Indian people know homeland defense. But we also recognize that often times that trust responsibility, that relationship and the deal that was made in terms of treaties, the United States Government has fallen short and has not fulfilled its moral and legal obligation commitment to native people. We hold them accountable.

When you talk about faith-based initiatives, the first prayers in this land were made by native people. The first prayers that were offered for their families, for their communities, for rain and for life, and all people; the first prayers were made by American Indian people, and those prayers are made everyday to this day. And, again, they're made for all people and it's a global prayer.

We talked about personal responsibility. Those of who have out of difficult us come circumstances, i.e, substance abuse families. Μy father was an alcoholic, died of cirrhosis. Many of my family members have been impacted. And those of us who did not come from power and privilege, we could give some lessons to people who assume they know something about personal responsibility. Not

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that I do not believe -- I believe in personal responsibility. I was the Director of Health Promotion and Disease Prevention at the Albuquerque area office for a number of years. We developed some of the most culturally relevant and appropriate approaches to promoting the health of community members. But the fact of the matter is many people truly do not understand what it means for Indian communities, the sort of difficulties that Indian communities face. The fact of the matter is today in many of our communities there are children who do not believe, and many people who do not believe that they have the ability to make a choice and that it can make a difference for themselves in their lives, and in benefiting the community. If you do not believe you have the ability to make a choice, much of what is being promoted falls on deaf ears.

I wanted to talk about very quickly the fact of the matter is, you know, we are indigenous people and we may be a small percentage of the population in this particular country. The fact of the matter is when you look globally, when you look at Native Hawaiians, you look at Maoris of New Zealand, you look at the Australian aboriginal people, you look at the aboriginal populations of

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native populations throughout and Canada America, one interesting fact that is not taught in schools not promoted is in our and is health dispossession promotes and creates disparities for indigenous populations.

When you dispossess people of their land their culture, their language, their labor. traditions and their religion you set into motion powerful forces that impact them in a very negative and adverse way. And when you look at the data for all of those other native and/or aboriginal · see much of population you the same sort of statistics. You see much of the same pattern being played out across this world, across the globe in terms of poor health outcomes and poor educational achievement, high incarceration rates per indigenous people throughout the world.

And clearly Native Americans have a unique historical and cultural context to their lives. After thriving for thousands of years as independent nations, they have been subjected to mass genocide, forced resettlement and compulsory acculturation as a matter of federal policy. I'm not going to go into the demographics. We know the data. Quite honestly, data is important and useful,

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but we've been talking about this sort of data since
the days of President Nixon.

President Nixon in 1970 had this to say to the Congress. "The First Americans - the Indians - are the most deprived and most isolated minority group in our nation. On virtually every scale of measurement; employment, income, education, health. The condition of the Indian people ranks at the This condition is the heritage of centuries bottom. From the time of their first contact of injustice. with European settlers, the American Indians have been oppressed and brutalized, deprived of their ancestral lands and denied the opportunity to control their own destiny."

While the statement was made in 1970, it unfortunately holds true today. So, I'm not going to go into the data. We know the data. We have more data than we possibly could need. What we need is resources.

I want to speak now specifically of HIV/AIDS in Indian Country, because that is what I deal with.

There are many people in Indian Country and within the federal and state governments who believe that HIV/AIDS is not a pressing problem in

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the American Indian and Alaska Native population. The American Indian population is relatively small compared to the total U.S. population, and Indian people are often misclassified as other races. As a result, those infected with HIV/AIDS are often overlooked when the subject of AIDS treatment and prevention is addressed.

And according to the Centers for Disease Control, the number of reported AIDS cases among Native Americans has steadily increased since the early 1980s, growing by 62 percent in just five years. Also I might mention, there's been a cumulative total of 1,070 deaths in persons with AIDS, with 70 in year 2000. In that year, the age-adjusted death rate for HIV for Native Americans was 2.7 versus .7 for American Asian and Pacific Islanders, and 2.8 for whites. According to the CDC in 2001 there was an estimated 1296 Native Americans living with AIDS. Rates for HIV were three times higher for Native Americans than it was for whites.

The data in itself, I have to say, is in my testimony. But I want to talk also about the response of tribal governments to the threat of HIV/AIDS has been slow, in part, to the historic under funding that IHS has made and tribal leaders

are reluctant to devote limited resources to HIV efforts.

I might mention the Native Americans AIDS Prevention Center has been actively working for over 15 years in this area. I just came from a meeting in Atlanta with the CDC in which we will be meeting with the Center for Disease Control to begin an Indian initiative. Because one of the things that happen with American Indian populations is our populations are small. People do not see us. They do not recognize. We are invisible and we are without voice often times.

In conclusion, funding is not keeping up with the increasing rate of HIV infection. Tribal care providers do not have the money necessary to adequately care for infected persons, increase effective prevention efforts. In fact, funding is so low that in many IHS and tribal areas salaries cannot be paid HIV and AIDS to coordinators.

In the year 2000, then Surgeon General David Satcher said "We must work together to prevent the further spread of HIV/AIDS in these communities that are already at tremendous risk due to under counting, under reporting and the high risk mix of

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sexual transmitted disease, drug alcoholism." American Indians have shown tremendous resiliency as a people and have survived despite incredible adversity. This program is effort in working together to overcome disparities and improve the health of American communities. Thank you very much for your interest and your commitment to this area. Thank you CHAIRPERSON BERRY: Okay. very much. Do you have any questions for them, Commissioner Meeks? COMMISSIONER MEEKS: I do, but go ahead. CHAIRPERSON BERRY: Vice Chairman. VICE CHAIRMAN REYNOSO: Yes. Dr. Grim, I appreciated your remarks because you gave a quick summary, really, of many of the issues that we've heard about. Let me ask you about a couple of them and see what your thoughts are. You mentioned, for example, professional isolation that medical providers have, and we've heard quite about that. And just visiting the sites, one can see that reality. I just wonder

if the Service is thinking of ways of keeping folk

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90 there a longer period of time, maybe when they've served for 2 or 3 years, that they have something akin to a leave of absence to go work in an urban hospital, both to learn more techniques, but also as a change for their families and then come back to the same hospital where they worked before. Because as you mentioned and others the reality, mentioned, the continuity of service is so So I just wonder what your thoughts on important. As Mr. Ration mentioned, you obviously have a lot of experience in this area. I think that is DR. GRIM: a good And I know there are some hospitals and suggestion. other locations that use that particular process to

help maintain their provider staff.

If we were doing that, it would probably be in tribal locations. I'm not aware of any federal locations. We're not doing that as a policy across the Service, although it's a good recommendation.

What have is little more we traditional. We have scholarship programs to get people into the system that incur payback obligations. We have loan repayment programs.

> VICE CHAIRMAN REYNOSO: Right.

But we're looking more and DR. GRIM:

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more at that sort of thing. We've started a recruit initiative up in the Aberdeen area, one of the areas that has some of the highest vacancy rates in our system. We're working with the tribal leaders there and with others to try to improve recruitment and retention of provider staff.

VICE CHAIRMAN REYNOSO: Do you have any programs to try to get more Native Americans themselves into the medical profession? I remember, I'm in the legal profession. And I remember about a program in the extreme northern part of Canada to train some of the native folk there to be lawyers. A lot of it by Internet, and that sort of thing, because tribal—I have a question for you on that, too. But tribal and so on is so difficult. And I heard a very exciting report; it'll only be 2 years ago, at the American Bar Association annual meeting about that effort.

So, sort of what's going on in that respect. Because if you get, of course, a Native American particularly from that tribe, then very often they want to stay there?

DR. GRIM: I very much believe in that concept that we need to train our own people and those from the local community so that they'll stay

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We do have, as I said, a scholarship program that targets Indian youth to go into the health professions, and so we do have a program like that internally. Many tribes are doing that on their own, too, with local tribal funds trying to get an increased level of education in their communities.

One of the problems with the concept often is, though, you have to send that person off to somewhere to be trained, especially in some of the higher levels of the health professions. So they get into an urban area, they get used to it, they get trained there with many of the technologies that urban areas have. And then, you send them back to the reservation to treat, their people. sometimes they stay and many, many times they stay, they've gotten used other times but are available and technologies that the amenities of urban areas. And so after the payback period, we lose them.

VICE CHAIRMAN REYNOSO: But sometimes there's even resistance. I talked to a young Indian who was in the law school where I was teaching at that time. And he mentioned that his tribe had been somewhat resistance to his going to law school. On

the other hand, he did finish law school; he went back to the tribe. And, in fact, he had been part of the tribal council and he was reelected back to the council. And they saw that, in fact, he could do a lot of good for the tribe, which he has done.

So, as you say, everybody is an individual and you can't predict what they will do.

But I've seen good effects very often from that.

DR. GRIM: We're trying very hard to do that. And as I said, we have 68 percent of our workforce that is American Indian and Alaska Native. I think that's a huge percent. You take out positions of engineers and other medical professions that have very small Indian percentages overall and we're up in the 80s plus, 88 percent range. And so we're trying very hard to do that, yes:

VICE CHAIRMAN REYNOSO: Ιf for future there are greater facilities for in Americans the urban areas, is being recommended, then one could even see sort of a transfer system from the rural more isolated area to an urban area where the docs can continue to treat or the nurses can continue to treat the Indian population.

DR. GRIM: I think that idea is good and

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deserves further study within our system to be able to do it. And the only problem we usually lack is resources.

VICE CHAIRMAN REYNOSO: Yes.

DR. GRIM: You can send a person off and need to pay them their year's salary to retain them and we still need to backfill them in that location which requires additional funding. That's often one of the barriers for that. We would need to look at sort of a pilot project to see how that might work.

VICE CHAIRMAN REYNOSO: Let me ask you a different sort of question, which has to do with And we heard concerns about this in formulas. Alaska, for example pertaining to police protection where so often the legislature will say "Well, we'll have one highway patrolman for every 5,000 people or whatever." And it was pointed out that was a very difficult situation in of the smaller many communities in northern Alaska, where if you had one officer for every 5,000 people it would be one officer covering 2,000 miles. And we've heard some of the same concerns with respect to the smaller populations in the U.S. on health services.

I just wonder if your department could do sort of a story about what extra resources are

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needed to serve Native Americans populations rural populations, transportation and so on so a formula can be changed in terms of what's needed to provide proper services for them. Or other vehicles. For example, in Alaska there was a concern that sometimes members of the local community, native community, would be deputized as officers, but because they didn't have the same training as say highway patrolmen and women, they wouldn't be given the same authority. So those sorts of considerations. But these matters are often a matter of formulas for funding. And it seems to me that you're suffering, your service is suffering because Congress, apparently, or maybe it's administrative, it's operating under some formulas that don't quite fit your services. I just wondered what your thoughts are on that regard?

DR. GRIM: I think that it is both of the things that you said. The formulas are some of the issues, and I spoke to that a little bit.

The Department of HHS is now focusing on rural America, as is the President, on ways to increase access, especially to health and social services there. There has been an emphasis on the increase in the number of community health centers

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We've also in the Department been looking at our grants process. The Secretary, realizing the rural nature of our population, has also reinstituted a group called the Native Intradepartmental Council American on I'm the Vice Chair of that council, and it's made up of all the operating and staff division heads in the entire department. So the head of CDC and NIH, and FDA, and HRSA, and SAMHSA, and other programs, set on this council and we talk about crosscutting policy issues that effect the American Indian and Alaska Native population. Administration has really been focused on trying to not just look at the Indian Health Service budget as only budget available, but all of the HHS budget. We're trying to expand the amount of SAMHSA grants that are going, for example, to substance abuse and mental health services issues in Indian We're looking at Centers for Medicare Country. and Medicaid services and policy and regulatory issues that effect our populations.

And so we're looking at all those things. Still we run into the issue of just, as you pointed out, the formula of one officer per 5,000

people and that may take 10 communities spread over, you know, who knows how many thousand square miles to come to that number, and they can't realistically cover it in that particular example you used. And so we're looking at things like that, but it's a mix of formulas and statute and other things like that which all have to be addressed.

The council takes a look at regulatory and policy things that we can change. And if there are statutory things that need to be changed, then we try to tackle those issues also.

VICE CHAIRMAN REYNOSO: My last question is for all three of you. I would normally say it's a \$64 million question, but it's actually a lot more than the \$64 million question.

How do you think the aim of wiping out the disparity between medical services for the Indian population and the American population and many argue that Americans themselves on the average don't get all the services they should, but nonetheless, we've been dealing more with the disparity. From what we heard yesterday, the disparity is one at about the 200 percent level, I would say, that is needs to be more than doubled to wipe out that disparity. So my question for each of

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Let's

you is: One, how do we get there; and two I hate to say, what are your hopes it'll get there? CHAIRPERSON BERRY: By 2010? VICE CHAIRMAN REYNOSO: Yes. By 2010. DR. GRIM: Would you like to start at the other end of the table or you want me to --VICE CHAIRMAN REYNOSO: Yes. start with Mr. Bird. Well, let me try and answer MR. BIRD: I think that it's been said that the your question. definition of insanity is doing the same thing over and expecting different outcomes. I have less and less faith in the fact that this country will act in a moral manner. And so what I think that that really puts the burden, which the burden has always been carried by Indian people, but it even raises a higher burden for native populations, for Indian populations to begin to really try to attempt to understand what it is we're dealing with. I think that what we need to be doing, we need visionary, strategic sort of thinking. need visionary, strategic sort of leadership. And

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we, as Indian communities and native populations,

really need to come together and begin to work

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together: There's not enough of us to make the kind of difference that other populations — the pool for Indian leadership is about this deep in terms of those people with training, experience and knowledge. It is very shallow. I see it all across the country, unfortunately.

So there's a need for us to really be more strategic and to come together to collaborate and to work together more closely. There's a need for us, I think, to look internationally to working with other indigenous populations.

By brothers and sisters, the Maoris, gave this gift to me when I was in New Zealand about two months ago. Many of the issues, many of the problems that are confronting them are more similar than different. I do not think that this country will ever deal in a moral manner and in an ethical manner with the native populations unless there is pressure, unless they in fact are goaded and made to feel embarrassed and shamed in a manner to be more responsive. I think we've got a long way to go, but what else is new?

You know, hope springs eternal. And, you know, I'm reminded of one of the tribal leaders here, Frank Tenorio Noria from San Felipe Pueblo was

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quoted was saying a number of years back, he said in of the sort of pueblo indigenous terms perspective, and that is in terms of the issues. And that is he said well first the Spanish came and then they went. They're gone. Then because we were under Spanish government. Then the Mexican government came in and they came, and they're gone. Now we're dealing with the Americanos, they're here. You know, we'll see what happens.

MR. RATION: I would agree, you know, what has just been said in terms of tribes and tribal members and IHS coming together to talk about how to solve the problem.

You know, we have the legislation authorizes dollars to be place that more Whether we use it, or whether we use appropriated. it and it hasn't come to fruition, I'm not really sure. Realizing that money isn't going to solve all the problems, some of it has to be done in working together. And so far it seems like we, as urbans, get this feeling that somehow we're not part of the We talk about sovereignty, we talk about tribes. membership, we talk about you guys and us guys. And sometimes I sit with the tribal leadership and say, "It's not you guys and us guys, it's us guys."

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a member of a tribe. I'm a Navajo. You count me, you get benefits and all these things happen along the way.

The thing about it is how do we share in these benefits? How do we promote the welfare of our people? Because, you know, the line doesn't stop at the state line or the tribal line and say "Okay, sorry grandson, you're no longer my grandson. You're now on the other side. So I have no responsibility for you."

And then we have all our Indian people that are also in the Indian Health Service who should be thinking about us and how they're going to take care of us and include us in those decisions, which really doesn't happen. Somebody else makes those decisions and usually oversight is by federal members or government members or IHS members. They don't go to the guy that's on the street that's sick that can't get the health care and all this type of thing to say what can we do for you, how can we work with you. And they don't worry about this person needs health care, this person needs to be made whole.

We look as a priority one, as a priority two, what priority is it. You know, this guy is

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dispensable, you know, let him stay on the street.

But I think everything evolves around how are we willing to come together? How are we willing to listen to each other and move forward together? If we're divided, and it's reservation against urban, well you know sometimes we say "Well, the white guys like it that way because they don't have to do anything." They just watch us fight among ourselves and we're our own worse enemy.

telling John This morning Ι was Blakeley, I got up and the first thought that came to my mind was; you know, here in New Mexico they introduced legislation to save the silvery minnow. You can't eat the thing. You can't do anything except watch it swim around. And they're about the same number as we are. So maybe we should get on that list and let's see how much money they can get. So, you know, sometimes you look at those kind of things and say, well are they more important than us?

So we're willing to introduce legislation that's going to put the whole city of Albuquerque out of water. So what happens to the people there? So, you know, somehow we need to talk about these things and come together and make them

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I never say there's no hope. I always hope that something's going to happen, that we're going to get together and that we are going to make these things happen together.

DR. GRIM: I think whenever you've talked with any of the people that you will talk to, you will hear frustration but you'll hear a level of hope; that we all still have hope about things.

The health of a people, the health of a community is more than just going to a hospital or a clinic. It's a complex web of things like safe housing, adequate education, economic opportunities on reservations; things like that. Just having access to a health clinic is not going to make a population healthy. And even if we were to have in all locations, which health clinics someday we do, psychological issues that Mr. Jack referenced earlier of part of the population that won't go there anyway because of mistrust or, things like that, those are very complex things to deal with. You can't deal with just by putting more money into a system.

I do, however, have hope as well. You talked earlier on the previous panel and you were

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asking a similar question, how might we reach a level of funding that we need. And right now the Indian Health Service is considered a discretionary part of the federal government budget. There is a part of the new 94-437 that's up for reauthorization that would authorize a blue ribbon panel that would look at whether Indian Health Service budget should be considered an entitlement like Medicare and Medicaid.

certainly universal There is not agreement on that across Indian Country. With entitlement programs comes some sort of requirements, either there's a potential that there would be some sort of financial or monetary limits, like Medicaid. There would be a set of service packages that might be subscribed or prescribed, by the federal government. So it's something that Indian people want to study. And so, should 94-437 pass and our budget went from discretionary to entitlement, we would get certain sorts of monies more like Medicare and Medicaid and would keep pace with inflation.

The other thing that we do right now is that we work in concert with Indian Health Service,

Tribal and Urban programs when we do our budgeting

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process annually. We realize that priorities have to be made and we start out at the local level and we work with them. We roll our budgets up from the local level to the regional, through the national. And we try to take into account what the local people want in their budgeting. So when you say budget this particular part of your is not adequately funded, then we have taken a look from the ground up that when we have to make those tough decisions, where does Indian Country want us to make Where do we place the resources that we're going to be given? Do we place it in mental health or do we place in Contract Health Services when those tough decisions have to be made?

And Ι appreciate the many, many suggestions that we receive, the many recommendations that come up from those sources of processes. And we use those whenever it comes time to make those tough decisions. So, I would just say while this is ideal, we are focusing right now on partnerships, just like many private organizations that don't have enough money either. We're trying to expand the number of partnerships we have. We're looking to Intradepartmental Council to spread more of the Department's monies from other

agencies into Indian Country. So we're out there trying to do what we can. We're working with Congress. We're working with the Administration. And we're working with Indian Country to try to address the many, many needs out there within the priorities that we have to live under.

CHAIRPERSON BERRY: Thank you. Thank you.

Elsie?

we're short of time, but I really have a lot of questions.

And I've always been told that if you want to get something done, you go right to the top.

So Dr. Grim?

DR. GRIM: At your service.

COMMISSIONER MEEKS: You know this just still brings it back to the local level and the local cases. But I think there are good examples for how you improve. You know, I mentioned before that the HHS committees of the tribes are always frustrated because it seems like they don't have a good communication with the local IHS -- I mean, Pine Ridge Health Service, for instance.

And I think about one instance, this

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relative of mine, actually, went -- you know, we have PAs out in the districts because we have nine districts at Pine Ridge and they're isolated and 15 to 1800 people in the service area. So I have no objections with the PAs.

My relative went with a sore shoulder. And he was diagnosed as having bursitis and given aspirins at home, a couple of different times. And it got worse and worse and his wife worked in a grocery store and had limited coverage, insurance coverage. So she took him to Rapid City. And he had by that time advanced bone cancer and subsequently died.

Where she made the mistake, is she should have went back to IHS then and then had him referred on. But her insurance did cover 80 percent of it. But, I mean, could just not even talk to Indian Health Service about paying that other 20 percent, and she just really doesn't have -- I mean, she was a clerk in a grocery store.

I mean, why can't there be some sort of flexibility within IHS to deal with issues like that? I mean, it goes into the contract care issues.

DR. GRIM: First, let me say that I've

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always hated to hear stories like that. It has touched me over time. I hope one day that every single story like that is not out there anymore where we have cases like that.

Let me quickly add that medical care is an art as well as a science, too. And that in very rural areas we do have limited abilities to use early detection devices, for example, that we might in more urban settings, where they have tertiary care type centers.

The thing that I say when I hear stories like that, too, is that people do need to go back, and that's not always easy. They need to continue to ask questions of their provider until they have them adequately answered. And I know that's easier said than done. People accept what is said and then they leave and they think that they're going to be okay.

But what we face in those sort of settings and then with our Contract Health Service budget, which has been referenced several times, is just the fact that we do have to prioritize or ration care in that particular line item. We have what I would call across our system universal eligibility but limited availability. All of the

Indian people that are from federally recognized tribes are eligible for care in our location, but we have limited availability; limited locations and also limited services in many of those locations.

Our Contract Health Service budget in many, many locations across the nation never gets off priority one, which has been mentioned, is life or limb sorts of services. We don't get to many of the services that are considered in the other CHS priority levels such as the knee surgeries that sometimes need to be done and the other things that Mr. Jack mentioned.

So, to an extent one of the answers is resources. To the other extent, you know, the isolated rural nature of the population makes it very difficult to provide a level of care similar to what one finds in an urban tertiary care center.

COMMISSIONER MEEKS: But a misdiagnoses is just -- I mean, you heard about the study that Lyle Jack referred to where -- University of Wisconsin thing, that study about why so many of the Indian patients, they find they're in the bad stages of cancer. I mean, like we went to the moon. Why can't there be some mechanism that --

DR. GRIM: We're trying to expand our

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telemedicine capabilities, which takes money, too, and time. But we see that as a potential to really help out in the very isolated locations that don't have access to the types of services you find in the tertiary medical centers. Many of our locations are starting to be tied in now to telemedicine to some of those centers, and we hope that someday that will deal with the isolation issues, it will deal with the level of care issues, the fact that we don't have certain types of services in all locations across the agency. So we're looking at things like that as ways to expand the level of services out there.

COMMISSIONER MEEKS: And just one more question about the local, and then I've got another question for you. You know, the Emergency Medical know, Services, you I know most of them contracted out. You know, I think for instance, the man whose funeral is today. It just seems to me that there could be some sort of an emergency mechanism at the local level. I mean, heart attacks can be treated. I mean, they didn't even have a paddle in the ambulance and didn't administer oxygen to him. I mean, why that couldn't have been done at the clinic there even?

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I just think that that is an important issue that causes so much grief for so many people.

Okay. So then the other issue, I know that IHS is restructuring, the One HHS Initiative. And it's a streamline operation and I think there's been some concern about that. I think Senator Campbell stated some concerns. And it was that he thought that, you know, when Indian programs got folded into other programs, that a lot of times the resources somehow disappeared.

And how do you think IHS is going to be effected by this One HHS Initiative?

DR. GRIM: I was there that day Senator Campbell made those comments on several occasions about the One HHS Initiative. What I would say to that is that there are varying components to that One HHS Initiative, too. One of them is what I mentioned, the Intradepartmental Council on Native American Affairs. It has seen many, many good things coming out of it for Indian people.

The issue that tribal leaders and that Senator Campbell were focusing on at that particular time at that hearing was the human resources consolidation within the Department. When Secretary Thompson came in, he saw the number of personnel

offices across the department that people had to access to have to apply for a job within Health and Human Services and said "That's ridiculous for the population. We need to cut that down." Initially he saw 40 different personnel centers and he wanted to limit it to four HR centers across HHS so that the general populous could access jobs and things easier within the Department.

The concept of that, I think, is a very sound one. It makes sense, it saves administrative dollars, it makes it easier on people wanting to apply for jobs. And I and my staff have gone to all the meetings on that particular consolidation. We have brought the issues that are specific to Indian Country. And we've been refining how Indian Country will participate in that particular initiative.

Initially all the people were going to be transferred to Baltimore. The change was that we were going now going to leave all of our human resources people in the field, where they were in our regional offices or out in our hospitals, our larger hospitals and clinics.

We thought at one point in that process that our employees might lose Indian preference. We've worked out a process with the Department so

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that Indian preference will not be lost to the people that are working within the HR program.

And I guess what I'm trying to say with several examples is that we continue to work with the Department to try to get the best out of the concept of these processes while still ensuring the integrity and the services to Indian Country and to our system, are not going to be damaged. And I feel confident that we're meeting those goals right now.

COMMISSIONER MEEKS: Yesterday we heard some testimony, it was actually a social worker, I believe. And he said I just feel like Indian Health Service is never going to be able to provide what the Indian community really needs. And he sort of posed this universal health care or single plan. And I just wondered if Norman or Michael had any reaction to that, any thoughts about that? Or, actually, I'd like to hear from both of you.

MR. RATION: A universal health care card or plan of some sort, I think we would have to look at where the original dollars are going to. Are they going to stay in the same agency? Will they rebuilt to that same agency, or will they be put into a bigger agency where there's a potential of maybe some of the funding being lost or some of

it being used for other kinds of purposes. But I think that that might be one way that some of the health concerns might be reached and it might make it easier for both on reservation/off reservation Indian to access to health care. But I think it would take some study and some putting together in terms of how it would finally look at the end. But it may be a better way of providing health services.

MR. BIRD: Obviously, there are a lot of ".legal questions about how that would be played out.

I think one of the fascinating things is the number of tribes that have contracted their programs and their services. Because, at least my understanding, is many of them want control over their own programs and their services. And I think part of that comes a frustration with what they see as a bureaucratic system that is not responsive to their needs. And in that sense, I think having that kind of control is important.

The issue, again, always goes back to not being resourced. And in light of the fact that there are 44 million people in this country without health insurance and not to mention the working poor, sort of our issues is Indian people. And then

Ιt

the ongoing war against terror and the deficit and the fact the economy is, excuse my language, in the And, you know, and will have a single payer toilet. plan, but this country -- I mean, it's not working. There are executives in managed care programs that are making millions of dollars and people getting denied services and are not being taken care of. And we will have managed care. I think it's really up to the tribes to really look at all the options that are potentially available to them and what's really going to work for their people and their community. And maybe it is a single payer plan that if it comes out. will be real interesting to see how that unfolds. Because I think eventually this country will move to that.

But it was Winston Churchill that says about this country, he said "The Americans are great at doing the right thing after they've exhausted every other possibility."

COMMISSIONER MEEKS: There's so many more things that I could ask.

> MR. BIRD: Can I just add one thing? COMMISSIONER MEEKS: Yes.

MR. BIRD: When I was President of the

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American Public Health Association, they dedicated a journal to indigenous health for 2002, it was a specific issue that I'm happy to say that the first time in the history of the American Public Health Association that they dedicated a journal specific to indigenous health, global indigenous health. as well as another publication that I was involved in entitled "Eliminating Health Disparities: Conversations with American Indian and Alaska Natives," which was a way of attempting to give people a story. Because one of the problems again in this country and not just in IHS. IHS, it's a very small fish in a much larger pool. Ιt important to Indian people when you look at funding for a CDC, you look at the funding for HRSA, you look at the funding for all these other entities, Indian people who are really invisible. There's a tendency to go towards where the larger populations, African American, Latino, urban based populations. There's a natural sort of movement in that direction so when it comes to dealing with Indian populations, my experience has been three You get three responses when you're an Indian dealing with another non-IHS entity.

One is you explain what the issues are

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for American Indian populations and people acknowledge it, recognize it and want to do something and will work with you. That's about a third.

The second third got reinvented by Al Gore and the downsizing of all government, and they kind of go, oh, you know, I've got too much. I can't deal with this. I'm dealing with everything else. And IHS employees feel that way, too, I'm sure.

The third population goes oh, my God, we had to deal with African Americans, Hispanics and everybody else, now we've got to deal with the Indians. And they're not as open or as ready or as willing to work at addressing the needs of our communities. And that is a very real issue.

It is extremely frustrating, having been in government, and now in the non-profit sector for three years. When you talk about faith-based initiatives, if you're in the non-profit arena, how do you get by? A lot of faith.

CHAIRPERSON BERRY: Let me just say that we're going to close this particular session. But let me just say that the problems, they are a subset of the overall problem of access to medical

resources of the 44 million folks you talked about that don't have health insurance, and we don't seem to be doing anything about either. And then we do have some of this, let the groups go fight each other kind of stuff; the urban Indians as opposed to the people on the reservations and under-resourcing the urbans whose numbers are increasing enormously. And we do have the IHS in some sense feeling embattled and the people who operate it and run it being constrained by bureaucracy so that they don't scream, I suppose, the people at the top who are aware of these problems as we are.

And so we're going to continue this. This has been a very interesting discussion, very enlightening. We're going to take a break here. And then we're going to continue this discussion. But we've changed the time. We're going to start again at 12:15 so that we have more time. We're just going to break here for about half an hour.

So I want to thank you very much. I thank the panels.

And if there are members of the media who would like me to answer some questions, you can come up now over in this corner, and I'll be pleased to answer any questions now for a few minutes.

(Whereupon, at 11:45 a.m. the briefing was adjourned, to reconvene this same day at 12:25 p.m.)

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12:25 p.m.

CHAIRPERSON BERRY: The U.S. Commission on Civil Rights will reconvene.

PANEL THREE: CAUSES OF DISPARITIES -

QUALITY OF HEALTH CARE PROVIDED

CHAIRPERSON BERRY: And our Mowll, Mr. Charles who is the panelists are Executive Vice President for Business Development, Government and External Relations at the Joint Accreditation of Health Care Commission on Organizations. Yes, I've been looking forward to seeing you.

He's called upon to provide testimony on patient safety and quality of care issues. The Commission, their job is to maintain and improve patient safety and quality of care in hospitals and other health care settings.

Mr. Mowll was educated at the University of Delaware and Widener University. And at the Robert Wood Johnson Medical School, Rutgers University. And he is a fellow in the Healthcare Financial Management Association, and the American College of Healthcare Executives.

And I have also somewhere, I don't see

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anything on Dr. Olson. And I know Dr. Olson is here, because I'm looking right at him. Here it is.

Dr. Richard Olson, who has been here all morning, if I'm not mistaken, has been the Director of the Office of Clinical and Preventive Services at IHS headquarters for the past 20 months. As the Director, he oversees budgets and policy development and program implementation for IHS health programs, including Contract Health Services.

He was educated in medicine at Vanderbilt University in Nashville, Tennessee, where I'm from. And completed his internship and one year residency at Parkland Memorial Hospital in Dallas, Texas. He is board certified in internal medicine and also has an MPH with an emphasis in health care administration.

He has spent 29 years with the Indian Health Service. He's been at a lot of places and is very knowledgeable, of course, about all the issues that relate to this subject.

I want to begin this with Dr. Olson, if you would please, and you have — the time will be kept by this clock that I have up here, and you have 15 minutes for your presentation and then we will have representations and questions.

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So could you please proceed, Dr. Olson? DR. OLSON: I was watching your clock for other folks.

afternoon. I'll discuss this Good afternoon the quality of health care provided to American Indian and Alaska Natives. We've had a discussion this morning fair amount of about available resources or maybe lack thereof, within available resources we feel that the Indian health system, which includes IHS, Tribal and Urban programs does provide high quality health services.

One of the main reasons for this is that the IHS organizes health care differently from other providers of care. IHS is really the only system of care in the United States, which integrates both individual health care and community health services to any large degree.

In addition, the IHS strives to provide a full array of ambulatory care services at one location, a one-stop shopping concept.

At our hospitals and health centers the IHS or tribes provide dental, medical, optometric, mental health, audiology, physical therapy and in some locations, podiatric care in addition to a full

array of ancillary services including pharmacy, laboratory and x-ray.

As Dr. Grim mentioned this morning, besides providing for these usual acute and chronic individual health care services, the IHS provides a full array of community health, public health services. These include sanitation facilities construction of water systems and sewer systems, and a little bit of solid waste, community or public health nursing, community health representatives, public health nutrition, health education, medical social services, alcohol and substance abuse services, emergency medical services and epidemiology.

Most of these services are integrated at the local level because of co-location and because of an integrated currently paper based patient medical record and an electronic data system which contains patient clinical information which is gathered from most of these providers and available to these array of providers.

In addition, slightly over one half of the IHS program, is administered directly by the tribes which allows an even greater degree of integration at the community level, particularly

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with non-health related social services programs.

The end result is almost a complete array of integrated individual and community health services. So from an individual's viewpoint, the IHS and tribal programs strive to provide one-stop shopping for health services. As I think was pointed out this morning, there are economies of scale issues. Obviously, with very small populations this full array of services may not be available locally, but at the larger locations, what we call health centers which are 40 hour a week or greater and the 49 hospitals this array of services is generally available.

As we talked about this morning some, there are limitations because of capacity, the demand for services at the local level, naturally, relates to emergency and other acute care. Decisions are made frequently in favor of providing acute care, trauma, heart attacks, cancer, things like that at the expense of prevention and community focus services. And this is unfortunate.

I was the clinical director or medical director at a hospital in eastern Oklahoma for 10 years. And there was always discussion about needing more emergency room services, more acute

care services, but nobody ever demands prevention services unless a problem arises. And I think everybody's aware that there's a real need for prevention services.

specific organizational Another or structural component of Indian health programs that greatly improves the quality of care and patient safety in the Indian Health system is the pharmacy system. And this is one of the systems that I've been most vocally proud of ever since I came into the Indian Health Service, over 29 years ago. the very smallest clinics, pharmacy Except for services are provided on site in our hospitals and Pharmacists have access to the health centers. entire medical patient's record, including laboratory results, problem list, immunization past medical history, drug allergies, etcetera, so that they can provide appropriate drug therapy to the individual patient that they are seeing. This situation is in contrast to what's seen in most pharmacy services in the United States where pharmacists have almost no information on the patients that they're seeing and are prescriptions from a small piece of paper which they may have difficulty in reading.

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Problems are resolved between the pharmacists and the Indian Health Service or Tribal providers on site, because they know each other, they're just down the hall from each other. They have the same information and issues can be easily resolved, which is not necessarily the case in the rest of the United States.

Also, one of the things that we do, and particularly in all of our new facilities, we have counseling rooms for the pharmacists to take the patient into to be able to explain things concerning their medications, possible side effects, things to look for, etc. And the patient is free and able to ask questions. Once again, this is very different from most of the United States.

I get my medication down at the Navy, and it's a standup counter with 70 or 80 people right behind me. There's no instructions. I don't talk to a pharmacist at all. I talk to a pharmacy tech and I get my little bottle of pills. And that's the state in most of the United States. But that's not the case in Indian health. So this greatly improves the quality of patient care as well as patient safety.

Another area that we're moving towards

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now is electronic medical record. I understand that you all saw the record room at Gallup Indian Medical Center yesterday, which is probably fairly similar to most medical record departments in the United States. A huge number of charts, very small space. But we are moving towards developing electronic medical records.

There's been a pilot project for the last year or year and a half that Crow Indian Hospital in Montana using components of the Veterans Administration computerized patient record system with a GUI or graphical user interface screen. And over the past several months we've been working on developing programs so that this now can be beta tested in about five locations. We'll start in late winter or early spring. So we are moving forward.

The IHS and the VA clinical applications are very similar. The IHS system basically was adopted from the VA many, many years ago. So we have the same basic platform. We utilized a lot of the VA's software originally and then modified it for our use. The VA has used some of our software. Obviously, we have a lot more interest in women's health and MCH issues than the VA has traditionally. So they utilized some of our software development

as well.

So we're working very closely with the VA to implement an electronic health record. They, obviously, have a lot of resources and have put a lot of resources into developing and electronic health record.

Dr. Grim talked some about cultural competence, and I just wanted to touch on that, because that obviously is another aspect of quality of care. It is the policy of IHS to facilitate the access to traditional American Indian and Alaska Native medicine practice in all of its service delivery locations. We work hard to protect the rights of American Indian and Alaska Native people in their beliefs and their health practices as defined by their own tribal or village traditional culture.

As it was mentioned earlier when we design new facilities now, particularly for the hospitals, we have spiritual -- we have meditation type rooms or spiritual rooms and use the local traditional healers to help design these so that they are meaningful and correct for that individual location.

As Dr. Grim I think mentioned also, the

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issue of English, dealing with patients with limited English proficiency since many of our providers are non-natives, physicians and dentists in particular. At most of our locations, as he talked about, most of the staff is native. I worked in Oklahoma, for 11 years and we dealt mainly with the Cherokees and And we had many, many nurses in particular Creeks. who were bilingual, very bilingual and they could interpret if a patient's family was not available to So even though interpretation is necessarily the best, we certainly work on that all the time. Because of our staff capabilities at the local level, things work very well in that arena. Accreditation by nationally recognized

Accreditation by nationally recognized organizations is another measure of quality of services. All of IHS and Tribal hospital are Joint Commission accredited except for one, which decided to undergo certification by the Centers for Medicare and Medicaid Services.

In addition, all of the IHS and some of the tribal health centers, which are large enough to be accredited are accredited either by the Joint Commission or by the Accreditation Association for Ambulatory Health Care, the AAAHC.

We've had a policy in place for over 20

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years that all of our facilities must be accredited.

That's normal business for large and urban facilities, but is not necessarily the case for small, rural locations, like ours are. And so it's a higher standard.

Also, many small medical group practices in the United States don't have an accreditation process. Because we require a formal medical staff at all of our health centers, we have systems in place that are higher standard than is usual in the United States as well. Our laboratories at all of our facilities are accredited either by the Joint Commission, by the College of American Pathologists, CAP, or by COLA, all recognized lab accreditation organizations.

There are, obviously, challenges as we've talked about this morning. One is the high vacancy rate, particularly in dentistry. Dr. Grim gave a range of vacancy in dentistry, it's 22 to 24 percent range. So it's by far the highest vacancy rate for a profession.

To: deal with this, as he talked about some, we do have loan repayment programs; we have scholarship programs. We also hire temporary providers to help meet the acute health care needs.

Temporary providers, even if their skills are outstanding, obviously don't know the patients, they don't know the culture, they don't know our system of care and they're usually not available for follow up for patient care. So that, unfortunately, causes difficulty.

quess the one good news is longevity of our providers has been increasing significantly. When I came in, in the '70s, right at the tail end of the Vietnam era, almost everybody was there for a 2-year rotation and then left, which meant we had almost a 50 percent turnover every And the average longevity was 2 or 2½ years for physicians, at least. The average longevity now is in about the 9-year range for physicians. So things are better as far as turnover. But we still have high vacancy rates and we still have turnover, particularly the folks who have been here 2 or 3 years and then leave. So there may be a steady pool of leadership at a lot of locations who may have been there for a long time, but there are other providers that come and go fairly frequently.

So I'll stop there. And that concludes my comments.

CHAIRPERSON BERRY: All right. Thank you

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very much.

Mr. Mowll, please.

MR. MOWLL: Thank you. Madam Chair, members of the Commission, good afternoon. I hope you have copies of my testimony. I brought it with me and you should have that by now.

My name is Chuck Mowll, Executive Vice President of the Joint Commission on Accreditation of HealthCare Organizations. Maybe one of the organizations with the longest names in the United States. It has 18 syllables. It can beat anything that the Indian Health Service can put up in lights.

We are pleased to have the opportunity to describe the Joint Commission's accreditation process and our experience in accrediting the Indian Health Service health care organizations.

The Joint Commission is the nation's oldest and largest health care accrediting body. We currently accredit 17,000 organizations, including 83 percent of the nation's hospitals.

The Joint Commission was established about 50 years ago. It is a private sector 501(c)(3) not for profit organization. We're often confused as a governmental agency. We're not. We are a private sector voluntary organization. And

organizations, like the facilities in the Indian Health Service, elect to go through Joint Commission accreditation voluntarily. They do have options.

The Joint Commission's mission is to continuously improve the quality and safety of care provided to the public through the provision of health care accreditation and related services that support performance improvement in health care organizations. And the member organizations are the American Medical Association, the American Hospital Association, American College of Surgeons, the American College of Physicians and the American Dental Association.

In addition to hospital, the Joint Commission accredits ambulatory, behavioral, home care, long term care and laboratory organizations. That includes 49 hospitals in the IHS system, 540 health clinics, 43 residential treatment centers, a few critical access hospitals and some of their clinical laboratories.

The Joint Commission's two principle activities are to maintain national state-of-the-art standards for health care quality and safety and to evaluate health care organization compliance with those standards through the administration of an

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accreditation process. It is our accreditation or independent evaluation, if you will, of Indian Health Service facilities that is, obviously, of interest to this Commission.

It is important to understand the scope and focus of our standards because I'll in a moment talk about Indian Health Service facility compliance with those standards, and in a number of areas.

The Joint Commission standards were developed through an open process of public comment, are continuously being updated to represent the things that health care organizations must do to provide safe and high quality care.

The Joint Commission develops new standards in response to stresses on the health care system that threaten the provision of high quality Most recently, obviously, the shortage of safety nurses and in patient in emergency preparedness, restraint and seclusion, pain management and how you care, making sure that the patients experiencing the health care system is pain free.

We're currently developing and enhancing standards to address infection control. We know from the Center of Disease Control that infection

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control is needlessly -- injury in health care organizations is needlessly harming and killing thousands of patients each year.

And the management of patient flow. That's a disguised word for making sure that our emergency rooms and access to care is efficient and is assured to reduce waiting times, to assure the timely transfer to needed services and to reduce delays in treatment which we know from our experience of reviewing adverse or sentinel events, is a major cause of adverse events. And that is delay of treatment.

Joint Commission standards were recently subjected to a thorough and comprehensive review to ensure their continued relevance and contribution to safe high quality care. The Joint Commission utilizes groups of health care experts to develop new standards, and all new proposed standards are submitted to the health care field for field review and issued for public comment before they're finally adopted.

Hospital standards cover important issues such as the competency and credentialing of staff. This is important when you employ 900 physicians and 2600 nurses in the system that

they're constantly monitoring the competency and credentialing and privileging of those staff, our standards require that.

Utilization of performance improvement strategies to examine variation in patient care processes using such techniques as failure mode and effects analysis and root cause analysis to understand why there are variations in care, to have a systematic performance improvement strategy to eliminate those negative variations and to improve the care provided to the Native American population.

such as patient rights, employing ethical practices, involving patients in the decisions about their care and ensuring that the environment of care is safe. Special emphasis is placed in the standards on maintaining a safe medication management system, and we know from our data at the Joint Commission reported from hospitals around the country that it is the administration of pharmaceuticals that is often a major source of error and sentinel events.

In *providing access and equitable care to all patients requiring care, we have a standard that requires that the same standard of care be given to all patients seeking care. And that there

not be discrimination for any reason.

And the standards require that the organizations that we accredit must thoroughly access the patient's medical needs upon entry into the system and assure that the appropriate care and services are provided to that patient.

The accreditation process is then carried out to analyze the organization's compliance with these rigorous standards. We conduct those on site reviews with a team of surveyors that are usually comprised of a physician, a nurse, and a hospital administrator. And these surveys can vary in length from, depending on the size of the organization or complexity of its services, anywhere from 2 to 3 days to 4 or 5 or 6 days.

The Joint Commission also requires that the hospital measure on a monthly basis and report to the Joint Commission quarterly a core set of performance measures. This is moving the evaluation process from just looking at the ability or the structure and process of providing care, to the actual performance of care and the outcomes of care. And the Joint Commission is the first in the world to do that.

We call our system the Oryx reporting

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system. It doesn't mean anything other than, I understand an oryx is a fleeting gazelle, and there happens to be one in the San Diego Zoo. But that name for no other reason than it's a creative, new evolution of the accreditation process about 3 years ago.

Performance measurement is an integral part of our oversight of the Indian Health Service and their reporting of outcomes to us.

Hospitals choose measures from four measure sets. Those include acute myocardial infarction, heart failure, community pneumonia, and pregnancy and related conditions. Accredited organizations must also comply with the Joint Commission's National Patient Safety Goals and associated requirements. Again, we're the first to We have studied our data, the data that's do this. been reported to us. We've issued lessons learned to the field, much like the aviation industry has done for many years, to help all hospitals and all primary care givers to understand the things that lead to error, to learn from other organizations success stories and best practices to prevent error and adverse events from occurring in the future. And we've had some very good success in that, but a long

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As a health care system, National Patient Safety Goals address things as simple as making sure that you have the right patient in front of you. Amazingly patient identification is a huge challenge in the health care system.

Communication among the care giving team. Wrong site, wrong procedure, or wrong person surgery is one of our highest recorded sentinel events in this country and should never occur. It does occur at all too frequent levels. We've just issued or going to require all hospitals we accredit to follow universal protocols to make sure they have the right patient in front of them and that they take a time and that they are performing the out, procedure in the future. Again, something you would think would be fundamental in the health system, it does not exist today.

VICE CHAIRMAN REYNOSO: It seems pretty fundamental to be operating on the right person.

MR. MOWLL: You would think. Be careful.

Those procedures require the marking of the site, for instance. All too often the wrong site is operated on for laterality issues.

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The Joint Commission has announced it will also be conducting all on site surveys on an unannounced basis beginning in 2006. One of the criticisms of our process is that organizations know coming when we're and prepare for the Joint Commission survey. Although we do conduct 5 percent of all our surveys on a random unannounced survey basis today, we are going to be conducting all surveys on an unannounced basis in 2 years. And hospitals may volunteer for unannounced surveys over the next 2 years to get used to the process.

The Joint Commission also has a strong to public accountability in providing commitment meaningful information to the public about accreditation of health organizations. care Detailed information about the results of Joint Commission accreditation of health care organizations can be found on the Joint Commission's website at jcaho.org under Quality Check. Organization's specific performance reports provide detailed information about organization's the compliance with the Joint Commission's now 250 standards for the hospital program. Beginning in 2004 revised performance reports called Quality Reports will be substantially modified and enhanced

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to contain information about the organization's compliance with these National Patient Safety Goals, National Quality Improvement Goals; those are the measures I talked about earlier, performance measure outcomes, as well as the organization's overall accreditation status.

The Joint Commission also maintains, and particularly concerned about Jack's Mr. comments this morning about inadequacies of We also provide and maintain an active complaint hotline. It's 1-800-994-6610. 1-800-994-6610. And that is posted on every accreditation certificate that we issue and hanging on the walls in the organizations we accredit. We actively promote that complaint hotline on our website and we require every health care organization we accredit to notify its community of an impending onsite survey so that they have the opportunity to either call us or talk to our surveyors in person.

Now, about the IHS system, very quickly. The longstanding commitment IHS has had a requiring hospitals health its and other organizations to seek and maintain Joint Commission accreditation. The Joint Commission accredits hospitals, mentioned earlier, as I ambulatory

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facilities, laboratories and residential treatment centers in the system.

In the most recent full year of accreditation activity, that's last year 2002, the Joint Commission accredited 32 Indian Health Service facilities. The names of these facilities, their addresses and their accreditation scores are provided as Attachment A to this testimony.

Indian Health Service facilities have over time demonstrated a high degree of compliance with Joint Commission standards. The average score for the 32 organizations accredited last year is 94.4 percent; that's on a range of zero to 100 percent. The scores range from a low of 82 percent to a high of 100 percent in 3 organizations.

The average score of the Indian Health Service organizations compare favorably with the average score of all Joint Commission accredited health care organizations around the world, which is 92.4 percent. So it's two full percentage points higher than the hospitals in Boston, Philadelphia, Chicago, and Lob Angeles.

Joint Commission surveyors approach

Indian Health Service facilities with an

understanding and sensitivity to the culture

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differences of the facilities and the patients they Of particular note is the surveyor's assessment of the organization's approach to end of life care, the advance directives, and the conduct of post-mortem examinations. Ιt is the Joint Commission's observation of Indian Health Service facilities generally have identified and attempting to address within budgetary restraints the health needs of the Native Americans served. These programs include maternal and child health, immunization programs, cancer prevention and women's health care.

The Indian Health Service also seems to have a strong commitment to community outreach, working with the tribal councils and tribal communities to identify their health needs and populations served and to design their programs around those needs. And our standards require that as well.

I'll just conclude by saying that we have those detailed performance reports on any of the Indian Health Service facilities that we accredit available on our website if you want to see the details. And I'll be pleased to address any of the questions you might have.

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CHAIRPERSON BERRY: Thank you very much.

Anslem Let welcome you, Mr. me is a member of the Roanhorse, Jr., who Nation, and he's the Executive Director of the . Navajo Division of Health where he oversees the tribal health divisions. He has about 1,000 people working there, serving a population of 210,000 and an annual budget of more than \$65 million. He has also worked for third party providers in various other jobs.

He has received his education at the University of Arizona, where he got his bachelor's degree in sociology and a master's degree in social work from Arizona State University.

Welcome to you, Mr. Roanhorse. And the clock will time your presentation, but please proceed. You get about 10 to 15 minutes

MR. ROANHORSE: Madam Chairperson, members of the Commission, thank you for allowing me to speak before you and give my presentation.

My name is Anslem Roanhorse. I'm the Executive Director for Navajo Nation Division of Health. And I'm honored to present on behalf of Navajo Nation.

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I would like to just give you some background information about the Navajo Nation. The Navajo Nation is the largest land-based American Indian tribe covering an area of 26,649 square miles, which is equal to the state of West Virginia. The Navajo boundary expanding into three states, covering the state of Arizona, New Mexico and Utah and it also covers 13 counties and three different federal regions, including region 6, region 8 and region 9. And then because the location of Navajo Nation, this presents several issues for us when we start dealing with federal funds and state funds.

And some of the information that I would like to share with you is that conditions on the Navajo Nation include 56 percent of the people live below the poverty level. The per capita income is \$7,269. The unemployment rate is 43 percent. And over 50 percent of the households rely on wood burning for heating fuel. Thirty-two percent of the homes lack complete plumbing. Sixty percent of the homes lack telephone service. Seventy-eight percent of the public roads are unpaved. And then 75 percent of the Navajo people speak the language at home.

So I think this is very important

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information that I would like to use this as the basis for my presentation. And then I should also add that the Navajo Nation has a rich culture and many continue to carry on the traditional lifestyle.

The Navajo Division of Health, we provide many different health care related services from infants, adolescents, children, and adults to the elderly and their families and all throughout the 110 chapters.

The Indian Health Service is the primary health care provider of the Navajo Nation. The Navajo Indian Health Service is responsible providing health care services to more than 200,000 In fiscal year 2003 the Navajo area patients. budget amounted to over \$500 million, the majority of which was appropriation totaling 391,000 from the Congress and the remaining \$143 million came from third party including Medicare, Medicaid and Children's Health Insurance and also private insurance.

The Navajos and the Native Americans that are served by the Navajo Nation Health Services have experienced disparities in Indian health care with funding and other resources for many decades. This condition is contrary to the federal

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government's trust responsibility to deliver and fund health care services to the American Indian and Alaska Natives based on treaties and subsequent legislations and the goal of eliminating the racial disparities in health care. Although the IHS is severely under funded, the Navajo Indian Health Services has made strides in improving the health care conditions in certain areas.

Some of the information I would just quickly highlight for you versus the general U.S. population. For all death for Navajo, it's 628.9, while the U.S. rate is 479.1. For diabetes death the rate on Navajo is 35.9, while the U.S. rate is at 13.5. The cervical cancer death for Navajo is 4.6, while the U.S. rate is at 2.5. The alcohol related death for Navajo is 49.8, while the U.S. rate is at 6.3. Suicide deaths for Navajo is 16.8, while the U.S. rate is 10.6.

So that's the information. I think it's also very key in understanding my presentation.

The Navajo area IHS is funded at around 55 percent at the projected total need. And this translates to the fact that only half of what the Navajo area IHS needs for health care services are funded. We think this is unacceptable and it

demonstrates a gross inequity of funding for the Navajo health care.

Overall, the federal funding for the Indian Health Service has not kept pace with factors such as medical and escalating inflation.

Two, the rising costs of health care.

The third one is increasing costs of pharmaceuticals.

Has not also kept pace with the offering of competitive salaries in the recruitment and retention of qualified health care professionals.

These data includes personal medical services and does not include critical areas such as community health and prevention oriented services, which are integral parts of the programs in the health care system. We wonder how can tribes and other partners in health care intervene effectively if the total fund it needs is not considered.

With the high rates of alcoholism, homicides, accidents primarily due to alcohol funding must be appropriated factors, comprehensively address the treatment aspects well the prevention components. To truly have excellent quality of care, additional funding is much needed on all fronts.

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Now I would like to just mention some of the -- highlight some of the areas where we see as concerns.

The first one, staff recruitment and retention issues. The Navajo health care delivery system is fortunate to have many dedicated doctors, nurses, and other staff who have worked on the reservation for 15 to 20 years, or even more. And these individuals are hard to find. So this means that recruitment and retention of additional health professionals is an area of great concern for the Navajo Nation.

Currently the Navajo area is experiencing a nursing shortage with a 25 percent vacancy rate.

Another area I would like to mention is behavioral health. Alcoholism is a tremendous problem on the Navajo people, both as a -- and contributed to other problems, such as accidents, mental diseases, problems of pregnancy, homicides, and cirrhosis of suicides the liver. Ιt is estimated that about 9 out of 10 or about 1434 Navajo individuals of all ages are affected by alcohol, substance abuse and other related health -that deal with health problems.

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Navajo Department of The Behavioral Health Services, we provide treatment services, counseling services to about 19,000 patients every Information and education on alcohol and year. provided abuse is to about 20,000 substance individuals and families every year, and another 14,000 individuals receive prevention, education and treatment, and after care services through contracts with other providers.

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regarding health care facilities. Currently the Navajo Department of Behavioral Health Service operates two adolescent residential treatment centers. One has 20 beds; the other one has 24 beds. We also provide — operate two adult residential treatment centers and we feel that this is not enough.

The Tribal Behavioral Health Services purchased modular buildings with unused prior year service funds. But what we've been told by the federal officials is that this is not permitted, the use of carryover funds for a conventional site, field construction. But we can use these funds to purchase modular buildings.

The primary issue we have with the

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modular units is that they tend to separate and the roofs leak, the walls crack, the doors and the windows jam due to poor foundation systems. And so these are just some of the problems that we feel are associated with the use of modular buildings.

Also, the Navajo Nation has accepted several buildings considered access to either the in-house services. These buildings are generally in acceptable conditions, but are very old. And this results in us having to put up some resources in order to make the necessary corrections.

Another area that I would like to also mention the sexually transmitted is disease, The Navajo Nation is now challenged with HIV/AIDS. a significant increase in syphilis transmission over the past 2 years. The greatest.need for the Navajo Nation right now is funding, getting some funding for dealing with the prevention program. And looking at the past data, this year there has been a high rate of syphilis outbreak that we have to deal with.

Also would like to mention the traditional healing. With respect to the sovereignty of the Navajo Nation, discussion of the Navajo health care issues must always include the use of

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traditional healers as well as conventional medicine. A 1998 study conducted on the Navajo Nation confirms the use of dependence on traditional healers as a continued common occurrence. A cross section of Navajo people were interviewed, about 300 patients, and then the results indicated that 69 percent had used traditional healers with 39 percent using traditional healers on a regular basis.

The use of traditional healers is significant to the Indian Health Service and other health care providers. We feel that we need to always incorporate the use of traditional healers in every segment of our health care delivery system.

Further, the Navajo Behavioral Health Services continued to see a steady increase of referrals over the last 5 years. This is partly due to the Navajo traditional treatment expansion project. Part of which was, initiated through a 5 year grant from the Center for Substance Abuse Treatment. This has helped the tribal behavioral health program establish positions for traditional practitioners at each of our treatment sites and to implement and significantly enhance the expansion of Navajo traditional treatment services.

Another area I would like to mention is

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the trauma system development. Recently the Navajo Nation has begun working on the development of a trauma system development. Presently, after initial care is provided by local hospitals, the majority of critical care patients are transferred to other reservation trauma centers, hospitals located throughout the states of Arizona, New Mexico and The purpose of the Navajo Nation's initiative Utah. is to establish and coordinate within the agencies the capability of identifying facilities on the Navajo Nation that would serve as a level 2 or level 3 trauma center.

Another area I would like to just is mention the veterans. There are approximately over 11,000 veterans that are mixed with the Navajo Nation. This means over 200 young people from the Navajo Nation are on active status. The Navajo Nation continues to advocate for quality health care for Navajo and all Native American veterans. The nearest veteran hospitals are located in Prescott, Arizona, Albuquerque and Phoenix metropolitan areas. The major problem is transportation to these off reservation hospitals. Due to great distances between the Navajo nation and these health care facilities, there is a definite

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Administration, state to make these entitlement services accessible to all the Native American veterans. In closing, I would like to say that I really appreciate you allowing me to present this statement before the U.S. Commission on Civil Rights. The Navajo Nation requests that all findings 8 and recommendations from this hearing be included in the report to the United States President and the 10 U.S. Congress. It is very important that 11 existing health care experience in this country be 12 resolved. 13 14 Thank you very much. 15 CHAIRPERSON BERRY: Thank you very much, Mr. Roanhorse. 16 Do you have any questions, Vice Chair? 17 18 You want to start? 19 VICE CHAIRMAN REYNOSO: Oh, my goodness. 20 Let me just ask one or two questions. 21 CHAIRPERSON BERRY: If you want, I can 22 ask a question. Are you ready, do you have a 23 question? 24 VICE CHAIRMAN REYNOSO: I asked the 25 questions last time,

need to form closer partnerships with the Veterans

CHAIRPERSON BERRY: Okay. Go ahead.

COMMISSIONER MEEKS: This is for Dr. Olson. You and Dr. Grim talked about focusing on preventative services or preventative programs. I don't know if that's the same thing. I guess that's your venue.

What will this look like at the community level? I mean, what will we start to see in the community that shows that there's more focus on prevention?

DR. OLSON: Well, one of the things that we're trying to do is to coordinate and to teach methods at the community level. Last fall we launched, Dr. Grim launched, a new prevention focus, which you know has always been in the Indian Health Service but there hadn't been a whole lot of attention paid to it, at least in a focused way.

We've developed a prevention task force, which is a group of experts from around Indian Country dealing with mainly community based prevention type efforts.

The other arena is the clinical or hospital based prevention efforts, which we haven't focused quite as much on yet, but will.

And then in addition, we have a tribal

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leaders policy advisory committee that was formed about the beginning of this summer to provide leadership to take the message of prevention to tribal leaders and to help us develop linkages and relationships with other organizations to look for outside resources that we can pour into this. Because, as we've talked about, the demand for acute care services is so large that it's very difficult to shift resources into prevention even though everybody realizes that that's an important area to So some of the activities that we're developing do. is that we're going to have regional forums where we will be inviting community based leaders Because there's a lot of folks out prevention. there already doing things, but they may be doing things in isolation. They may not know other ideas or issues that other folks are successfully dealing with. And bring folks together to try to build some momentum there. We're going to be developing prevention fellowships over a year period of time where folks will come in for a week or two at a time in an academic setting, and then go back and have a real live project that they're working on during this year fellowship. And then will come back and have experts help them formulate how they're going

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to market this, how they're going to implement it, how they're going to measure it and this sort of thing.

So most of our focus is, as I said, at the grassroots level. The other area is prevention in the clinic and in the hospitals. Because there are a lot of preventive measures that providers can do and already are doing, but what we want to do is get the massage out and have indicators, counting systems to emphasize that so that we can measure: are we doing a good job for colon cancer screening, are we doing a good job with breast cancer screening? So that we can measure these and then systematically improve.

Folks who deal with measurement systems frequently say "what gets measured, gets done." And that's what our approach will be at the clinical level.

What we hope is that what we see at the clinical level will improve as efforts in the community are ongoing. Because, hopefully, things will get better from a community based approach so that, for example people with cancer are identified earlier in their course.

One of the difficulties that we see in

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cancer here in Indian Country is that the people are diagnosed late in the disease. Part of that may be that folks come in late. And that was mentioned a couple of times this morning. Or providers aren't screening for certain types of preventable diseases early enough.

COMMISSIONER MEEKS: And the folks that you'll bring in for the fellowships, who are those folks?

They being community based DR. OLSON: folks. This is probably going to start this next spring. We're moving forward with getting these things developed. I'm just about to hire a health promotion disease prevention coordinator at headquarters because we've really not had that function embodied in an office as such. My office is clinical and preventive services, but we don't have a prevention specialist as such. We also don't have a patient safety specialist either. We want to move into patient safety issues as well.

COMMISSIONER MEEKS: So at this point it doesn't really look like the funding will go out to start new programs, necessarily, but to strengthen health care that's provided?

DR. OLSON: It's to try to foster

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thinking on prevention and getting the word out at the local level. There are health fairs and those sorts of things that are already are occurring at the community level. And to piggyback on existing to get more prevention efforts going. efforts Getting people into screening for cholesterol, for Diabetes is rampant. And what's been said diabetes. is about a third or a fourth of the people with diabetes don't know they have it. We now have very good clinical evidence that if you start treating diabetes early, you can at least prolong the time before people get complications, possibly prevent certain complications. So it's very important to identify early, just like with high blood pressure. It's important. And if people aren't being seen in the health care system or aren't being screened for those types of things, we see greater morbidity and mortality as a result of that.

COMMISSIONER MEEKS: Mr. Mowll, in your testimony you said that your observation of the Indian Health Service facilities are generally — generally have identified and are attempting to address within budgetary constraints the health needs of Native Americans served. Are you seeing — I mean, is there a pretty stark difference between

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the other hospitals that you accredit and the Indian Health Service as far as the budgetary issues? Are you seeing a lot of constraints? I mean, is it pretty noticeable?

MR. MOWLL: I would say they do very well with the budgets that they have been allotted and that, as I have grown to understand, that they have -- our standards really require you cannot perform the service as the facility itself, you must still meet the needs of the patients that are coming to your door. And as I understand it, they're providing that "through contractual relations with tertiary care facilities.

For instance, in the Phoenix area I believe it's with the University of Arizona so that they can quickly stabilize the patient, access the patient's needs and transfer that patient to the appropriate care setting.

So what I think is very impressive to me is that the system has recognized its weaknesses, if you will, and contracted for those services which they can't perform within the rural setting or the settings that they're providing care with those who do have the competency and abilities to provide those more intensive services.

161 I think that, you know, on for instance the preventive care, I'm impressed again in the Phoenix area, the area that I'm most familiar with, that their immunization rates I think far exceed the immunization rates that we're seeing in the rest of the country and the rest of the health care system. In the 80 to 90 percent range. So, there are some pretty impressive to take care of the patients' needs, efforts contrary I think to some of the anecdotal reports

that we've heard here this morning.

COMMISSIONER MEEKS: So are you focusing your focus on the health care facilities, not just the hospitals?

MR. MOWLL: That's correct.

COMMISSIONER MEEKS: So the clinics, And so, I mean, for instance when we're at too? Gallup Indian Health Service yesterday, the waiting room was jammed packed. And, I mean, how do you rate that sort of thing?

MR. MOWLL: It's an access issue. And as I mentioned before, we're really comprehensively looking at the patient flow problem. This is not a -- I guess an anomaly in the health care system. This is a critical stress on the entire nation's health

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care system. You can go into emergency rooms in the fanciest hospitals in Los Angeles, for instance. There are specialists working on this issue οf particularly overcrowding, in the urgent and emergency settings because the primary -it's either access, affordability, they can't get primary care. So they're ending up in those clinics. it's a black eye on the entire health care system.

We're trying to work on it in a new set of standards that require organizations; they can't solve the nation's problems on the shortage we heard, 25 percent shortage of nurses in the Navajo Health Care system. But that is a critical issue for all of us to deal with. So we're trying to address the root causes of the problem of getting enough health care workers into the system, and we're just supporting on Capitol Hill the Nurse Reinvestment Act and trying to get more funding into that act. As I understand it, the Senator Mikulski amendment will add \$50 more million to try to get more nurses into this health care system and the entire nation's health care system.

So we've got to deal with the real root causes of the problem. And then we've got to deal with what the organization can control. And they can

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163 control and manage at reducing those waiting lines and delays in treatment by making sure that they have throughput management. In other words, engineering science that the health care system has to learn better. How to manage patient flow. you have a backlog of patients in any one of your entry points, how are you going to resolve that moving forward in your health care system or getting them into a contracted health care system. And then we've got to deal collectively; we've got to deal with some of the root causes of the problem. COMMISSIONER MEEKS: Thank you. CHAIRPERSON BERRY: I have a number of questions.

First of all, Dr. Olson, could you tell me, and this addresses some of the points that were made by Mr. Roanhorse, first of all the issue he raised about buildings and the modular buildings and the other facilities. Did you hear that part of his testimony?

> DR. OLSON: Yes.

CHAIRPERSON BERRY: What part of the public health -- I mean the Indian Health Service has responsibility for being able to answer those questions about that?

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DR. OLSON: Well, we build hospitals and clinics. And as was stated earlier I think in Dr. Perez' opening statement the first thing this morning, is that the average age of our facilities is around 32 years. The oldest facility that we currently have is over 100 years old. It's being replaced right now, a new facility is being built.

So how we frequently deal with it is that we put modular buildings in, or bring in trailers because our population continues to grow, and the scope of services continues to grow. We construct hospitals and clinics as Congress appropriates money for us to do so.

We currently have a backlog. In 1991 we did a health facilities construction priority listing. And what we did was go out to all of the areas and rank all of the facility needs in the agency, and then took the top 10 or 15 percent, and put them on a list. We're still working on that list from 1991, and currently there's about a billion dollars of yet to be constructed hospitals, clinics or quarters or youth regional treatment centers from that 1991 list.

The average appropriation that we receive is probably about \$75 to \$85 million per

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year for construction of new facilities.

CHATRPERSON BERRY: So the answer is that they get the modulars because there's no money to do anything else. And if these are not problems that are easily solvable because you don't have the money to solve them? Is that basically it?

DR. OLSON: Right. Yes. I was the chief medical officer for the Phoenix area up until about a year and a half or so. And if folks go down to Phoenix, it probably is like Gallup. There must be 30 buildings on that campus. There's the main hospital building that was built about 30, 35 years ago and then modular buildings and trailers in order to accommodate the need.

The dental department is 3 trailers that are strung together. Surgery services or ambulatory surgery services are in a very nice modular building that's right adjacent to the hospital. There's primary care modular building for internal medicine and family practice just off the parking lot. And that's way we deal with it because our population and workload continues to grow and we need to meet the need.

Frequently the way we fund these now, though, at the local level is through Medicare and

Medicaid collections. And so a sizeable amount of our collections go towards expanding temporary type 2 space, temporary in the form of modular buildings. CHAIRPERSON BERRY: The point he raised 5 about HIV and syphilis and prevention, the need for prevention programs. Whose is responsibility is that? it's OLSON: Ιt 8 DR. seems our 9 responsibility. I mean, we've got HIV STD programs 10 available and do within the available resources that 11 we have what we can. CHÄIRPERSON if 12 BERRY: So he's complaining that he doesn't have enough resources 13 14 available and he needs educational programs on sex 15 education programs, then where is he supposed to complain or what's the mechanism for dealing with 16 17 that? 18 OLSON: Well, the money basically that we have is at the service unit level. It's at 19 the local level, that's what we call service units. 20 21 And that's where the treatment dollars are. There's 22 no cache of money sitting at IHS headquarters to 23 deal with HIV/AIDS or STDs. 24 CHAIRPERSON BERRY: And do you have a 25 initiative with CDC to deal with these joint

1	problems in the Indian populations?
2	DR. PEREZ: Yes. We work with CDC, we
3	work with HRSA, we work with a variety of the other
4	public health services agencies that have expertise
5	in those areas.
6	CHAIRPERSON BERRY: But there's no
7	allocation of funding to deal with AIDS or STD
8	prevention?
9	DR. OLSON: Well, in our budget the
10	money has been dispersed down to the service unit
11	levels. So it's already there at the service unit
12	level.
13	CHAIRPERSON BERRY: You mean Mr.
14	Roanhorse already has the money?
15	DR. OLSON: Well, he works in the tribe
16	now, so I don't know that the tribe has it.
17	CHAIRPERSON BERRY: You mean the clinics
18	and the hospitals?
19	DR. OLSON: Right. Right.
20	CHAIRPERSON BERRY: So the problem is
21	with the clinics and the hospitals if he's got a
22	problem?
23	DR. OLSON: Well, it's the same issue
24	that we've been talking about all day is where you
25	make your choices and where the stresses are, that's

where you put the money.

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CHAIRPERSON BERRY: Mr. Roanhorse, is that an acceptable answer to your question or could you shed some more light on -- I understand your problem is not with IHS headquarters, it's with the service unit, is that right?

MR. ROANHORSE: The problem that we run into is that we're getting lots of cases and what we Navajo have been doing, is that the Nation Nation Council government, the Navajo appropriated its own funds to fund some of these '3-" M-# things.

Just recently we have begun to work closer with Indian Health Service, and then have also brought in the county health department personnel along with the state departments, and also have been working closer with the CDC. So we're hoping that we can be able to pull some of these resources together.

And then we actually also note that we have just completed the memorandum of agreement with CDC. And then we hope to get 2 physicians that would be given to the Navajo Nation so that we can get some assistance in setting up some protocols and procedures, some policies in dealing with responding

to sexual transmitted disease with HIV to syphilis outbreak, and that sort of thing.

Another position we hope to get in order to get this position down to the service area, to the front lines, and then also provide some PA in terms of giving our staff and the techniques and then the expertise in how we should be able to address some of these problems.

What we are aware of is that the funds are lacking everywhere. And then I also pointed out that we see the need, but Indian Health Service, the appropriation is only less than what we should be getting. And I think we just — the big picture really is to try to get some real need, which is to get additional appropriation at the highest level.

So what results is that if you have X funds available to the Indian Health number of Service and they're doing their best to -- I guess it really comes down to rationing health care. that's something where you have to set priorities. Once you decide to fund certain services, then that leaves some other areas unprotected.

So in this case I think the Navajo
Nation Council has been generous enough to give us

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some additional funding so where we take responsibility for these services.

CHAIRPERSON BERRY: Let me ask you about traditional healing, Dr. Olson. Mr. Roanhorse made a point about, and some of the other witnesses have too, the use of traditional healing and where that fits in to addressing the disease problem.

IHS interface Does the with alternative medicine program in HHS, which is somewhere over there in HHS. There's a new -- well, it's reasonably new, the last few years, program in alternative medicine, which affirmed the viability of looking at an alternative medicine, which was a new departure for the federal health program some years ago, as I recall. And there's an office of alternative medicine.

DR. OLSON: I think that's at the NIH.

CHAIRPERSON BERRY: Which would have traditional healing under alternative medicine. And I talked to some people over about other issues. And I know that that's what they do.

How do the programs that the Indian Health Service is responsible for, the Indian programs, interface on the issue of traditional healing and remedies and approaches and so on with

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the alternative medicine? Are there opportunities for interface for affirmation or is there some engagement, or do you know?

DR. OLSON: Well, I don't know that I can specifically answer that. I am not aware that there is a whole lot of interaction between the IHS and the NIH center.

The NIH mainly funds research, and I think a lot of your emphasis is on looking at alternative medicine practices and is there validity from a scientific perspective or not.

CHAIRPERSON BERRY: Right. Right.

DR. OLSON: And so I think that's what the major issue is.

Traditional healing and Indian health system basically is a local issue. And so the interactions there are very local. Anslem could probably talk a lot more eloquently than I can about it.

Winslow, an IHS facility, was one of the first places in the Indian health a number of years ago that had a traditional healer on staff on the facility. And he may want to talk a little bit about the specifics of that and other interactions at the local level. But that's where it takes place.

CHAIRPERSON BERRY: My major concern is that through the Office of Alternative Medicine, as I understand it, there has been developed some positive affirmation of the use of certain practices which has resulted in not only recognition of them, but funding. And so my point is if in the -- I mean, I've heard about traditional healing practices before. Obviously, I'm not an expert about any of this stuff, but I have heard it. So I'm not asking people to give me testimony about traditional healing.

What' I'm saying is would it make sense for there to be some opportunity for discussion or interaction to see whether there's something positive that could come out of such discussions, either for funding or for other kinds of things? Because that office, I mean NIH has a lot of money. I know that. So I'm just leaving that as a suggestion that people might want to take up.

I know it's not your area of responsibility.

Another thing I wanted to ask you is I was quite impressed with the discussion about how you're trying to move toward electronic use of medical records and computerization and all that. And with the facility that we saw yesterday and the

173 jamming and all the rest of it. How long is this project going to take? Because in most major medical centers now they already have medical I mean in the private sector. records computerized. And people are able to transmit information about people's medical condition from one site to the other rather easily and do things like having consultations among physicians. And it seems to me that your health service would be particularly benefited by the ability to use all of this new technology in ways. Do you agree with that? DR. OLSON: Absolutely. Absolutely. going to take? What's your timetable?

CHAIRPERSON BERRY: So how long is it

DR. OLSON: Ι can't tell you We're going to start beta testing, which timetable. is the final testing before you launch new software. And that will be occurring starting either late winter or early spring or so, and probably go on for six months, nine months depending on what issues are discovered.

Part of the issue is that going to this, obviously, takes intensive training. The whole engineering of health care has to change because things are done very, very differently in that

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environment versus our current paper based environment. And so that'll take a lot of gearing up.

We're not completely without electronic health record information now. But it started out as a paper based and then is inputted by data entry folks. So we've got a huge amount of information on patient care right now. We get printouts when the patients comes with the patient problems, with medications they're and allergies. on That's already in our database. But what we don't have is where the providers enter data themselves and where there's automatic coding that can occur and where there are drop down menus or helps, and this sort of So we're part way there. thing.

One area that we are very interested in getting into is provider order entry. Because one of the safety issues in medicine is that there's translation. The physician writes down and it goes to a clerk who interprets the handwriting and fills out a form. And then it goes to x-ray or lab, or whatever, and with the provider putting it in electronically then it's automatically routed. There isn't any interpretation. There could be software that catches errors immediately, like in

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medications. That the dosage is way out of range, it doesn't compute and you get an error message immediately. Or there's a message that you're on different medications that two have bad interaction and you automatically get this.

In our system as I was describing with pharmacy, we catch an awful lot of those because we have pharmacist that have the complete record of the patients and spend the time to be really involved in the patient care, not just dishing out pills. catch a lot of that right now in our current system. But if it's done electronically, then you don't have a human element that might fail or miss something.

CHAIRPERSON BERRY: Right. Ι understand. I have another couple of points, then I'll get to you, Mr. Mowll.

If we know -- I know that physicians are taught in their training because a friend of mine who is a doc told me this. That when you're diagnosing patients, don't always immediately jump to the conclusion that he see zebras out the window, because zebras are not -- you don't see them very often.

> DR. OLSON: Right.

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CHAIRPERSON BERRY: So don't immediately come up with the simplest thing first before the most complex. But given that there've been studies, and Commissioner Meeks cites one, that shows that a high percentage of Native American Indians end up with advanced cancer stage, whatever the last stage is, when it's diagnosed. And if we know that, and if we accept that data, wouldn't it make sense for health care providers to immediately when they see something that might possibly be cancer, to jump to the conclusion that that ought to be ruled out rather than jumping to the simplest conclusion that that might be bursitis or it might be arthritis, or it might be stomach ache, or whatever. And to rule it out, given that they know. As in the Asian American community has a high incidence of certain kinds of cancer, or especially among women, providers in that area immediately always are on the alert to try to look out for that.

So that wouldn't it make sense for people to be looking for zebras if they know that their studies all show that the likelihood of these people ending up with stage -- well, the end stage cancer before we have to chance, if there's any inkling? That's one question. And the second one

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is added to that. Are there opportunities for the physician assistants, I guess are which PAs are — people who are out in the clinics and on the ground to consult easily with health care providers who are more expert as they interface with patients so that they can do a better job of diagnosing, either using electronic means or whatever they could use to do that on a easy basis that happens naturally to try to help them and reinforcing — I'm just adding those two together.

DR. OLSON: Well, your first question is difficult to answer. Obviously, zebras are not common and someone comes in with a cough it's usually bronchitis or something minor. It's usually not lung cancer, but it could be. And, obviously, that's a lot of the art of medicine. There is no one size fits all in medicine. That's what makes medicine so difficult.

There've been a lot of comparisons on the safety issues between medicine and airline industry. But the airline industry basically does one thing, whereas in medicine every patient is a unique product. Every single patient is a unique product if you look at it from an industrial standpoint, which makes it very difficult. If you

standardize everything, then you don't look for zebras.

And someone who comes in with a cough who is 55 years old and has been smoking for 40 years, obviously you think of lung cancer much more than a 20 year old whose never smoked and just came in. Because of their age and smoking and things like that. That's a lot of the art of medicine.

I was talking earlier about prevention.

There are a lot of prevention protocols out there now, and one way an electronic health record helps is to bring that information to the provider automatically. You've got this age person, male or female. Then there've these types of screening activities that need to occur. Electronically you can say it hasn't occurred in the last 12 months or 18 months or whatever is considered the normal screening time and they'll alert the provider to go ahead and screen.

That's different than when somebody coming in with symptoms, because many are somewhat in a different arena.

As far as the issue with physician assistants, it depends on the local medical staff. We have a lot of nurse practitioners, probably more

nurse practitioners than physician assistants. Most work on site with other providers, but we have small locations that are very isolated where we may have a nurse practitioner or a PA without an on-site provider. They've got someone who they relate to from a medical standpoint at the base facility. And, hopefully, those relationships are close so that folks can call.

I'll give you specific example. We have a program in Alaska called Community Health Aide Program, the CHAPs program. Community health aides are local folks from Alaska villages that are trained. The level of training is less than a PA, they work in very isolated locations in a village of 500, 300, 200, 100 people, 75 people. And the system we have in place there is that they have what they call radio traffic. And that's because in the past that communication needed to be by shortwave radio. Now, it's done by satellite phones, and hopefully in the future it will be done with telemedicine links.

But in those situations the CHAs can call the base facility and get guidance. And particularly in Alaska we're developing an extensive, or not we, the tribes up there are

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developing an extensive telemedicine network along the VA and the Air Force for the whole state and are getting telemedicine capabilities down to the village level.

In the instance of a PA at a health station 50 or 100 miles from the nearest other facility, that's the ideal and that's obviously the direction we're going in.

Mowll, finally, I've been sitting here trying to get my brain around your testimony. Because Commissioner Meeks or someone asked you about the -- well, maybe no one did -- yes you did. The rating system and how these Indian health facilities could be rated so high. And as I understand it, they're rated much higher than the average of all the other facilities.

Now, given everything we know about them being understaffed, about the lack of resources like ICUs that can't open because there's no staff, all the stuff that we've heard, are you comparing them with -- and then one of your answers was that you see the same problems in Baltimore. You named some cities. Philadelphia. You named some other cities. And so I was sitting here trying to think did you mean Johns Hopkins in Baltimore? Did you mean the

University of Pennsylvania Health Center in Philadelphia? Or did you mean that the Indian Health hospitals and clinics are compared to the worst public hospitals and the most under-funded ones in the big cities where some of them are having to close because they don't have any resources?

So is it that compared to them the Indian Health and is that what we're supposed to use, is that what your committee uses as a standard or is it the worst one somewhere in some third world country that has all these problems or what is it? Are you comparing it with Johns Hopkins or Huff or what are you comparing it with?

MR. MOWLL: Yes, absolutely, those hospitals are accredited by the Joint Commission. They are in the base of scores that I shared with the Commissioner earlier. And I think the point is comparability. While these problems that you've heard about the Indian Health Service in the Native American health care system here today and yesterday seem startling, they are really endemic of the entire nation's health care system.

We have a severe nurse, pharmacy, lab, laboratory tech or radiation tech shortage in American hospitals with vacancy rates of 5 to 20

percent. That has an implication in Johns Hopkins as well as it does in, you know, the Phoenix area hospitals.

So some of these, you know, we talked about the flow in the emergency rooms. We have emergency room over-crowding; it is an epidemic throughout the country in the best of the nation's hospitals and those that you wouldn't consider the best of America's hospitals.

So the ratings I share with you are with all hospitals and all the organizations that are accredited. They are problems that some are solvable within the system, some are not solvable within the system. We think that there are shared responsibilities. For instance, we talked about the overcrowding in the clinic that you observed I believe, they have a responsibility to control that, to understand and monitor how many patients are coming in and tracking the number of patients that are coming in at peak times and monitor peak flow. That is the organization's responsibility.

However, there are environmental problems that contribute to that that are broader responsibilities.

So I don't know if I am answering your

question exactly.

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Well, CHAIRPERSON BERRY: actually in the field of vou're not because it's like education, for example, everybody knows that there is a national teacher shortage in certain fields. This is a national problem. Everybody knows that there are 44 million people or so who don't have health insurance in the nation. That there are certain kinds of specialties, whether it be technicians radiology or whatever, specialties in medicine where there are shortages everywhere. Everybody knows this. This is true.

MR. MOWLL: Right.

CHAIRPERSON BERRY: But we also know that in the case of teachers that better financed school districts have more of the kind of teacher of which there is a shortage than school districts that are not better financed and that school districts that are located in geographically desirable areas have more of that kind of teacher.

MR. MOWLL: Sure.

CHAIRPERSON BERRY: And we also know that school districts that pay a lot more have more of those kinds of teachers. So it just boggles my mind that there is not some kind of analysis that

while it accounts for the overall picture, which is dire in some cases, would not also pay attention to the public hospital in the worst neighborhood in Baltimore, say. Just make that up. As compared to D.C. General as compared to Johns Hopkins or Washington Hospital Center. Or, you know, how all these things play out. And that the Indian programs would not be understood, in part, because of where they are, who the folks are and so on, to have more of these kinds of problems. And if they would come with numbers that are better than all of these other places, it just -- anyway, I just leave it at that. I find it mind boggling. I'll go to your website and read the

I'll go to your website and read the numbers there to see if I can figure it.

Yes, Commissioner Meeks?

COMMISSIONER MEEKS: I have just one follow up question that I forgot to ask. That patient hotline that you talked about, now what's the purpose of that? And if someone calls that, what do they get?

MR. MOWLL: The purpose of the hotline is to allow the public and employees within the health care system, anyone who has a concern about the quality and safety of an organization that the

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Joint Commission has accredited, to be able to speak to us directly in a confidential way, in an anonymous way to share their concerns about the facility.

We get over 5,000 complaints either in writing or phone calls a year. We manage that in a staff of about 8 people in our office of quality monitoring. And we facilitate those calls either, as I say, in writing or by phone.

It's to give the public a chance or those within the health care system that don't feel like they have a chance during our review of the organization to raise red flags, to say you know Joint Commission you were in there but you missed this. You know, you didn't see the overcrowded clinic while you were here, you know, they controlled their patient flow that day or those two days you were here.

So, you know, one of our restrictions is that we're not in the organization everyday. It's a real challenge for us to understand the day-to-day operations of each of the organizations we accredit. So this is a big help to us because it allows the public to contact us and so I offered that up as a potential remedy to the entire system and those who

are involved and concerned about the quality of care. Because they can communicate with us directly in a confidential way and bring quality issues to us. We will inspect those issues. We will investigate them, and often we go back on site to review whether the allegation of the complaint is valid.

COMMISSIONER MEEKS: It doesn't bring remedy to that particular person, though? It does?

MR. MOWLL: Yes. We get back to the

complainant, let them know what we did and the

action we took.

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CHAIRPERSON BERRY: Okay. Vice Chairman? VICE CHAIRMAN REYNOSO: Dr. Olson, just wanted to comment aspect of your on one testimony. You mentioned the way in which you use interpreters, which I think was very good. other hand, I'm a law professor and lawyer and And in the legal system we have retired judge. found that interpreters who are lay interpreters very often can do very well interpreting from the professional. layperson But to the then interpreting from the professional to the layperson becomes a more difficult task because it's not the common language the person uses.

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And so in the legal system we have found 2 that educational programs for them are very helpful. And I'm just suggesting that you might think about. I know you have difficulties because you dealing with 100 languages, not are California -- well, Ι quess we have languages in California. But we have found that it 8 is very helpful to have special training for those 9 interpretations. And you might consider that. 10 CHAIRPERSON BERRY: All right. 11 want to thank this panel. Thank you very much. It's 12 been very informative. Thank you for coming. 13 MR. BIRD: PANEL 14 FOUR: 15 DISPARITIES -STRUCTURE, DISTRIBUTION, AND ADEQUACY OF FUNDING 16 17 CHAIRPERSON BERRY: And I want to call 18 the next panel. 19 Meanwhile, if anyone wants to testify at 20 the open session, which is for anyone who has a 21 comment that they want to make, you should check in with the staff outside the room and tell them that 22 23 you want to make a comment so that your name can be 24 put on the list. 25 All right. This panel is on the causes

of disparities - structure, distribution and adequacy of funding. And they're going to explain the funding structure so that everyone can understand it, and the sources, and tell us about qualifying, the inadequacy. And look at the sources of funding.

And the panelists are Ed Fox, who is Executive Director of the Northwest Portland Area Indian Health Board, Portland, Oregon. He has 14 years of experience with health care issues.

He was educated and a Ph.D. at the University of Washington. He has written a lot of articles on the subject of federal health care policies. He's worked for the state of Washington Department of Health, and also worked as a community analyst at Fred Hutchinson Cancer Research Center in Seattle.

His main experience before he became Executive Director was he worked as a policy analyst with the Northwest Portland Area Indian Health Board.

The next panelist will be Duane Jeanotte, who is Acting Director of Headquarters Operations, Indian Health Service, Rockville, Maryland.

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Turtle

Mountain Chippewa. Where is Turtle Band of Mountain? MR. JEANOTTE: Close to Canada. 5 CHAIRPERSON BERRY: Oh. And native of Belcourt, North Dakota. And he was appointed as Acting Director of Headquarter Operations for the 8 Indian Health Service in November of 2001. 9 educated Mayville State He at was 10 College in Mayville, North Dakota in accounting and 11 education. And also at the University of Colorado, where he got a master's in science degree in health 12 13 administration. He began with IHS in 1974 and has long 14 15 experienced in headquarters and out in the country. 16 Has been at Box Elder, Montana, and Crow Agency and 17 so on. 18 In the position he's he in. is 19 responsible for administering management and support 20 operations of the IHS. And so he will 21 everything about these particular issues. 22 Ms. Dorothy Dupree, Senior Policy 23 Advisor, American Indian and Alaska Native Programs, 24 Centers for Medicare and Medicaid Services 25 Baltimore.

Mr.

Jeanotte is member of the

Ms. Dupree is an Assiniboine and Sioux Tribal member from Montana on the Fort Peck Reservation.

She has a bachelor of science in education from the University of North Dakota and a master's degree in business administration from the University of Arizona.

She began her work as Senior Policy
Analyst to the Health Care Financing Administration,
which name has changed to the Centers for Medicare
and Medicaid Services. It used to be HCFA and now
it's -- how do you say it now? What do you say?

MS. DUPREE: CMS.

CHAIRPERSON BERRY: CMS. In January of She is responsible for addressing all Native 1999. related to Medicare American health issues and Medicaid and State Child Health Insurance programs. She has extensive administrative background in Indian health. She began working at IHS in 1989 in the Albuquerque office of Tribal Activities. then she went on from there.

I am going to have to leave, and I'm going to turn this over to the Vice Chair. So I'm going to indulge myself by asking you a question even before you do your testimony, if that's all

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right with everybody. Is that all right, Vice Chair?

VICE CHAIRMAN REYNOSO: Sure.

CHAIRPERSON BERRY: Because I'm dying to have an answer this question all day long.

If Indians are supposed to have their health care taken care by the federal government because of the trust relationship that we've heard a lot about, and the treaty obligations, why would Indians have to file for Medicaid or Medicaid or Medicare or some private insurance and does the idea of an entitlement, which is the proposal before the Congress now, I guess, to make it an entitlement, the IHS programs an entitlement -Grim referred to that -- would proposal undermine the trust relationship and the trust obligations that the Indians talk about? Not that's it been kept or anything, but I think conceptually? I'm just trying to get my arms around the conceptual How does it make logical sense if Indians, the federal government has responsibility for them, to have them in the same programs where there is no trust relationship, number one? And to require that they do that, and to give the principle source of funding or one of the major sources of funding to

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THS comes from these providers and these programs that you're all going to explain in detail, which I won't ever understand? But how does that conceptually make any sense? And how does this whole idea fit in with the trust relationship, and how does the further idea of making IHS part of the entitlement and be treated like Medicaid, how does that fit in with the trust relationship?

Could somebody explain that to me before I go? Does anybody know the answer to that?

Yes, Mr. Fox knows. Good.

MR. FOX: I'm sure our elected leaders stand behind, probably, just dying to stand up and answer this question. And it's a pretty question is easy to answer, the question you raised. That is they do object to having their people means tested for a Medicaid program when health care is an entitlement to Indian people.

When I speak before our tribes in the Northwest encouraging them to seek out third party revenues, to seek out alternative resources, I have to talk about 5 minutes before I get to that. I have to say that I do understand that our number one objective at the Health Board is getting the Indian Health Service budget sufficiently funded to provide

all the health care of American Indian and Alaska Natives. Then I tell the story about, well there are these Medicaid services out there. We've worked hard with CMS to make them less onerous to sign up.

You know, people are getting used to it, they're not that mad at you. You might not get voted out of office when they do get mad and resent the fact that they have to sign up for means tested program.

And then sometimes we're lucky and the tribal leaders will say, okay, go ahead, encourage our people to sign up for Medicaid. Encourage our people to sign up for Medicaid and pay that 20 percent premium even though they have the right to health care services that they've already paid for with the exchange of lands.

So, the answer really is they highly object to it and they see it as an obligation of the responsibility of the federal government. Having said all that, in the Northwest we go forward and work hard to seek out those alternative resources and often travel to other parts of the country to tell people how we do it.

And I got ripped pretty hard here in New Mexico once standing up and talking about what we're

doing, and someone -- I didn't do enough of a preface to it. And someone said who are you to come down to New Mexico and tell us that we need to sign up for Medicaid. And I learned my lesson there, so I'm not going to say that today.

CHAIRPERSON BERRY: Is that basically it, or is there anything that you could add that would explain it further?

MR. JEANOTTE: I think he's spoken very well of the issue. It's a matter of not enough resources to improve the health status of the population.

CHAIRPERSON BERRY: Okay.

MS. DUPREE: I agree. I hear it all the time, given that I work at CMS, that tribes do fill out these having to apply and object to cumbersome applications when the federal government owes through treaty obligations health care I do believe that if Indian Native Americans. health service were an entitlement, it would smooth the path to a number of issues that we continue to address day, after day, after day, month after month after month, year after year after year that never seem to get resolved.

CHAIRPERSON BERRY: Okay. Well, thank

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testimony. Thank you, Vice Chair. VICE CHAIRMAN REYNOSO: Yes. Thank you. 4 I'll call the folk in the order that the Chair called them. Mr. Fox, why don't you go first. Good rafternoon. I'm Ed Fox, 8 MR. FOX: 9 the Executive Director of the Northwest Portland Area Indian Health Board. I'm pleased to be invited 10 to lend our voice to others here today. 11 I was invited to speak on the structure, 12 13 distribution and adequacy of funding for health care services to American Thdian and Alaska Natives. 14 order to do this, I'll describe that structure but 15 also give my views on some of the history behind the 16 provision of health care services to Indian peoples. 17 18 The points I will try to make today are Number one, there is a funding crisis in 19 several. 20 Indian health, yet our programs are doing a fine job 21 with inadequate resources. I'll briefly restate 22 what others have noted. 23 Indian Health Service budget 24 lost well over a billion dollars to inflation over 25 the past ten years.

you. And I will read with interest the rest of the

Number two, the funding crisis is caused by an on again, off again commitment by the federal government for Indian health.

Three, this vacillating commitment is explained, in part, by a deep seated ambivalence about Indian people and Indian tribes. Assimilation is the ugly goal of many reforms that like the groundhog on Groundhog Day, reoccurs on a regular basis. It's seldom spoken, but it's often behind many reforms.

Four, the United States Government needs to recognize its obligations to tribes and Indian people with sustained financing of health care services.

Five, tribes have responded to the funding crisis by providing own source revenue, the tribe's own money, that was intended for other purposes and by assessing third party revenue, most importantly Medicaid and Medicare.

Six, these attempts to backfill for inadequate funding of the Indian Health Service threatens to assist assimilation by forcing tribes and Indian people to access mainstream health care systems.

Seven, attempts by this Commission to

understand and perhaps act to improve Indian health may be quite different from past actions of the Commission due to the political status of tribes and the federal obligation to tribes for health care services. Analogies to your past successes may not be valid.

Eight, a final caution the tribes are always stating. Be wary of federal agencies who are here to help. Having said that, there are instances when they have.

I might skip through some of our advertising about the Health Board. The Northwest Portland Area Indian Health Board is a tribal organization. We represent all the tribes of the Northwest, 43 tribes in Washington, Oregon and Idaho.

Our tribes insist that we help tribes nationally whenever we can with our resources and policy analysis. We do an annual budget analysis of the President's budget. We participate in other national meetings.

We've also established a fund for legal lobbying for increases to the Indian Health Service budget and other health legislation. This year we have again provided leadership in meeting support

for the Indian Health Care Improvement Act reauthorization effort. We have provided staffing support and advocacy for the establishment of the new Tribal Technical Advisory Group within the Centers for Medicaid and Medicare Services. It is in that role today as contributor to national efforts to improving Indian health that we're here today.

I do want to state that I understand I'm a visitor here in the Albuquerque area and I am often in this wonderful part of Indian Country, and glad to be here. Our staff includes a member of the Jemez Pueblo, Francine Romero, one of the nation's two Indian geneticists, a Ph.D. from the University of Washington, and Sandra Bennell who is from the Sandia. They will both be here next month to visit with family and their communities.

The hospitality, of the tribes and pueblos of this area are renowned and often marked by a bag containing a loaf of bread for departing visitors lucky enough to be here for a feast day. And I've carried a few bags away.

I'm happy to be here and appreciate the opportunity to raise awareness of financing issues that contribute to the low health status of Indian

people.

I think you've heard our view that the federal government has signed treaties. Many of our tribes in the Northwest actually do have treaties. As a matter of fact, though, I would like to point out that some of our tribes that don't have treaties are proud of that fact, too. The Spokane Tribe told the U.S. Government "Kill us in place. We will not move." And that tribe still exists, much reduced, and Hangman's Creek is named after that event in Spokane, Washington.

So when we say there are treaty tribes and non-treaty tribes, be aware that we believe that the obligations of the federal government extend to all tribes.

President Lyndon Baines Johnson, the President that signed the Civil Rights Act, was not one of the champions of Indian sovereignty. His successor, Richard M. Nixon was. This state's two Senators, Pete Domenici and Jeff Bingaman are as well. I note the names to highlight something about Indian health. Tribes are not partisan in their champions in the White House or the Congress. The media have difficulty with this, and most recently in California have tried to pin a specific party

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affiliation to all tribes and all Indian people. History shows that it is understanding of Indian issues, not party that earns the allegiance and votes of Indian people.

Our Indian health programs are a success story. Death rates are down since 1955. We've improved greatly life expectancy; maternal death rates have declined over 65 percent since 1973. And in Washington State the life expectancy of an Indian person exceeds 70 years. So clearly there has been progress over the years.

A view since the 1950s will reveal however, a very uneven history of funding Indian health. There are some very good years and some very, very bad years. I think this ambivalence is explained by the larger philosophical ambivalence the United States and Americans generally have shown towards tribes and Indian people.

This month in Portland, Oregon an authentic handwritten copy of the Declaration of Independence was on display. I mentioned to some of our staff that in that document's list of crimes of King George was the fact that the King had aligned himself with the Indian savages. This is in our Declaration of Independence. Few knew that reference

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Most American Indians do know that the Constitution, written 13 years later, refers to the authority of Congress to regulate trade between the United States and the various Indian nations. It's mentioned in the Constitution.

The first image of Indians as savages is contained in a document that is a call to arms in revolt against the mother country. The second reference to Indian nations is in a document that is seeking to secure the future of a fragile and fledgling new nation, the United States, seeking allies among other nations, Indian included.

The first document was written by the sometimes radical, at least in his writing, third President Thomas Jefferson. The second, by the more practical minds of James Madison and John Adams. They, and other founding fathers including George Washington and Benjamin Franklin, had firsthand experience with Indian nations and had no doubt that they were a force to be reckoned with. A young George Washington surveyed lands that were sold by tribes to settlers. A youthful publisher published hundreds of Franklin contracts and treaties between British America and the Indian

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nations. There was no doubt in 1789 that there were Indian nations.

The Constitution was actually written in 1787 but ratified in 1789.

Nor was there any doubt that these tribes' territories stretched across the continent in 1805, as the reports from Jefferson's Lewis and Clark expedition of discovery came back to Washington, D.C.

It turns out that nearly all of these men eventually came to believe that tribes could not have a future in the United States. They believed Indians, as savages, could and should be assimilated. Some may have felt it was sad reality, but a reality nonetheless. I believe assimilation is the predominant motivating force behind most of the United States Indian policy. This goal of assimilation of distinct ethnic groups, inhabiting their traditional territory has gained another name since World War II. It is called genocide.

The goal of assimilation is diametrically opposed to the goal of Indian tribes to preserve and foster their own cultures. For Indian people the concept of tribes as sovereign

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nations is about their survival as a people. Survival is the number one priority of tribes, and health care is a secondary goal that clearly contributes to that preeminent goal.

I think it is important for this Commission to consider the unit -- sorry the analysis -- I am a Ph.D. in political science -- of your research into health disparities. I say that, I wish I weren't.

But are you studying the rights of individuals? And my assumption is that you are. Or are you studying rights of Indian tribes? I expect you will often be reasoning by analogy to other work you have done. The advances and the life changes of African-Americans or women are two of your great successes, in my view. But I caution you to be aware when your analogical reasoning is inadequate to the challenge of understanding why Indian people suffer from poor health status.

I do know something about the history of civil rights, the work of great advocates like Morris Dees of the Southern Poverty Law Center, who takes the case of an individual to advance the cause of an entire race is a proven success. It is possible to help a people, a race, an ethnic group

I am weary, however, of how this is possible for Indian tribes and Indian people whose survival is absolutely tied to the survival of Indian tribes. It may be sad to say but it is true that there is no useful analogy today between African-Americans and their traditional African cultures and communities and the American Indian and their tribes. In this respect, tribes are perhaps more fortunate. There is hope, and I believe optimism, that the great Navajo Nation, for example, will survive. And, hopefully, the nearly annual extinction of yet another Indian language will cease.

For tribes health care, much like public safety, is an essential government function. Again, this concept is not directly related to the rights of individuals, but to the community in which they live. Tribes have the right to exercise their police powers relating to health, public safety and education. Again, I'm not sure how this Commission will integrate this reality into your traditional way of examining cases of discrimination.

I see a red light.

I am advising that you take the view that you are embarking on a fairly new subset of

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your work and one that will often be new territory that may take longer to understand, for example, than exploring the civil rights of recent immigrants of people who belong to ethnic groups that do not 4 5 have a political status as governments as tribes do. I'm usually pretty good at timing. Okay. Let me just take a quick look at what I would like to say before I wrap up. 8 VICE CHAIRMAN REYNOSO: Why don't you 9 10 just summarize the rest that you have. MR. FOX: 11 Okay. VICE CHAIRMAN REYNOSO: And we'll have 12 13 questions where you'll be able to expand on it. MR. FOX: Okay. 14 15 VICE CHAIRMAN REYNOSO: Incidentally, I noticed the red light came on when you still had a 16 few seconds to go. So, apparently, this light is 17 done a little bit differently than a traffic light. 18 19 Okav. Well, I'll do the MR. FOX: 20 California red light here. No, I'll finish up here in a minute. 21 22 I do believe that there are some dangers 23 ahead for Indian health. I'm weary of reforms. Ι 24 just mentioned that, you know, allotments, 25 relocation, boarding schools were all considered

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reforms. So recommendations your should cautionary and be cautious of what you recommend. have some description here Indian finance and health. Most of our funds come from the Indian Health Service. Second to that would be Medicaid and Medicare. Third would be own source revenues of tribes. Increasingly, though, we are trying to spend money on health care prevention activities that recently received have increases in funding with the hope that it will reduce long-term costs to our programs. So the money for prevention will be well spent. I do think it's

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And finally, I'd just restate my two main points. Tribes are always glad to have an honest appraisal of their health programs. Secondly, if the Commission is mindful of the central role of tribes, their work can result in recommendations that will help, not hurt the survival of Indian people.

significant that the United States now recognizes

Thank you.

VICE CHAIRMAN REYNOSO: Thank you very much.

Mr. Jeanotte?

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MR. JEANOTTE: Thank you. Good afternoon.

VICE CHAIRMAN REYNOSO: Good afternoon.

MR. JEANOTTE: name is Duane My I'm the Acting Director Jeanotte, and Headquarters Operations. And I'd like to speak to you this afternoon about the structure and funding of the Indian health care program. And I'd like to abridge my statement a little bit so I can spend a little time maybe going over and walking you all through a few charts that will graphically display some of this information.

VICE CHAIRMAN REYNOSO: Good.

MR. JEANOTTE: So if I can, I'll quickly go through my written statement and try to preserve a little time to show you these graphics.

The Indian health care system available Indian and Alaska to American Natives is а combination of federal and non-federal health Actively depicting the adequacy services resources. of these resources is made difficult as a result of data shortcomings. Almost no data is available on the population that does not access the IHS Tribal Health Care System and there have been no studies to isolate the total public expenditures

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Substantial amounts of financial and health status data are available for the portion of the population served by IHS and tribal programs, while very little information is available on the estimated 40 to 60 percent of the American Indian population that is not served by IHS or tribal programs.

The availability of insurance in the total Indian health population is not known, but anecdotal information suggests that it's less than other groups.

The health care system for American Indian and Alaska Natives is funded primarily through appropriations. However, substantial amounts of third party resources are available to supplement the annual federal appropriation.

community level health Αt the the services provided by IHS and tribes are made up of appropriated and non-appropriated resources, the amount of which varies by location. The current IHS appropriation of approximately of \$3 billion is \$500 million supplemented by over in revenue collected from Medicare, Medicaid, anď insurance.

The distribution of IHS and other health resources is a function of historic funding patterns, formulas, special funding direction from Congress, and unique community circumstances which bear on the eligibility and availability of private insurance and Medicaid services.

Efforts to balance the funding in IHS ongoing activity with congressional are an in recent years targeting annual appropriations increases at local operating units with the lowest level of funding. The IHS federal disparity index benchmarked resource availability to study the Federal Employees Health Benefit Plan and to other federal health programs, and is used by the agency and the Congress as a guide in closing the funding gap between programs.

The IHS was first authorized to bill Medicare and Medicaid and private insurance through the Indian Health Care Improvement Act of 1976. The legislation mandated the use of these funds for improving the quality of care and directed the revenue be used to seek and maintain accreditation.

During the initial years limited investment in the IHS third party billing system resulted in low charge rates and incomplete and

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episodic actual billing. In recent years the agency devoted substantial attention to has increasing improving billing processes rates and and procedures. This effort has resulted in early '90s revenue going from approximately \$100 million to now nearly \$460 million in '03. Unreported in this collected increase is the revenue bv programs.

The third party revenue available in IHS and tribal programs results from the rate setting services rendered to Medicare process for Medicaid beneficiaries by the system. Since the inception of the program in 1976 the negotiated outpatient encounter and inpatient day rates with the CMS, Centers for Medicare and Medicaid Services. The process for changing rates involves the IHS completion ofhospital reports, which are summarized, and averaged to reach a new annual rate agreement that is published in the Federal Register. After significant catch increases in the late 1990s, the recent experience with the rates has been a more gradual increase nationwide.

IHS and tribal programs collect Medicare and Medicaid under a simplified all-inclusive rate

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system. This system has allowed the program to receive Medicare and Medicaid reimbursement without making substantial investments in health insurance billing infrastructure. As a result, the cost information systems in IHS facilities are not as sophisticated as those seen in private sector facilities.

In the IHS and tribal user population approximately 60 percent has some type of third party coverage. The 40 percent of the population that has no coverage is entirely dependent on the IHS and tribal health care system for care.

In FY 2003 IHS provided \$31 million to urban programs around the country, some 41 different cities, to supplement local health services for a portion of the native population that do not reside near tribal or IHS systems. These programs have become increasingly important as points of access to the highIy mobile, care for the young and increasingly elder population in Indian Country.

As the age of the population of American Indian and Alaska Natives increases, it is likely the general U.S. rural population tendency to move to urban communities will be replicated in Indian communities. And it is certainly a policy

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consideration for the future.

A number of programs both federally and tribally operated have witnessed substantial revenue increases as a result of out-stationing Medicaid eligibility technicians in tribal communities. Clearly, this activity should be promoted in every state and community.

conducted preliminary The IHS has purchasing utility studies of the of insurance for Medicare eligible beneficiaries with indications of a positive cost benefit in many A number of tribes have increased communities. tribal member access by using IHS resources supplement employer-sponsored health insurance. evaluated for this experience needs to be applicability in other communities.

The CMS study that is currently ongoing is a qualitative study of the barriers to access to Medicaid services in a number of states. This study will isolate many reasons why individuals do not access state administered Medicaid programs and could be the basis for a larger study that would quantify the number of Indians potentially eligible for the program in particular states.

The increasing Indian population and the

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demand associated with it, coupled with inflation poses an important challenge to IHS and tribal program officials as they address other knotty problems of health, manpower and chronic diseases. The estimated 42 to 44 million uninsured in the United States include an unknown number of American Indian and Alaska Natives. Increasing health coverage to this population is an important policy consideration.

And with that, I'd like to now go through a few charts that I brought along to further explain this issue.

This first chart is, obviously, a map of the United States. But what our programmer did was develop a way of mapping our population where we have programs and provide services so that you see in the Arizona/New Mexico area a lot of green, basically coinciding with the large user population that we have in this area of the country.

And, again, if you look in the South Dakota area, you see the Sioux country and a large number of green spots there. Alaska has a large spot as you can see. But then if you look at the scattered nature of it, you see something in Florida and Maine, and all over California, and so on.

It provides you a graphic of where, if you were an Indian person living not near one of these spots, where you might be able to go or need to go if you need health care.

For example, there are a large number of Indian people in Denver. And they have to go home to South Dakota or to Wyoming, or down here to the Southwest to receive care because there's nothing there. Salt Lake City is very similar.

The BIA relocation programs of the '50s and '60s moved a large number of people to Chicago and Seattle, to LA and San Francisco and so on. And so you see very small activities that we have in those areas. In some communities we have much better services. The issue is, in my mind, is access for the population that is not near an IHS facility.

This chart with three different tables on it, basically is addressing two issues. One is the federal disparity index issue that I talked to earlier and has been spoken to already today. It shows the per capita expenditures that IHS incurs versus a Federal Employee's Health Benefit Plan, the VA benefits, and other groups who have health care coverage.

The other graph basically addresses the

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access issue and the population that has no health In the Civil Rights Commission report care access. it shows a variation in population. IHS uses a million of 2.6 as a potential number population, and the Census uses 4.1 million as the Indian population. IHS estimates it provides services to about 1.4 of the 2.6 million eligible Indian people.

The bottom graph compares U.S. all races, poor people and American Indian and Alaska Natives relative to health insurance coverage. As you can see in the first graph on the left there's about 7 percent of the American Indian and Alaska Natives that have Medicare. As life expectancies grow, the 7 percent will increase.

The Medicaid number shows poor people in this country, in fact, access Medicaid at a higher rate than American Indian and Alaska Natives, supporting what I said earlier in terms the need for eligibility technicians in reservation communities.

The private insurance shows that approximately 70 percent of the people in this country have private insurance, while only approximately 22 percent of the Indian population has private insurance coverage.

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1	The final column demonstrates that 42
2	percent of the Indian Health Service population has
3	no health insurance or no coverage other than the
4	Indian Health Service resources. This also means
5	they are entirely dependent on Contract Health
6	Service funds for services beyond what IHS can
7	provide. The amount of Contract Health Services
8	that IHS receives is less than \$500 million a year
9	and results in rationing of services, resulting in
10	Indian patients not receiving what other people in
11	this country take for granted in health care
12	services.
13	With that, thank you.
14	VICE CHAIRMAN REYNOSO: Yes. Thank you
15	very much.
16	Ms. Dupree?
17	MS. DUPREE: Well, thank you for
18	inviting me here today.
19	I wanted to begin the discussion of
20	structure to talk briefly about the Indian Health
21	Care Improvement Act, Medicare and Medicaid and
22	CHIP.
23	The Indian Health Care Improvement Act,
24	when passed in 1976, extended Medicare and Medicaid
25	nayment to facilities of the Indian Health Service.

And the purpose of doing this was to increase access to entitlement programs for those beneficiaries entitled to them who received their services through the Indian Health Service facilities.

This is the only relationship in which CMS, HCFA at that time, but CMS today makes payments to another federal agency. >

IHS is also considered the payer of last resort. In other words, Medicare and Medicaid pay before IHS. For all other provider relationships, Medicare and Medicaid are considered themselves the payer of last resort.

As the Indian Health Service improved its billing capability over time, it's reported that 30 to 60 percent of their base operating budget is income from Medicare and Medicaid and CHIP. And so we realized the significance of these programs to the sustainability of their programs, both IHS and tribes.

Medicare payment to IHS was originally limited to only Part A inpatient services and services provided through hospital based clinics. The Benefits Improvement Protection Act Section 432, otherwise known as BIPA 432, extended Part B payment

but only the professional component to the Indian Health Service effective July 1, 2001.

Payments for Medicare are made through fiscal intermediaries for Part A and through regional carriers for Part B. And in discussions when we implemented BIPA 432, the Medicare Part B for Indian Health Service, in discussions with the Indian Health Service we had agreed that we would keep both the fiscal intermediary relationship or contract with the same -- excuse me -- The Part B contract with the fiscal intermediary contract, who was Trailblazers.

We decided it was reasonable in that the program is unique and how we treat the Indian Health Service is so unique, we felt that the Trailblazers had an understanding of the issues that Indian Health Service and tribes were dealing with so that they could best implement the Part B benefit.

Under Medicaid, I've included in the handouts this foldout that describes Medicaid at a glance. It's called "Medicaid At A Glance, 2002." And under Medicaid this handout will describe that it's a federal/state partnership. And in this federal/state partnership, IHS programs and tribal programs have to seek reimbursement from their

respective state Medicaid programs.

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CMS reimburses states at 100 percent of FMAP. If you'll look on this section of the foldout, the far left hand column shows what their usual FMAP is for states. And it ranges anywhere from 50 percent to 75 percent in 2003. For the Indian Health Service CMS will pay states 100 percent FMAP for payments made for services provided through facilities of the Indian Health Service.

States, however, are not allowed to treat Indian beneficiaries any differently than they would any other beneficiary, even though they receive 100 percent FMAP from the federal government.

The other point I wanted to make, when Indians access services at non-IHS and tribal facilities, they are not identified as Native American. Only if they volunteer, however, because they're required submit supporting not to documentation, it's not validated that they are in fact Native American coming through the doors when they receive services. So there is an impact in that regard on data.

The 100 percent FMAP from Medicaid is part of the federal trust responsibility.

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Legislative history reflects that Congress intended 100 percent FMAP to reimburse states for Medicaid payments made to facilities of the Indian Health Service in order to not burden states with costs traditionally born by the federal government as part of their federal trust responsibility.

One hundred percent FMAP is paid to states for payments made through IHS facilities. Additionally, 100 percent FMAP is not available to states for tribal programs operating outside self-determination authorities. This may create barriers to tribes wanting to establish much needed services like long term care, particularly during times of economic downturn when states are reducing their services. In other words, states are not getting the reimbursement. So, if there is a need that they have to come up with their share of FMAP at a higher level, then there is hesitancy in many of the states to do so.

In 1976, CMS entered into a memorandum the Indian Health Service agreement with facilities extending the 100 percent FMAP to operated by tribes under the authorities of selfdetermination. The MOU, which you have also a copy of as one of your handouts, was established to

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provide roles and responsibilities and guidance in the implementation of this change in payment policy.

Program was authorized in 1976. Legislation requires CMS, well HCFA at that time, to remove barriers to Indian children in order to access CHIP services. And one of the barriers that was identified immediately was that of cost sharing. So when the regulations were developed in '99, we waived cost sharing for Indian children in order to participate in CHIP.

Adequacy. I wanted to talk next about the adequacy of collections. First of all, beginning over back again with Medicare and Medicaid and then I want to talk briefly about the payment methodology.

Medicare, as referenced earlier, CMS agreed to keep the Medicare FI and regional carrier responsibilities with one contractor, Trailblazer, due to their working knowledge of the Indian Health Service and tribal programs. Some of the problems cited by Trailblazers that hinder the collection efforts of the IHS and tribes are as follows:

They have a high turnover rate in billing staff;

They have a high submission of incomplete claims or improper billing coding;

They have difficulty in obtaining the right mix of staff at training workshops that are provided by Trailblazers;

There is little follow up on pended claims; and

Providers enroll in Medicare but do not submit claims.

There are also problematic barriers that need to be identified as well. I spoke to briefly earlier, and that is related to the fact that Part B only provides reimbursement for the professional component. Services provided by a nurse practitioners, clinical physician, nurse forth, they do allow specialists and so reimbursement for clinical lab services, pap tests, pelvic exams, those preventive health services that normally other providers would seek reimbursement for.

And another barrier is the dual eligible population, those who are eligible for both Medicare and Medicaid. The Medicaid payment was legislated to be implemented at the fee for service. However, the Medicaid payment is an all-inclusive rate and is

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a higher rate of payment than is the fee for service payment. So if you have a dual eligible, more than likely they will not bill—Medicare for the services provided to that beneficiary. They will, instead, bill Medicaid at the higher rate, which makes perfect sense when you're trying to get the income.

Another handout that I provided to you is this summary here of the options that are put together for what tribes have available to them when electing to participate in the Medicare program. found early that it was difficult to understand how you bill and what your options are under BIPA 432 versus that of a regular physician clinic versus that of a rural health clinic versus that of a federally qualified health center. And now what needs to be added to this is that of a critical hospital. So we're trying to put access educational materials together so that understand their choices.

IHS doesn't have the same breadth of choices that tribes do under 638. They still have the restrictions as a federal provider.

Next I want to talk briefly about payment methodology.

The current methodology that we pay is

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the all-inclusive rate. This is generated based on Medicare, hospital cost reports that are called Method E Hospital Cost Reports. It's a truncated cost report. IHS puts together these on behalf of CMS and submits them to CMS. Adjustments for Medicaid services are provided within the Method E Cost Reports so we're able to identify an average rate for both Medicare and Medicaid through this Hospital Cost Report rate setting process.

The rate is actually negotiated between CMS and IHS, however, it is approved by OMB.

They are averaged rates. And, as you know, with averaged rates you have winners and you have losers. For those facilities with higher levels of care, surgery, deliveries, etcetera, they continue to have to bill the same as any other provider or any other service at an inpatient rate — for the lower 48, because we separate — we do establish a separate for Alaska. But in the lower 48, for example, for inpatient regardless of the service, it's \$1,526 that would be paid for that one-day visit. And then outpatients, it's \$206.

Also another problem that relates to data regarding the all-inclusive rate. In order to receive payment of the all-inclusive rate, the only

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thing that needs to be provided is the name, date of service and then we take for granted that because the patient is being seen by IHS or the tribal facility, that that individual is Native American. So very little data is gathered by CMS through the payment of the all-inclusive rate. Consequently, when you come to the CMS database we have no data on the American Indian population.

have two summaries. You heard Mr. Jeanotte mention this study that is going on right now the eligibility and enrollment. on preliminary findings, we have identified what we've been hearing all along of what some of the barriers to enrollment are. On your handout they are divided the barriers by individuals, into seen as tribal barriers identified by the leaders, as barriers as identified by IHS and urbans, barriers identified by Medicaid and CHIP, and those barriers identified by the programs.

The prominent barrier is that of federal trust responsibility because of the expressed belief that the federal government is to provide health care to Indians and that American Indian and Alaska Natives have no need to apply or enroll in other public programs. Tribal leaders are concerned that

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if they encourage enrollment, that it will diminish the federal trust responsibility to provide health care to the tribal members. However, at Section 404 of the Indian Health Care Improvement Act it does for tribal contracts authorize grants or organizations to establish programs to assist with Medicare enrollment, pay premiums and to apply for Medicaid. However, it was never funded. you'll see, quite a few of the barriers that are cited on this first one relate to the lack of knowledge and awareness of the programs offered by Medicare and Medicaid and CHIP.

The next page gives a different layout of the identified barriers. They identify it by tribal, state and urban. I'm not going to read what those are, as you have them in front of you on the chart.

CMS is involved in collaboration with IHS. We have a joint steering committee. You have the charter as a handout to the joint steering committee. It was formed in 1999 and it was for the purpose of addressing issues that were in common to both Medicare and Medicaid and the Indian Health Service programs.

We also have a number of interagency

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agreements. Currently there are five that are in existence involving the Indian Health Service. One deals with the issue of outreach and education. It's in the process for 3 years. It's a combined effort of CMS, IHS and SSA.

We also have a 2-year, we're in our second year, of Cost Report Assistance to the Indian Health Service. And I won't read what that is, because I do have the handout that describes each of what we do under the Cost Report Assistance effort.

We also have a satellite, training network that extends to 57 sites within the Indian Health Service and some tribes. And the purpose of this one is to extend educational programs out to the very rural areas.

We also have one to eliminate barriers on data. We're working with the Indian Health Service, this is the second year, to begin matching the Indian Health Service data with state data so that we can begin to see fuller Indian data coming from state programs.

And then under the in-house working relationship interagency agreement we've asked IHS to do a comparison, and it's in the Billings Area Office where this is being conducted, where they are

aligning what services are being provided, what Medicaid services are being provided by the facilities and comparing that to what services in Medicaid are being offered by the state and looking for what gaps exist. The purpose is to look for opportunities to enhance their services into those areas and create additional income streams.

In tribal consultation, there are two I've provided. is handouts that One the Presidential Executive Order. With that I wanted to mention that the Presidential Executive Order parallels that on the Presidential Executive Order on federalism, that federalism describes the federal government's relationship and responsiveness states.

The Presidential Executive Order in consultation with tribes parallels that. We have the same authorities to be treated the same way — treating tribes the same way in which we treat states. However, under Medicaid it's very difficult because of the Medicaid state federal partnership in the administration of that program.

Additionally, I wanted to comment that we're well aware of the fact that most tribal leaders feel strongly that they should not have to

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work through states to access Medicaid services.

You may have heard earlier, Mr. Fox mention that we have a tribal technical advisory group established. That was most recently established last month on the 26th. It was approved and we're in the process now of representatives being identified and we're funding 3 meetings per year.

We're in the midst of Medicare reform, as you know. Tribes are trying to be involved in that. It's moving quite fast. It's very closed. Medicaid reform is something that's still on the horizon, but it's not a dead issue. It is still being talked about. And we continue to encourage tribes to proceed.

In summary, I want to mention that the top four items that I think are most important to us and our concerns, is that of the federal trust responsibility and the confusion that exists between who's responsible in providing that care; government to government -- federal government to government tribal relationship, inadequate or adequate payment, the adequacy of the payment -- not knowing whether or not when you have losers and when you have winners -- whether or not they actually are

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winning and losing if you don't have the data, which is the last item, to really back it up.

Thank you for this opportunity.

VICE CHAIRMAN REYNOSO: Thank you very much. We appreciate that comprehensive outline of the not uncomplicated systems of reimbursement and so on.

Elsie, would you like to start?

COMMISSIONER MEEKS: Yes. I have questions.

First of all, I want to respond to Mr. Fox's caution to us. And I think we're all pretty aware that treaty rights are not the same as civil rights. And we try to tread carefully around that issue. And I think it's our intent to -- I mean, since there is no U.S. Commission on Treaty Rights and there is a U.S. Commission on Civil Rights, we just want to provide a voice, another voice I guess, to strengthen the voices that are already out there in Indian Country. And since I am from Pine Ridge, you know, these issues are near and dear to my heart and things we deal with everyday.

Dorothy, South Dakota just sued the federal government on Medicare and Medicaid payments. Do you know about that suit?

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MS. DUPREE: I'm not allowed to speak.

COMMISSIONER MEEKS: Really?

MS. DUPREE: Actually, it has to do with contract care. The law as it was written referenced that 100 percent FMAP would be available for services provided through a facility of the Indian Health Service. There's been a narrow definition over time that has been used at the Centers for Medicare and Medicaid Services that would really mean within the four walls of an Indian Health Service facility. And states —

VICE CHAIRMAN REYNOSO: Sort of like the early Constitution counting slaves as part human beings, right?

MS. DUPREE: Right. What the states have been claiming for services that are referred services from the Indian Health Service or Tribal 638 provider to a contracted provider in the private sector and using that, they would like to see a more liberal definition of what "through" means.

We've denied several states the 100 percent FMAP for those services. South Dakota and North Dakota appealed to the department appeals board. And the department appeals board upheld the CMS denial of payment. And the next step then was to

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go to court, which they did, on October 30th and late September they both, two separate Judges found in favor of the states.

We have yet to decide what our position is as whether we're going to appeal or not.

COMMISSIONER MEEKS: One other question. On South Dakota Indian reservations, at least, and I'm sure this is true for others, there's a great And at least in South need for nursing homes. Dakota, in order for a nursing home to qualify for Medicaid payments, it must be certified by the And except for one pilot project in South state. Dakota, South Dakota refuses to certify any more nursing homes because there is space available in the homes off reservation. And, you know, the problem with that is that people would rather stay at home than go to some other town.

Why does the federal government require certification for nursing home state patients or payments?

it's MS. DUPREE: Because federal/state partnership. And it's up to the state determine how they operate and what to requirements are within the state in any service, including that of long term care.

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The problem that exists with states like South Dakota and the issue of long term care, we've looked closely at the issue with regard to the nursing home desires in Pine Ridge; I think the last time we looked there were 40 patients that were 5 residing elsewhere other than the reservation and far away from home; Looking at 40 patients coming 8 back to a nursing home or an assisted living type of 9 arrangement would require that the state, because 10 IHS doesn't operate long term care services, tribes 11 cannot take them over under the authorities of 638; 12 So if it's not IHS and it's not a tribal 638 13 program, the state will not receive 100 percent FMAP 14 and they do have to come up with an FMAP share. So 15 that does get into a funding issue for the state. 16 COMMISSIONER MEEKS: And so is there 17 discussion of how to get around that? 18 MS. DUPREE: It is in the Indian Health 19 Care Improvement Act. 20 MR. FOX: The authority of nursing 21 homes? 22 MS. DUPREE: Pardon? 23 MR. FOX: The authority to have nursing 24 homes is in the proposed Indian Health 25 Improvement Act. So we would have that authority

and then tribes could contract that program, the state would be eligible for 100 FMAP, they'd probably certify the nursing homes. MS. DUPREE: Yes. IHS already has authority under 1880 to receive payment for skilled It's a resource issue in that nursing facilities. they haven't opened any skilled up facilities. It still comes down to a payment issue,

though, with regard to what the payment would be. If a tribe could connect it to a 638 effort, perhaps under something like the redesign authority of 638, they could take some funding and attach it to a facility, a nursing home or whatever, and call it a 638 which would qualify for 100 percent FMAP.

COMMISSIONER MEEKS: You issue of IHS becoming an entitlement program. What are the arguments out there? I talked to Dr. Grim briefly after the session and he said that there were some political issues with that, which I'm just not familiar enough with it to know what those are, I quess.

Ι think one of MR. JEANOTTE: political issues would be the actual funding stream. At this point in time, as you know, entitlements

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flow through a trust fund. There is controversy as to what is charged to the trust funds. is that other issue if it's One entitlement, what does it cost? As you may have 5 this week's papers, Part B Medicare in read coinsurance is rising to \$66 per month this year. COMMISSIONER MEEKS: What's the IHS budget overall? 8 9 MR. JEANOTTE: About \$3 billion. COMMISSIONER MEEKS: Three. 10 MR. JEANOTTE: And about another half 11 billion in revenue. So, about 3.5 billion dollars. 12 13 COMMISSIONER MEEKS: And VA I heard yesterday was funded at about \$26 billion? 14 15 MR. JEANOTTE: Yes. COMMISSIONER MEEKS: 16 And what's the 17 difference per capita? 18 MR. JEANOTTE: I think it might be shown The column to the far left, the \$5,214 19 there. 20 number versus the column to the far right. 21 COMMISSIONER MEEKS: Is VA an 22 entitlement program or is it a discretionary --23 MR. JEANOTTE: I'm not certain that it's 24 called an entitlement program. I believe it is an 25 entitlement for certain kinds of veterans, those

wounded in war and so on. I'm actually not a veteran so I'm way out of my league here. 2 VICE CHAIRMAN REYNOSO: I'm a veteran and I don't know. MR. JEANOTTE: I suppose it's not an entitlement of that sort. 6 Where their costs are, I believe is in intensive medical care services. VA hospitals are 8 often near medical schools, and provide intensive 9 Medicare care. IHS does more primary care and buys 10 the more intense care. 11 COMMISSIONER MEEKS: But does the IHS 12 budget also include the cost of construction of 13 infrastructure, water and sewer? 14 MR. JEANOTTE: Yes. 15 It's COMMISSIONER MEEKS: small 16 17 budget? MR. JEANOTTE: Right. Right. 18 MR. FOX: An even better comparison in 19 20 terms of inflationary costs that is an entitlement is the people that are in the service or get paid, 21 you know, the families of servicemen. There was a 22 23 report last month that showed their costs basically tripling per capita over the last 5 or 7 years. 24 Well, that would have been nice if we had tripled 25

per capita standardized by person. And we weren't able to maintain that kind of inflationary growth at all.

And the VA isn't quite an entitlement.

Yes, a veteran is entitled to something. What he's entitled to changes if he or she changes every year.

That's because it's a discretionary appropriation.

MR. JEANOTTE: Right. These are clearly different populations.

VICE CHAIRMAN REYNOSO: Yes. Thank you very much.

I have some questions also. Mr. Fox, respect to the issue of individual rights versus tribal or collective rights, I just want to mention to you that we've had hearings in Alaska and in Hawaii. And I quess my conclusion would be that we of the Civil Rights Commission have taken a different view than the U.S. Supreme Court. Unfortunately, they rule on cases. We just make recommendations. Because, you know, Alaska for example right now there's a great debate as to the right of Northern Alaskans to do gathering hunting exclusively, because that's what they've done for thousands of years. And if you allow every Alaskan to do gathering and hunting in those

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particular areas, it'll destroy their culture, their economy, etcetera. The Governor has taken a position in favor of protecting those rights, for example.

My own personal view is that those collective rights are, in fact, individual rights. In Hawaii we see the contrast where the Hawaiian legislature had passed a piece of legislation saying that only native Hawaiians could be elected to a board that controls a trust account for specifically for native Hawaiians. That was challenged and the U.S. Supreme ruled that to be unconstitutional, that anybody ought to be able to serve on that board.

I think our view is, and certainly my own personal view is, that the Supreme Court is wrong. That it makes a lot of sense when you have a fund for the benefit of native Hawaiians, that native Hawaiians ought to be able to serve on the board exclusively.

So you're right that as the U.S. Supreme Court has seen it, somewhat a conflict sometimes between collective rights and individual rights. To me there's no conflict. It seems to me that the individual right of those native Alaskans in the northern part of Alaska, that their own individual

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rights coincide with those collective rights. And that's what we've seen with Indian rights and Indian issues here in the 48 states, which explains why many Indian tribes are quite disturbed about the Hawaiian decision by the U.S. Supreme Court. Because that implicates them on the collective rights that folk have under treaties, and sometimes not, even beyond treaties as part of the due process of respecting each person's individuality, which means belonging to a group.

You mentioned, for example and I want to ask you, what the approach should be, what we should recommend with respect to non-treaty tribes?

In California, and I'm from California, we have a series of perhaps about 30 tribes that are trying to get federal recognition. And we have some small tribes that are so poor that even though they have lived in the geographic area and are recognized as a tribe, are so poor that they can't afford to hire the experts to delineate for the BIA their history and geography and so on. I understand it's gotten very complicated to be recognized. And so they'll probably go on for the next few hundred years not being recognized, even though we all know they are a tribe, they live in a certain area,

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etcetera. It's a difficult practical issue. What should we recommend? What should we do about that aspect of it? MR. FOX: The tribes that are federally recognized? VICE CHAIRMAN REYNOSO: Yes. MR. FOX: Of course, you don't have to 8 have a treaty to be federally recognized. 9 VICE CHAIRMAN REYNOSO: Oh, of course. FOX: And yet the process 10 MR. somewhat complicated. But I think it's the process 11 that we have to use, and we shouldn't tinker. 12 can maybe reform it, but you should follow the 13 process that's in place for federal recognition. 14 Now, if there's a California tribe that 15 16 wants consultant in how to get recognized, I'll help them. I think there's enough 17 opportunities in California that -- I'm not sure I. 18 19 believe that you couldn't find someone to help you 20 do your research. 21 VICE CHAIRMAN REYNOSO: I've been 22 meeting with many tribes because I'm a negotiator for the gaming tribes. And they tell me that many 23 24 of them, the smaller tribes, are having great 25 difficulty along those lines.

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Ι assume that from sort philosophical point of view, which is what I think you have raised, whether a tribe is recognized or not if it's a tribe, that ought to be from a civil rights point of view have the same rights, if you will, as a tribe that has a treaty. If it's a people? MR. FOX: Well, our tribes believe that you have to go through the federal recognition You have to be a federally recognized process. tribe. COMMISSIONER MEEKS: Yes. Because you were talking about treaty or non-treaty, not whether they're federally recognized or not? VICE CHAIRMAN REYNOSO: Yes. Those are also different matters, as you indicated. Well, let me ask you a different sort of question. Again, I guess it's still sort of a philological ground. You mentioned the history of our country and the efforts to assimilate the Indians into the greater North American culture, including religion. And manifestly, your statements are historically correct. In your view is that still going on or

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-1	nave we changed our public policy in our country to
2	recognize more the autonomy of the Indian peoples?
3	MR. FOX: Well, there's some great
4	historical landmark legislation in the last you
5	know, Indian Self-Determination Act, Indian Health
6	Care Improvement Act, the consultation policies that
7	we see now in federal agencies, President Clinton's
8	what do we call it?
9	MS. DUPREE: Executive Order.
10	MR. FOX: Executive Order. Those are
11	good. But I think it's a bit like racism. No one is
12	a racist openly anymore. And no one is an
13	integrationist or an assimilationist vis-à-vis
14	Indian people anymore. You don't openly state that.
15	So it's harder to ferret out. But I think the
16	average American wishes Indian people would become
17	Americans.
18	COMMISSIONER MEEKS: Yes.
19	VICE CHAIRMAN REYNOSO: As Anglo-
20	Americans in the Americas is Anglo-Americans.
21	Presumably they're Americans already.
22	MR: FOX: They state it, that's probably
23	what they mean. They mean Anglo-Americans, European
24	Americans.
25	VICE CHAIRMAN REYNOSO: My final

243 question for you still goes somewhat along those You mentioned that health lines. care is government function. And, of course, that's being debated throughout the country now as to whether it's a government function or an employer function. And I take it you meant that particularly with respect to Native Americans, not just generally for the population? MR. FOX: Well, no. I think more generally, actually. I mean, to me the police powers of the state are public safety, health, education,

and often roads. I mean, you can see variations across countries. Of course, we're the civilized country in the world that also has resources that doesn't have universal health care, so that's different.

But Indian people like are most civilized nations. They believe that health care is essential to their people. So they, typically, want and fight to provide it. Different than the United States.

VICE CHAIRMAN REYNOSO: That interest is so high in terms of the interest of the people of this nation, and particularly with Native Americans. But generally that you're saying it really ought to

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be a government function?

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MR. FOX: Well, that is my personal view.

VICE CHAIRMAN REYNOSO: Okay. Good.

MR. FOX: I do think it just one of the police powers of a state of the sovereign.

VICE CHAIRMAN REYNOSO: Mr. Jeanotte, why do we still have data shortcomings? You mentioned that several times. And, actually, Ms. Dupree also mentioned it near the end of presentation. You'd think that by now, particularly with the long involvement of government agencies in providing health services that we'd have pretty good data.

There are a number of MR. JEANOTTE: A major reason is that the IHS does not see the total Indian population in this country. Ιf they are on Medicaid living here in Albuquerque and are Indian and go to Presbyterian Hospital here in Albuquerque, the bill that goes to CMS for that patient does not necessarily indicate that service was provided to an Indian. We don't really is going on with the entire know what population.

> lack of information results The same

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when patients have private insurance and do not use IHS services.

So on the entire Indian population data is in many cases is nonexistent.

VICE CHAIRMAN REYNOSO: Well, we had the testimony earlier today just talking about Albuquerque and the great number of Native Americans that are in the general area of Albuquerque because they've left their homes because they couldn't find jobs and so on. And at least the testimony was that those Native Americans don't receive sometimes even the same level of service as those in tribal lands. Is there a way, in your view, of gathering that data?

MR. JEANOTTE: Yes. And I touched on it in my comments about the very important study that Ms. Dupree just spoke to. In my mind, it's a foundation for a larger study that could be done to look at the total potential Medicaid population of American Indians and could determine the level of insurance access in the population.

If we could expand that project, we may be able to get a better feel for the actual coverage level in the American Indian population.

Our sense in IHS is that Indians who

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live away from IHS facilities and travel to IHS facilities have a lesser amount of insurance coverage than U.S. all races. The American Indian population is a young and migratory population, often moving to jobs that do not provide health insurance or they are reasonably healthy and that do not access Medicaid services.

We think there is a lesser amount of insurance in the population that we do not serve. And clearly there is a lesser amount in the population we do serve when compared to all U.S. races.

VICE CHAIRMAN REYNOSO: Ms. Dupree, near the end of your discussion you came back to the trust responsibility. And apparently many of these problems come up because the federal government, in effect, has never quite recognized that or perhaps lived up to an obligation to provide medical service, as testimony earlier indicated, as part of the treaty that the the agreement, government had with certain Indian tribes. And you described in great detail the various programs.

Would there be a way? I know it includes legislation and all that. But in your view would there be a way of simplifying the legislative

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and administrative processes that now control the system into a similar system whereby the federal government could meet that obligation and make data gathering a little bit easier? I see you're taking a deep breath.

MS. DUPREE: Well, I could answer that in two different directions really.

VICE CHAIRMAN REYNOSO: Yes

MS. DUPREE: It's dependent on whether we keep the programs as they are relative to how we change the payment methodology and the collection of data through how we pay for services, could be one way.

Another way that Ι think conducive to federal trust responsibility is to allow tribes to directly operate these programs so that they, who have a better working knowledge of their communities and who are eligible and so forth, and would have a greater chance of accessing the information they need to enroll these individuals, I think it would be simpler. They're difficult operate, especially the Medicaid programs to program, but within Medicaid and CHIP the tribes could operate them. Again that would require legislative change.

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VICE CHAIRMAN REYNOSO: So if you had more of a uniform system, then it would be easier to come up with the statistics and so on that Mr. Jeanotte had commented upon? Presumably it would be easier to then analyze a little bit easier whether or not that trust obligation is being met or not?

MS. DUPREE: Yes.

VICE CHAIRMAN REYNOSO: Mr. Fox?

MR. FOX: I was going to add that we do epidemiology programs something for our Health Board. We take, as given, anyone gets to one of our programs and gets health care, INS funded health care, is an Indian. We then take-the tape -we have permission from the tribes. We take the tape and then we match that to disease registries And some other cancer or other diseases. registries, too. And then we have a probablistic software that pops up the names and decides is it Edward John Fox with this Social Security number, is it Edward J. Fox, is it Ed Fox. And we decide, we match those people up and then we get accurate disease rates. *

So, if we can do that for disease rates,

I think you could find out better information if
some money would be invested in this.

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1	I mean, CMS doesn't mind, although they
2	say they mind, spending \$147 billion on Medicaid.
3	But for us to get \$100,000 out of them, it would be
4	just that would never happen. That's impossible.
5	It hasn't happened yet, anyway.
6	VICE CHAIRMAN REYNOSO: I hate to end
7	the discussion on that impossibility, but I think
8	it's being realistic.
9	Any more?
10	Well, thank you very, very much. You've
11	been very informative and very helpful.
12	I'm told that we need to take a short
13	break, maybe 5 or 10 minutes, then I'll call our
14	last panel up.
15	Thank you again very much.
16	(Whereupon, at 3:08 p.m. a recess until
17	3:18 p.m.)
18	VICE CHAIRMAN REYNOSO: I'd like to call
19	the meeting to order.
20	I was a judge for many years, and I
21	never got a chance to use a gavel, so now I'll use
22	it.
23	PANEL FIVE: PROPOSED LEGISLATIVE AND STRUCTURAL
24	CHANGES AFFECTING DISPARITY
25	VICE CHAIRMAN REYNOSO: This is our
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last panel dealing with proposed legislative and structural changes affecting the disparities we've been hearing about yesterday and today. So we're very glad to get some answers to our questions.

We have Ms. Myra Munson, a lawyer, with the law firm in Juneau, Alaska. I'm told that her joining a firm in 1990 followed four years of distinguished service, not just service but distinguished service, as a Commissioner of the Alaska Department of Health and Social Services. And prior to that she was an Assistant Attorney General specializing in matters pertaining to these same issues.

She graduated from the University of Denver School of Law, but then went all the way up to Juneau. Simultaneously got a degree, a master's degree in Social Work. So a person of many talents.

My notes that her specialty is, and then it lists about 20 or 30 things. So I don't know how she can be a specialist in all these things, but this is what it says. Health law, lobbying, regulatory practice, Medicare and Medicaid, Title IV "self-governance" issues, representing non-profits, nursing homes, mental health centers. We're going to get a lot of answers to all these problems today.

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Child Welfare Act matters, child care, We need you in California. reapportionment law. General representation of the firm's clients. 4 And she's in charge, as I understand it, of the Juneau office of your law firm. 6 who is Kay Culbertson, And Ms. 8 Executive Director of the Denver Indian Health and 9 Family Services in Denver, Colorado where Ms. Munson 10 left. And I think that you're still at Denver, 11 right? MS. CULBERTSON: 12 Yes. 13 VICE CHAIRMAN REYNOSO: And Ms. 14 Culbertson there is particularly involved with the 15 Indian Health and Family Services. She's an enrolled member of the Fort Peck Assiniboine-Sioux. 16 17 MS. CULBERTSON: Assininboine. 18 VICE CHAIRMAN REYNOSO: Yes. From 19 Poplar, Montana. She traveled a ways. 20 She holds a bachelor of science degree 21 in human services. She the National serves on 22 Council of Urban Indian Health Board of Directors, 23 where she completed two terms as president and one 24 terms as vice president. 25 She has more, despite her youth, 20

Hospitals and other health care providers,

years of experience working on behalf of Indian communities in Denver and has testified before Congress on health, financial and other matters.

She's participated as a member of the Indian Health Care Improvement Act National Steering Committee, the Indian Health Service Business Plan Workgroup, and the Indian Health National Budget Formulation Team. So she's had a lot of experience in thinking about these issues and thinking about answers to the problems we've been hearing.

So we'll start with Ms. Munson

MS. MUNSON: Thank you very much. It really is an honor for me to have an opportunity to testify before the Commission on Civil Rights on these matters. I've had the privilege for the last 10 years of being a partner in a law firm that does almost exclusively Indian work. We represent tribes and tribal organizations all over the United States. I have the smallest office -- this maybe not quite the smallest office anymore -- in Juneau. We have offices in four other locations, principally in Washington, D.C. as well as one in Albuquerque.

I should start with an apology. I apologize for not having gotten you a written statement in advance. İ had hoped to and other

commitments and a little bit of a head cold got in the way of doing that. I will be submitting a written statement.

VICE CHAIRMAN REYNOSO: Thank you.

MS. MUNSON: I had an opportunity a few weeks ago to meet with two of your staff. And we had about 3 hours with one of my colleagues, Carol Barbero, who also specializes in Indian law. And I found all of their questions thoughtful and thought provoking, as I found the questions that have been asked here. But one in particular really struck the heart of my practice, and of the work that I feel like I've done both as a lawyer and a social workers. And it really triggered my thinking about this.

They asked whether there were any strategies that could reduce health disparities that were not dependent on eliminating the funding disparity. And that really does go to the heart of this problem.

The level of under-funding is so pervasive, as your report found, across all programs of the federal and state governments, across all programs that are intended to benefit Indians that in response to what someone asked another panel,

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will the funding disparity ever be eliminated? Certainly. Will it be eliminated before the 2010? We all know the answer to that and we shouldn't dance around it. No, that funding disparity isn't going to be eliminated.

One of the gentleman spoke pretty harshly about if the United States will ever live up to its moral, and in my view, legal obligations financially, the deficit or the balance — we had a balance not all that long ago, a surplus in the budget, we now have a deficit, but both are being achieved by maintaining the health disparity of Indian people by not fulfilling that responsibility to provide the necessary funds and other things it takes to eliminate health disparities.

The level of under-funding, as pervasive as it is, is not however the only factor. It exacerbates the conditions that affect Indians derived from the forced resettlement, deliberate government policies that were intended to eradicate Indians.

First, literally, but then over time more subtly, to eliminate family relations, to eliminate language, to eliminate ties to the community, to eliminate the powers of government.

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Some of those tribes that have to seek to be recognized were tribes that were, undoubtedly, were terminated at one point. That certainly has been the history around the country.

vou eliminate the identity people, when you eliminate the family relationships, when you eliminate the community you create such profound problems described early by your Chairwoman the most compelling ways. You create such profound outcomes that there will be health problems is absolute given. There's insurmountable an evidence about the correlation between poverty and health problems. There's equally, I think, profound evidence about the correlation between dispossession or discrimination about loss and the effect that it has on one's health.

Those issues must also be addressed in order for health disparities to be addressed, no matter how much money there is. And that is not to suggest, I ran a department, it all comes down to the budget. The ultimate policy document is always the budget document. It's always the appropriations document. That's where you choose what you really care about.

Executive Orders are nice. I've helped

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write a whole bunch of policy papers and write charters and statements and so on to get public officials to sign, and I signed a few of them. And they're all fine and well, and they make great footnotes. But in the end, it's the budget document. And you've heard lots of testimony about the budgets. Those reflect our real policies.

In the statement I submit, I'm going to elaborate on some these points, but I want to focus on some principles that I think are essential to addressing this combined catastrophe of a disparity in funding and the status of Indians in the United States, a status which is created by deliberate policy and by subtle policy and subtly ignoring. And sometimes worse, pretending — pretending we care about Indians as a matter of policy, writing Executive Orders but not paying attention to them, making public statements about how important the funding is but not funding.

The system of care established by the Indian Health Service, in my view, must be supported and sustained. I spent nine hours yesterday in Anchorage negotiating with IHS on the other side of the table, and it was a very heated and contentious negotiation on behalf of self-governance tribes in

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Alaska over what might seem a very small point, but which had very substantial meaning both in terms of the relationship and the process as well as the substance of the issue being negotiated. So, I'm used to being on the other side of the table with IHS. But I've been responsible for health services for a state. As much as anyone can claim to be responsible for health services in the United States.

I think Dr. Grim, some other witnesses have said, the Indian Health Service, the Indian health system, is the only true system -- system of health care that exists in the United States. system constituting something which starts with prevention or has an element of prevention that recognizes that if you don't have safe water and sewer, that you don't have a decent health care system. If you don't have housing for your health care employees, you don't have a health care system. One which also tries to provide direct health services, one which buys health services when they're not available directly. And no system -- no health care provider provides every bit of health Every health care provider refers someplace care. else or buys the service someplace else in part.

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This question of entitlement that's been woven throughout the discussion here has been very interesting, because there is, at the beginning of the Clinton Health Reform Initiative I participated with tribal leaders in huge meetings in which tribal leaders were trying to come to terms with their view of health care reform. And they were asked pointedly by the leadership of that reform effort, and I think in one meeting perhaps directly by then the First Lady Hillary Clinton, well if we all get a health card, if every Indian has a health card, then why do you need the Indian Health system? Because that health card does not get you culturally competent That system doesn't buy you the reinforcement of the tribal government. It doesn't ensure that your provider will be an American Indian or Alaska Native, that there will be role models in your young people system who teach that there are opportunities to participate in those fields. doesn't buy you relief from the discrimination that occurs and from the biases and prejudices that occur when you walk into other settings.

And, truthfully, it doesn't get you what in the best systems, and listening to the stories from Pine Ridge and listening to stories that others

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tell, and I've listened to lots of them at meetings from some of my clients and from others about the catastrophes that can happen, you can't defend those. But you can defend the system. The improvements in Indian health that have resulted from there being a system of care are truly remarkable, notwithstanding the enormous challenges that remain.

The opportunity for self-determination and self-governance must also be sustained. cannot be underestimated how absolutely fundamental to relieving the disparities that result from the dispossession and from poverty, how tied they are to the other parts of your report, your last report, that weren't about health care under-funding but about education under-funding, about housing underfunding, about roads under-funding, about justice under-funding, about the conditions in which Indian people live. If you take away all the things that allow people to be responsible for themselves and have a sense of hope, to have an opportunity, then health will suffer as well. And so fundamental in self-governance, in self-determination, is the right to also carry out your health program.

Tribes have assumed control, as you've

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heard and I'm not going to try to give you any numbers because I couldn't, sleep deprived as I am, even if I wanted to. And you've heard them already today. I'll put some in my written material.

But as tribes have taken over their problems, some things are absolutely clear. Quality and quantity of services go up.

Native hire or Indian hire goes up. It increases. Even over the extremely good numbers that Service but Indian Health has, professionals get into the system, even more Natives Indian Alaska have American and opportunities to be encouraged to participate. And that goes up.

Professional training, a commitment to finding ways to do professional training. I work with clients who've have done collaborations with local colleges to run nursing programs, to train their own business office staff to bill. This hasn't been easy, it hasn't been a straight line, but there's pride in meeting the standards. There's pride in making the attempt.

These arise from the Indian Self-Determination Act. They arise from the Indian Health Care Improvement Act. They arise from the

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Self-Governance Act. Each of these things plays a part.

The initiatives that are underway, statutory initiatives, the strategies that tribes will continue to pursue or one, the reauthorization of the Indian Health Care Improvement Act. reauthorization is, in my view, represented in some ways, I see change among Indian people. past, the Indian Health Care Improvement Act was written with some consultation with Indians, but it written by congressional staff and IHS was This reauthorization bill, the two that employees. are pending in the Congress, were written by Indian people, sometimes directing non-Indian lawyers, like myself, or consultants to write paragraphs. But they directed the policy. And those policies really are intended to assure that there will be control by Indian people, that the new law reflects the fact that tribes have taken responsibility for their own health care in substantial measure.

And I must say for those tribes, and many in this region, have made the decision as a self-determination, a self-governance decision to continue to rely on IHS. That is as legitimate a self-governance decision as that of a tribe that

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chooses to operate the program themselves. They carry a banner as well for Indian people in trying to force that system to meet its obligations, and they bring a voice that's important. And they devote their own limited resources to the other priorities they have and make IHS do these things. Other tribes make a different choice.

So the Health Care Improvement Act does that. It creates flexibility for funding, for facilities. Lots of new flexibility. It also does one more fundamental thing I want to mention, and that it eliminates to large measure reference to demonstration projects and instead makes reference to a full continuum of care.

The Indian Health Care Improvement Act in the past, like the Medicare and Medicaid billing language, talks about facilities. Facility based care is quite antiquated in the notion of care. It's sort of out the window ten years ago. If you think about it, how many inpatient beds have closed, how many outpatient clinic examine rooms have had to open? The model of care has changed. The Health Care Improvement Act needs to catch up.

It also eliminates demonstrations because demonstrations assume there'll be money for

them, there'll be a report and there'll be some new money to actually do something with it. That really hasn't been the way it's proceeded. So what we're really looking for is giving tribes and the IHS the broad authority and letting them on a local basis find the resources they can.

We've applied those same principles to the Medicare and Medicaid provisions. I said money won't solve this problem, but money improves everything. It helps a lot. The principles behind the Medicare and Medicaid provisions of the draft Indian Health Care Improvement Act and the other and lobbying that's in advocacy going on Prescription Drug Bill' in every meeting with CMS and every other forum, is that there should be no beneficial payment provision to any kind of entity that isn't equally made available or better to That administration should be simplified, tribes. that you should not be devoting resources to more and more complex billing activity, and that the priority setting should be driven by the health needs, not by chasing which little box the Medicare and Medicaid program has chosen. We say rather than conform the Indian health program to Medicaid, let the Medicaid conform to the Indian health program.

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It would be better, I suspect, for the Medicaid program generally if they tried that and, in fact, learn from it and made those options available in other settings.

Cautionary notes from me. Finally, I apologize. I'm way over time.

Reform is really should be watched out We heard about 1-HHS -- someone asked a for. question earlier. 1-HHS if it's a way of achieving efficiencies in the Department is terrific. If it results in fewer Indian people controlling Indian programs, which I guarantee you it will result in if it is not dramatically changed, notwithstanding the assurances we heard this morning, that will be a net Spending money level. onloss in every new initiatives without administrative appropriations will take dollars away from health care. That's a mistake.

Reform that drives toward an insurancelike model in which care is fragmented is not a reform that improves health status. It may improve access to certain kinds of care, but it will not improve health status.

Finally, with regard to entitlements.

Two things about entitlements. The first is if you

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establish an entitlement, you have to determine the basis of the entitlement? Is it an entitlement to tribes to provide health services or the Indian health system? My preference, the Indian Health Service, the urban, Indian programs and tribes entitled organizations. Or is it an entitlement to individuals? If it's an entitlement to individuals?

When folks were saying they couldn't tell you numbers, you can't count how many Indians there are because there's no common definition of what an Indian is. Being an Indian fundamentally for the tribes I represent is that you're a member of a federally recognized tribe or that recognize you as an Indian. But for certain Indian health service programs, as it should be, it's a different definition. For the Census it's you said so. For CMS it's you said so. That's not something upon which one can base an entitlement. And those extraordinarily complex issues must be decided before there can be. And that's why the Health Care Improvement Bill in the Senate has a commission to study these things and not a conclusion about what's right.

And the second reason is entitlements

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are intended to create floors, but frequently create ceilings. And Indian people are so small in number and so quiet a voice, no matter how loudly they may try to speak, and we saw in the Medicare Prescription Drug Bill. One last example. We took lots of provisions around saying look how badly we need this. You can't get into those meetings.

When the bill's first draft came, when first bills came out, we found lots of the provisions in there that we've been wanting to get but other voices were heard louder. There were more of them. And they got their provision in and we went and said, "Please add us, too." And that's in conference. When we asked, the last email I sent out to the folks I had been meeting with to say what's going on, are they talking about our provisions? The answer was yes. One word. Well, do you need any more information; are there any more questions? The Those rooms are closed to us. Ι answer was no. don't know who else is getting into them. I suspect there are some folks who are, but it's not Indians.

Thank you.

VICE CHAIRMAN REYNOSO: Thank you very much.

Ms. Culbertson?

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MS. CULBERTSON: Well, my focus will really be on the urban issue.

And I'd like to start out by saying thank you very much for inviting me to participate in this testimony.

I had created a Power Point presentation, so that's what you have. And I'm really disappointed because my pictures were fade in and fade out, and so I don't want to have to read everything to you.

But I'd like to start out by saying that I am an enrolled member of a federally recognized the Assiniboine-Sioux from Fort tribe. Montana. And I'm not an urban Indian. I'm a member of a federally recognized tribe who happens to live off the reservation, who happens to live in the city. My children are enrolled; my grandchildren will be enrolled. And I imagine that they will live off reservation also. It's just opportunities for Indian people living on reservation are so limited.

And that brings me to how urban programs were created and urban communities were created. It was a lack of housing, obviously. If urban Indians are now making up 63 percent of the population of the total Indian population, could you imagine if we

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all moved home? Then how would they meet that federal trust responsibility for the Indian people that are living off reservation?

A lack of employment. Education opportunities and federal relocation policies. They have stopped, but still people are still continuing to move to the cities. Off reservation adoption and to escape racism, cultural pressure, poverty. And that's the main reason why my parents moved off our reservation.

nearly 60 percent of the total Indian population. We continue to have ties to our homelands, to our reservations. I know I go home on a regular basis. I know. I go home, people know who I am. Because I had the opportunity to go to high school there. A lot of people still remember my father from when he was young and lived there. But we've become invisible to not only federal policies, but also in the cities in which we live in we're considered "other." That's why there aren't any statistics on Indian people that live off reservations, because we're often times lumped into the "other" category.

Regardless, though, Indian people that come into my clinic I can tell you are 100 percent

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members of federally recognized tribes. We're one of the few clinics that have that distinction of the Urban Health Care providers. And when they come into our clinic, our little tiny clinic, they expect that they are covered with full Indian health benefits and can't understand why we can't pay for their prescriptions. Can't understand why we can't send them to cardiologists. Can't understand why they have diabetes now and they have to go on dialysis, why do they have to go home for care? Why can't they stay here? They have families in Denver.

They continue to suffer many of the same social and health ills as those on the reservations. Society perceives us as casino rich; the government takes care of us and we're just another minority group. Indian people are not just another minority group. We exist as a political entity also, and therefore we are a little bit different and should be treated differently than the other minority groups.

And we're definitely not casino rich, not all of us. I do know my tribe; I don't think it's making any money off of our casino. And that was evident in now Governor-Elect Schwarzenegger's statements about Indians needing to pull their full

share now in California.

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You'll see a picture of two little boys. They're at a celebration and they're dressed in their traditional outfits, grass dancers. Both of these boys are members of the same federally recognized tribe. Both love to grass dance. Both love sports and the Broncos. Both participate in traditional ceremonies. And both don't have health insurance. Can you find the difference in one of those boys? One of those boys has a different zip code and lives off reservation.

boy living off the reservation cannot access contract health care. Oh, no, wait. I'm sorry. The boy living on the reservation can contract health care. access Has access to comprehensive dental services. Has access specialty care. And I'm not saying one of the boys is in psychiatric care, but that's an example of the things that we don't have in Denver or in many of the urban programs. And respiratory services.

community health representative support and provide home visits to that child's family. They have comprehensive medical services from cradle to grave. They have prenatal care, and then they're taken until their end of life, almost. They have

full prescription coverage, granted there's formularies and limitations, but they still have prescription coverage.

If that child should have cancer, he would be covered under the Catastrophic Health Emergency Fund. And he can receive services regardless of his family income.

The boy who lives off reservation has limited access to health care. Has a family who must income quide limits for any state or federal health plans. Does not have comprehensive health care if he lives in Denver. Does not have emergency or urgent care services unless the family is willing to go without to be able to pay for those emergency Does have access to basic health dental care. care. providers in Colorado Many are not accepting Medicaid patients for dental care. And has a family who hopes he never has to go to the emergency room.

I'm going to talk about some bills that have been placed that really will affect urban Indians or urban Indian health care. And one was the Urban Indian Health Bill that Senator Bingaman put forth. It extended federal Medicaid match, the FMAP, to urban Indian health programs. That's not extended to us.

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to work with their urban Indian populations to increase state revenue received for Indian Medicaid patients. We saw in Denver, in Colorado, the state legislature was trying to pass a bill for substance abuse treatment that would get the 100 percent FMAP, and then start up a special fund for Indian people that have substance abuse issues and needs, and unfortunately they needed to come with \$40,000 to be able to actually write the legislation. And no program could actually come up with that much money to pay that person to come with that legislation. And, apparently it had to go through their state office and such.

FMAP increases our bargaining leverage for urban Indian clinics when we're working in a fee for service setting or an HMO setting. It was introduced in the 107th Congress, but will need to be reintroduced in the current session. It died for lack of cosponsors.

Now we get into the Indian Health Care Improvement Act. This is the one that is proposed. Myra was one of the attorneys that helped us formulate a lot of it. And one of the things that actually I was quite excited about was the qualified

out

Indian Health programs where it really set us up as an Indian health system, and urban programs could work with tribes for referrals and the hospitals, and we would really share. We would have a good Unfortunately, it came data package. expensive and it was dropped from the Indian Health Care Improvement Act. But as far as the proposed legislation, it extends scholarship eligibility to members of state recognizes tribes.

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It also authorizes urban Indian programs to receive payment from private health insurance, state and federal health programs as out of network That don't providers. means we have to have contracts with all these providers.

It allows urban Indian health programs to operate satellite clinics.

Importantly, it authorizes Federal Torts Claims coverage for Indian Act urban health programs. Right now malpractice insurance is, you know, national level very expensive. on prohibits us from being able to provide certain types of services.

And it also makes permanent the Oklahoma City and Tulsa Demonstration Projects as urban Indian health programs. We feel that this is very important because they see so many different tribes. And as we have seen in the Oklahoma area, as tribes start to 638 the health care away from the Indian Health Service, they have limited services to their tribal members, which means that 100 and some other tribal members that live in those areas would be out of services.

And the construction of two adolescent treatment centers for urban Indian youth.

I see I'm yellow.

Balanced Budget The Act also was something that was really great for urban Indian health programs. This is the first time that the tribes in the urban programs have really worked together to look at some funding issues. And there was a set aside for urban Indian programs of five percent. And because of that set aside, we were able to really focus on diabetes prevention and treatment. We've been able to create fitness programs in communities where none existed before. And it allows off reservation Indian people consistent monitoring of their glucose levels. And it created education and support groups for urban Indians, something that really did not exist up until this funding was available.

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I want to talk about the Indian Child Protection and Family Violence Act. You have it in front of you. You see what it provides. It does not include urban Indian communities and Indian children are placed in foster homes in a high rate in urban communities also.

I think my recommendations for this group are that they recognize the needs of Indian people who live off reservation. Their needs are often as great or worse than those who reside on their homelands.

The survival of all Indian people requires holistic health initiatives that include physical, mental, spiritual and social program development.

And funding at local, state and federal levels should not be limited to tribal and tribal organizations, but should include off reservation Indian communities. A lot of times it's only limited to tribes and tribal organizations.

This is not urban Indians versus tribes.

I just want to be very clear in that. This is the federal government has failed to meet its trust responsibility and treaty obligations to Indian people. And because I'm an Indian in Denver, I

should still have access to those services.

Luckily, I have health insurance, but there are a
great majority of people that do not that are Indian
people who are living off reservation.

The health conditions for Indian people are alarming and the funding levels for addressing health concerns, I think, verges on criminal. I think it is appalling, and I think that somebody needs to look at it and do something about it.

As you can see, I have included some per capita spending disparities. You can read those. But FEHP is the Federal Employee Health Plan, and the USBP is the prison population's health insurance or what is spent on them.

And then, of course, there's the IHS, which is 1,914 versus 3,803 for somebody who is in prison.

Indian Health Service spends \$359 on the user population for urban Indian people who live off reservation.

And in closing, I'd like to thank you.

And I hope that this will make a difference.

And thank you for saying that I was young.

VICE CHAIRMAN REYNOSO: Thank you very,

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very much. COMMISSIONER MEEKS: I never did hear what percent of Indian Health Service budget is spent on urban programs. Doesn't anyone know? It's between 1 and 2 MS. CULBERTSON: percent. COMMISSIONER MEEKS: And your numbers of 8 60 percent of Indian --9 MS. CULBERTSON: The U.S. Census says 10 that we have 63 percent of the Indian population. 11 Granted, there're only 34 urban Indian health 12 programs across the country. We don't -- --COMMISSIONER MEEKS: And the U.S. Census 13 was the ones that said whoever said they were, were? 14 15 MS. CULBERTSON: Yes. Yes. 16 COMMISSIONER MEEKS: Okay. 17 MS. CULBERTSON: But I was at a meeting 18 in Denver and there was a tribal chairman from 19 Blackfeet. And he was talking about his tribal 20 numbers. And he was saying we have 50,000 tribal 21 members, 10,000 of them live on the reservation. 22 So where's that other 40 percent of those Okay. 23 enrolled tribal members? 24 COMMISSIONER MEEKS: Thank you. I don't

even know the question to ask.

MS. CULBERTSON: I know. There're two of us sitting here from Fort Peck right now.

COMMISSIONER MEEKS: You know, you were talking and asked Dr. Grim that one HHS initiative.

And I remember when that first came up and people were concerned that that would result in a net loss of Indian employees. And yet he seemed to -- and I don't understand what else that entailed and didn't get a really good chance to ask him about that. So if you could just elaborate on it quickly?

MS. MUNSON: There are folks I work with in the community of consultants and lawyers who work with tribes who have more detailed knowledge of 1-HHS, but I've sat through now two or three fairly lengthy discussions with Dr. Grim and with other folks about the 1-HHS.

And I think that IHS has done a terrific job of trying to inform HHS and deal with the Secretarial Initiative to integrate all these programs. They've made a substantial inroad on the issue of native hire when it came to the HR programs by allowing them to stay where they were. But unless I'm mistaken, it's certainly possible I am but I don't think I am, the plan is they stay where they are for a period of time. At the point at

which the vacancies, they may move. Whether they move or not after a couple of years when the position has something to do with the magic of the federal personnel system, it hits a certain status, then the position does move out of the IHS budget into the HHS budget. And in the HHS budget, if it switches categories, it cannot, as a matter of law, be subject to Indian preference.

COMMISSIONER MEEKS: Right.

MS. MUNSON: That applies only so long as the positions are retained in the IHS budget. And I believe I sat in a briefing in which we were clearly told that down the road those positions will end up part of HHS. That means there will be a loss.

Even if theoretically they could be Indian preference positions as part of HHS, to the extent some positions are consolidated, and clearly that's the longer-term strategy, the pool of people to hire will be smaller. The pool of people who have had experience living on the reservation, living in their own community will be smaller. And that informs their understanding of the value of native hire or Indian preference.

To somebody whose never seen what the

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difference makes, you don't get it. You can't. I mean, it just seems like you hire a really highly qualified person, why isn't this really highly qualified person fungible with the next really highly qualified person? Well, in the simplest terms I think about one of the programs I work with a lot. Their president is a Upik person from the region. I don't think educated at a college level, but educated totally in the ways of his community and how to get things done.

The new executive vice president is a law school grad who came from that community is a Upik woman who was born in the hospital where she's getting care. And her two children have now been born and where she has every expectation her great grandchildren will be raised and be born in that region.

They have a commitment to that health care that's totally different.

Their two lawyers in this own in-house counsel now are both from that region.

That makes a difference, and that creates an impression throughout the community that means that more young people in that community will get a chance to be educated.

So Indian preference is far more than just the jobs of the individuals, as I know you understand.

other part of the initiative I referred to and I made reference to their need for appropriations. There's a huge financial new management project going on in HHS to try to improve the financial management systems of the Department. And I'm informed by lots of folks that it's badly needed and a good project. But it's costing truly hundreds of millions of dollars. And each agency is expected to contribute through assessment to meet that budget need. It's not being budgeted. going to the Congress and saying we're going to do this only if we get these funds.

Well, we may need it, but do you need it at the expense of what? I think those are the choices throughout the 1-HHS. There's been discussion. There was discussion of various other aspects of it, some of which have been aside. We don't know where others will end up.

COMMISSIONER MEEKS: So is the momentum decreasing or increasing?

MS. MUNSON: I can't tell. There's been quite a bit of push back from the Congress, at least

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282 as it applies to the Indian programs, but not a bar on it by any means. And it's clear that they -- 1-HHS is certainly applying to IHS in the form of reduction of positions are being applied across the board, including to IHS, notwithstanding the huge downsizing they went through when they said they tribes, and programs to turned over organizations. They're still being required to cut positions. So they're certainly being included in lots -- they're subject to recessions. They're being included in lots of 1-HHS initiatives.

The other question, COMMISSIONER MEEKS: you both referred to the 638 programs. Except that I've not understood Kay's point. I mean, you said when you talked about tribes 638, their health services, that quality of care went up and services and all that. But you said in Oklahoma, like Tulsa and Oklahoma City, that when the tribe did it, it actually went down?

MS. CULBERTSON: No, no, no.

COMMISSIONER MEEKS: Okay.

I didn't say that. MS. CULBERTSON: Ι said that actually with the tribe, some of their -it's a movement that when the tribe 638 that they

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will only serve their tribal members, the people that are from their tribe. 2 COMMISSIONER MEEKS: Oh, I see. MS. CULBERTSON: So if Pine Ridge were 5 to 638, they could say we're only going to serve the people from Pine Ridge. If they take over those demonstration projects in Oklahoma City and Tulsa --8 COMMISSIONER MEEKS: Right. Yes. 9 MS. CULBERTSON: -- the people that are 10 like me -- Albuquerque is not my area office. COMMISSIONER MEEKS: Correct. Correct. 11 You know, would lose 12 MS. CULBERTSON: 13 out on those services. Where would those people go 14 for services? MS. MUNSON: I think one piece you have 15 16 to appreciate about -- and actually it responds to a 17 question earlier this morning. You 18 appreciate how limited what a tribe takes over. 19 is dramatically under-funded. When a tribe takes 20 over the program, it gets the funds that IHS was 21 spending or would have spent in that service unit. 22 And then it gets the little bit of increases that 23 come ordecreases that come from year-to-year 24 associated with that base recurring funding.

So whatever under-funding was there is

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IHS

still there.

Tribes in my experience in a straight line, and certainly not informally, but consistently generally have moved fast to improve third party recovery just because they've had to. They also can say with some greater credibility with their members and with their users that it benefits them to apply for Medicare and Medicaid. When IHS says it, it really is a slap in a face.

When a tribe says it, it's painful to be told that you can only get your benefits if you go on welfare. But folks are pragmatic and survivors and they understand that those dollars will come back into their own health system and provide some more care that they otherwise would go without. And so they're more willing to do it.

So there are many reasons that it helps when the tribe takes it over.

COMMISSIONER MEEKS: I just have just one last question.

You talked about, you know, people have the cards and would that -- I mean, is there not enough market then? Because, right, supposedly a client could open and up they would get paid because these people have, you know, everybody has a card.

I mean, wouldn't there not be enough market, and I may be using the wrong terms, but to provide for competitive health care and you'd want to hire people from the area because -- no?

MS. MUNSON: Not a chance.

COMMISSIONER MEEKS: Okay.

MS. MUNSON: And I'll keep this short, I hope. But let me give you about three reasons really quickly.

First of all, look at how many providers there are for Medicare beneficiaries who need to go to a doctor. Just, you know, do a google or something to find, or whatever one does to look up newspaper stories about how difficult it is. Listen to the story about Medicaid beneficiaries trying to find a dentist.

COMMISSIONER MEEKS: Yes.

MS. MUNSON: Floors and ceiling is a big problem. You give a card, what will the payment rates be that attach to that card? If the payment rates aren't high enough and if they're controlled by the federal government, they certainly will not be high enough over time.

Secondly, you're now building an entire health system for Indian people on a cheaper service

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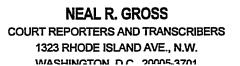
or unit by unit by service basis. That's what the rest of us have. And no American, in my opinion, should ever go into a hospital without another adult with them to monitor every single thing that happens, no matter how high quality it is. In a well run Indian program, IHS or otherwise, that need is reduced some because that really is a community in many respects. Everybody in that hospital will know who you are and it's a smaller community.

Go into your local hospital and you don't get that.

If you've ever tried to get specialty care and you bounce from place to place trying to get it, you don't have care home.

And finally, I just want to make reference to managed care. Entitlement cards in this country will drive toward managed care. That's what every Medicaid program, has done, that's what Medicare wants, and the Administration badly wants to do with Medicare. It's the fight going on in the conference right now behind the closed doors.

Managed care providers are there to make money for their stockholders. The theory of managed care is they would have a long-term stake in preventive care, because they'd be there for the



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long haul, and so they'd reap the benefits of the preventive care. But that is not what has happened with managed care in this country.

The turnover among managed care providers is enormous. That's a profit making business like any other. And it is fundamentally than the way Indian tribes, organizations, urban Indian organizations, and the Indian Health Service run their programs. They're there for the long haul. They're going to be there 200 years from now.

COMMISSIONER MEEKS: Thanks. Cleared that right up.

VICE CHAIRMAN REYNOSO: Yes. Ms. Munson, I've got a difficult question for you.

You mentioned that dealing with health strategies is a dual function. One is money, and you ended up your testimony by saying money helps in all the things that you have mentioned. But you did mention one matter with many subsections of the other part. And that had to do with the importance of other realities in the Indian society. The elimination of families, the elimination of identity, the poverty results and so on.

What do you think the role of government

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ought to be, and I have in particular mind the federal government, in dealing with those matters? The matters of funding and all that, one can easily say well the rule of government ought to be to simply fund it sufficiently. How about the other matters?

MS. MUNSON: The other matters are about sometimes getting out of the way and sometimes putting barriers in front of deliberately or not so apparently deliberately policies that have clearly deleterious effects. And let me give you a couple of thoughts about that.

The getting out of the way is in some respects best characterized by what tribes have accomplished through the self-governance projects with Indian Health Service and Bureau of Indian Affairs and even DOI, despite their resistance to it. The other programs of the Department of the Interior other than Bureau of Indian Affairs.

When tribes have the opportunity to take over a variety of programs and redesign and reallocate and run those programs, set their own priorities and run them, they don't do what every official who ever had to give up control of a grant program is sure they'll do, which is take the money

and spend it on something totally unrelated. They can't do that anymore than anybody else could, because their members have a stake in that benefit, whatever it is, whatever that program is. But what they can do and what they do do is within months, sometimes it takes years, they gradually years, conform that program to match other priorities and achieve a larger -- they achieve a synergistic effect and they reshape it. And they, in fact, add their own resources to it whether they're human or where there's capacity, financially resources resources. So you can get out of the way.

We're hopeful, and there are two bills pending now in Congress just in introduced. The Self-Governance amendments that would amend Title IV of the Indian Self-Determination Act relates to Department of Interior programs, including Bureau of Indian Affairs Programs. And it will eliminate some of the barriers there to full self-governance by tribes with those funds. And a separate project in Department of Health and Human Services, the Title VI legislation that would authorize a demonstration project for certain programs of HHS. More limited than in my personal view it should have been, but nonetheless, the intent there is to try to eliminate

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silos. You know, this little bit of money comes for HIV and comes with all of its grant rules and this little bit of money comes for pregnancy abstinence, and this little bit of money comes over here for And, you know, I'm not a syphilis protection. public health person in the sense of having health but when I was Commissioner care training, remembered sitting in a room with the public health people in my department and saying to them "Wait a second. What do you mean you got three units doing these three things; pregnancy prevention, STD prevention and HIV? Tell me if I got it right, but won't a condom cure all of those things?" `Now that oversimplifies it, but can't we measure some successes across these lines at very least. So get rid of silos. That's part of the

answer of self-governance.

The other piece in terms of eliminating barriers is things like the Indian Child Welfare Act, which went into effect in 1979. I mean, we think about forced relocation and we think about the boarding schools and those things as things fairly far past. But they're so recent.

In 1979 when the Indian Child Welfare Act went into effect, it cited the statistics, which

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were current. There were places where 50 percent of the children were in out of home placement, and substantial percentages of those off the reservation, outside the -- even near accessibility.

When I used to do training on Indian Child Welfare Act, and I spent a long time doing child protective services and those things representing social workers in those proceedings. You know, I talked to non-Indian folks. You don't have to Indian or Alaska Native people about this. But you talk to a non-Indian community and you say to them what would happen in your community if over the course of a year 25 percent of the children, let alone 50 percent, were removed from their families by the courts and placed in home with people of different color, different different language, experience, where visitation was not permitted? that was still happening.

And if you look at the foster care statistics all over the country, they're still appalling where Indian children are concerned. The Indian Child Welfare Act helps with that, to some extent, with more resources it would help a lot more. If the Justice programs were funding tribal courts in places that don't have them or building

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them up and others, it would help even more.

Each of these pieces, each of these things which recognizes that the Indian community has a right to exist, that it's fundamental that it has a right to exist, that honors that recognition with real power and some resources to exercise that power changes the dynamic and improves the situation. And I think you see that wherever tribes have had the opportunity to run programs themselves and to exercise their rights.

VICE CHAIRMAN REYNOSO: Ms. Culbertson,
Ms. Munson agreed with the government officials that
the Indian health system is perhaps the only
integrated system we have in the country. And she's
just arguing to make it better, really.

You're saying it doesn't make sense for the urban Indians. My question to you is how can you make it exist?

MS. CULBERTSON: Well, I think that there needs to be additional funding for urban programs to be able to participate in the Indian health system.

VICE CHAIRMAN REYNOSO: But it appears to become easier in a tribal situation where you know whose eligible and who isn't. Do you have

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eligibility problems in an urban area? Will people have to enroll it? How would you make those decisions.

MS. CULBERTSON: Well --

VICE CHAIRMAN REYNOSO: Let me give an example. In California we have, you know California history and Native Americans is different than the rest of the country.

MS. CULBERTSON: Yes.

VICE CHAIRMAN REYNOSO: In most of it. And we have in fact Indians who are nowadays identified as mission Indians. Well, they didn't exist before the missions. What are mission Indians? Mission Indians were Indians from different tribes that were forced to go the missions, and that became in some ways their identity. They lost some of their individual identity.

Is that happening among urban Indians? I know you and your family are not, but are some losing their tribal identity?

MS. CULBERTSON: I would say as in any community, that you do see other kids that are mixed race that are still eligible for enrollment in their recognized tribe.

Now, when you're talking about how do

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1	you determine the eligibility
2	VICE CHAIRMAN REYNOSO: We heard, for
3	example, testimony about Albuquerque.
4	MS. CULBERTSON: Yes.
5	VICE CHAIRMAN REYNOSO: 36,000 Indians
6	in Albuquerque.
7	MS. CULBERTSON: Yes.
8	VICE CHAIRMAN REYNOSO: Assume that the
9	government said, okay, we want to set up a health
10	system for the urban Indians in Albuquerque.
11	36,000, that's a lot.
12	MS. CULBERTSON: Yes. Yes.
13	VICE CHAIRMAN REYNOSO: And you need a
14	hospital, and you need clinics and so on. How do
15	you go about doing that? You need money, but beyond
16	that?
17	MS. CULBERTSON: You still need money.
18	And I think, you know, I would never be one to say
19	that I would want to determine who an Indian person
20	was.
21	VICE CHAIRMAN REYNOSO: Say that again?
22	MS : CULBERTSON: I would never want to
23	be the person who would determine who an Indian is.
24	VICE CHAIRMAN REYNOSO: Well, we get
25	into that

MS. CULBERTSON: But -- but -- but.

VICE CHAIRMAN REYNOSO: Yes. Okay.

MS. CULBERTSON: But there are mechanisms in place for determining if you're an eligible beneficiary for Indian Health Service. And one of them is that you're a member of a federally recognized tribe.

Now, this is one thing that I think that the government wanted us to lose our identity, and so they decided to start keeping — on us, and you know, I've heard people compared to dogs and pedigrees and such. But, you know, I have a different perspective because I think in my own growing up, I realized that if I marry out too much further or that my children marry out too much further, they will become of the dominant society. Therefore, I made conscious choices.

Now, you come into my clinic and you want to get a flu shot, you're coming in with your tribal identification. It's up to the tribe to decide who their tribal members are. I have no problem with that. I think that anybody whose working in Indian health, that is a sovereignty issue and we support it. And therefore, it's very easy to determine who is an eligible

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Indian.

VICE CHAIRMAN REYNOSO: So in Albuquerque, and I got to hear from Denver, but we heard more about Albuquerque early on. So in Albuquerque you're saying that we have presumably in Albuquerque Indians representing many, many tribes?

MS. CULBERTSON: Yes.

VICE CHAIRMAN REYNOSO: That they should come with the appropriate rules in their own tribe as to whether or not they are members of that tribe. And that the clinic then, assuming a hospital or clinic, should then recognize that?

MS. CULBERTSON: Yes. And I think that also, though, urban Indian health programs can also assist those people that are eligible for enrollment within their tribes, to get enrolled with their tribe. I think that's one of the things that parents aren't doing that they should be doing is making sure that their children are enrolled in those tribes.

But, yes, I believe that they should come with it.

VICE CHAIRMAN REYNOSO: But sometimes the enrollments don't happen because the parents don't see much benefit to it. But if they saw more

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often. MS. CULBERTSON: Yes. Yes. VICE CHAIRMAN REYNOSO: I mean, we've seen that in California where a while back it was of no benefit to be enrolled in a tribe or even to be recognized as a tribe. But now with gaming and some 8 other matters, it becomes more important. So there's a greater natural interest. And will become 10 MS. CULBERTSON: 11 greater importance as you see Medicaid eligibility becoming harder to qualify for as well as Colorado 12 13 is quitting enrolling new enrollees in the CHIP 14 program, the state Child Health program. 15 expected influx of Indian people coming into our clinic because of those issues. 16 17 VICE CHAIRMAN REYNOSO: Now, we saw a 18 map earlier about where Indian Health Services are 19 provided. 20 MS. CULBERTSON: Yes. 21 VICE CHAIRMAN REYNOSO: And the spot 22 around Los Angeles was great, but it was there. And 23 that's a great center for urban Indians, actually. 24 MS. CULBERTSON: Yes. 25 VICE CHAIRMAN REYNOSO: So apparently

benefit to it, then it probably would happen more

there are some urban --MS. CULBERTSON: There are a lot. VICE CHAIRMAN REYNOSO: -- provisions. And, of course, you mentioned in your own clinic in 4 Denver. MS. CULBERTSON: Yes. VICE CHAIRMAN REYNOSO: So it's already 8 been recognized the great number of urban Indians. What thus far has been the limitation on 9 expanding those services? 10 11 MS. CULBERTSON: How long do you have? VICE CHAIRMAN REYNOSO: Some of us have 12 13 to catch a plane before midnight. 14 MS. CULBERTSON: I have to catch one at 6:30. 15 16 Actually, the barriers for expanding 17 those clinics are that you have to really look at 18 philosophically why you exist. And I know that with 19 our board of directors we searched why we exist and 20 determined that we are an Indian health provider. 21 Granted, we're not Indian Health Service. Granted 22 we're not a tribal provider. But we exist and our 23 mission is to take care of Indian people that live 24 in Denver. 25 Other urban Indian programs have taken a

different point of view, where yes they're an Indian health provider, but they're going to throw open their doors and become a 330 clinics, which are the community health clinics. So that they can increase the revenue to provide further services to their Indian people.

I don't think our community would stand for it. We have contracts with the community health center where they really did not like going to get services from that provider or from those providers. They felt that they never understood their health issues. You know, something so basic -- my daughter hates me when I use this example. But there are certain bodily functions that you --

VICE CHAIRMAN REYNOSO: We won't strike it from the record now.

MS. CULBERTSON: -- that you refer to with your Indian language. And one time I took my daughter to the hospital and the doctor was asking her about diarrhea. And she being maybe 5 or 6, she says, "Mom, what did he say." I said (speaks in Indian language). Do you have (speaks in Indian language)? And she's like "Oh, no." But I mean even those simple things we can take care of in those Indian clinics because we have a variety of

tribes there. VICE CHAIRMAN REYNOSO: MS. CULBERTSON: And I think that really it is a philosophical issue of how much you're going to provide those services to Indian people. fortunately my board of directors has decided that we will remain an Indian clinic, that that's what we 8 are there for. VICE CHAIRMAN REYNOSO: Thank you. 9 Something further, Elsie? No. 10 11 MS. MUNSON: Could I add one comment to this discussion? 12 Certainly. VICE CHAIRMAN REYNOSO: 13 14 Certainly. MS. MUNSON: I think the other part of 15 that answer could be one word, it's just money. 16 17 VICE CHAIRMAN REYNOSO: Sure. MS. MUNSON: But the other part of that 18 answer is embedded in something people talked about 19 20 earlier today, and that is Indian people being 21 pitted against one another. VICE CHAIRMAN REYNOSO: Yes. 22 MS. 23 MUNSON: Indian people who 24 members of tribes against people who are recognized

by their community as Indian but who for various

reasons may not be a member of the tribe and may not be eligible for membership in a tribe, even though they are both ethnically Indian and identify as Indian and they participate in an Indian community.

But they may not be able to be.

Indians Urban against reservation Indians. There isn't enough money in the system and there is the constant and persistent threat that tribal governments experience that being Indian will reduced to an ethnic status, and not recognition of political status. And in instances it will be tribal leaders who will resist increased recognition of urban Indians not out of a lack of sympathy for the need for health care, not -- you know, it'll be their members, it'll be their family members who would benefit in some instances. But because it's the slow drift to another form of assimilation. And assimilation occurs just readily to simply become another ethnic minority with the elimination of political status as all the other which folks ways in tried to achieve assimilation of Indian people. Unsuccessfully in many ways, successfully in some others.

And so this tension is embedded in the fear of the loss of political status and it's a fear

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that lives with great justification.

VICE CHAIRMAN REYNOSO: Yes. Well, thank you both very much. You've done what I think probably had to do, and that is take a broad picture of what's happening and then say, you know, all the little details can't be solved without looking at the big picture, the issue of sovereignty, the issue of political rights as well as ethnic rights, the issue of not only of funding but what's happened in the past and we need to do to try to correct that.

So I think you very much. I think you've made your test.

OPEN SESSION

VICE CHAIRMAN REYNOSO: It is now time for the open session. I understand that there are . 20 people who have signed up to speak.

Our practice has been to have a very limited time, sadly, for the speakers. We will call them in groups of three and limit the testimony to 3 minutes for each of the testifiers.

So, with that said, I wonder if -- oh, this is the list? Oh. All right. I have the names here.

The first -- do I just call the two initially? Oh, I see. Oh, I see.

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With

The Honorable Bernie F. Teba. Secondly Joyce Maseyowma-Chalon. Third Kathy Janis. 2 apologies for mispronunciations. Are those folk present? 5 I'm sorry. The staff reminds me that I d should ask whether anybody needs sign language at 7 Apparently not. Thank you very much. this time? 8 Thank you. 9 Please identify yourself and proceed from my left, your right. Yes? 10 MS. JANIS: Good afternoon, panel. 11 VICE CHAIRMAN REYNOSO: Good afternoon. 12 13 MS. JANIS: Good afternoon, ladies and 14 I'm sorry I'm sitting with my back to gentlemen. 15 our culture to do you. It's not in 16 apologize. 17 Kathy Janis. My name is 18 representative of the Oglala-Sioux Tribe on the Pine Ridge Indian Reservation. 19 20 And I sat and listened to some of the 21 testimony that was given today, but it wasn't what I 22 thought it was going to be. When I came here this 23 morning, I assumed when they said disparities in 24 treatment and the assumption that I had was we have 25 in Pine Ridge, like Mr. Jack said this morning,

that.

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state-of-the-art hospital facilities, but we under staffed. The people that we do have there are They are not medical professionals. paramedics. They do come there, I don't want to use the term "off the street," but they're coming in. We're getting people from out of the country there. majority of them we don't understand what they're saying. And with our elders, it's hard for them

to go to the hospital.

We have a case when the person does go to the hospital, they're referred out to Rapid City. They're referred to Gordon, which is Gordon is about 45 miles. Rapid City is 110 miles. There are instances people don't go to the hospital until they're on their death bed before they're referred out.

And for broken bones, we're referred to Rapid City.

There are some of the medical staff that in emergency are sitting there doing their nails, either writing in their diaries, I don't know what they're doing. And here are the people laying back here waiting to be seen.

We have cancer patients that they're not

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diagnosed on their death bed.

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My brother fell, broke his back. Went to the hospital. They told him he had pulled muscles. Took him to Rapid City. He had a broken back. He's diabetic. There was nothing they could do for him. Pine Ridge told him he had pulled muscles.

Okay. Now, IHS will not pay for that because I just did not refer him out. So that bill is on my brother.

There's cases, and I have one here, this lady took her 2 month old child, she's a working mother, she has insurance. Took her child to a clinic, IHS clinic. Referred the child to Pine Ridge. Pine Ridge referred the child to a specialist in Rapid City. As soon as the child got there, they flew the baby to Omaha, Nebraska. Went through surgery, open heart surgery. Okay. The child is now back, but IHS will not pick up the bill. Insurance will not pay it because it's a treaty obligation is what the insurance company is saying. Plus, IHS did refer the child out. So the mother can't take the child back for further treatment because she owes a doctor bill.

Now this is what I thought we were going to talk about -- discuss this morning where all

these disparities in treatment. I can go to the hospital and I can be Another lady can go to the hospital; they seen. won't talk to her. VICE CHAIRMAN REYNOSO: Yes. Well, thank you very much. I'm sorry, but you've gone over your time. But I should tell you, as you know, that we did hear something about that and we saw a lot of it yesterday as we traveled around. Because the 9 disparities seems to -- all of the witnesses to be 10 11 manifest. Yes. So thank you very much. COMMISSIONER MEEKS: I mean, we did have 12 to limit the time here, but that's exactly why we're 13 14 having this panel now. VICE CHAIRMAN REYNOSO: Yes. 15 brings 16 COMMISSIONER MEEKS: Ιt 17 reality back. I mean, you know, we always hear the numbers and all those other things. But that's what 18 these panels are for. 19 20 MS. JANIS: I wanted to thank Dr. Grim. 21 He did come with numbers and all that stuff, but that's not what I thought it was. 22 23 VICE CHAIRMAN REYNOSO: All right. Well, 24 thank you very much. Yes.

MS. JANIS:

Thank you.

COMMISSIONER MEEKS: Thank you. VICE CHAIRMAN REYNOSO: You may remain there if you will until the panel is done. your colleague moral support. MS. NASEYOUMA-CHALON: Good afternoon. VICE CHAIRMAN REYNOSO: Good afternoon. Members of the NASEYOUMA-CHALON: Commission and people in the audience that are to my back. And I feel all this pressure on my back. I am Joyce Naseyouma-Chalon.

I'm Hopi I have lived in the pueblo of Taochla, and Taos. and right now I'm serving as the Director of the Public Health Division for the New Mexico Department Health. And I'm speaking to all today on behalf of the Secretary of the New Mexico Department of Health, Patricia Montoya.

VICE CHAIRMAN REYNOSO:

MS. NASEYOUMA-CHALON: I want to thank you for giving us this opportunity to speak with you to present our position, I guess, on what the Department is doing on behalf of addressing Native American health disparities for the state.

We have collected numerous data over the years and are very aware in the state about what the conditions people are faced with in New Mexico. And

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I'm not here to go into any particulars about that, but I just want to share with you what the New Mexico Department of Health is doing.

We have actually recently published a report on health disparities, and I will provide you with a copy of that if I get your addresses and send that to you.

VICE CHAIRMAN REYNOSO: Great. Thank you.

MS. NASEYOUMA-CHALON: But that really describes with what we're faced with in New Mexico.

But just for your information, Native Americans right now according to the U.S. 2000 Census make about 9.5 percent of the state's population. But they share disproportionately, the burden of death with regard to heart disease, cancer, accidents, and of course we all know about the prevalence of diabetes among all racial and ethnic groups in the state.

What I wanted to tell you is that the state of New Mexico has experienced some major changes in the political arena with the election of Bill Richardson as our governor. He's made promises. Actually, he sat down with tribes and made promises to them that he respects -- while speaking

from the point of respect for sovereign status of tribal nations in New Mexico, he's made promises that the state will do all that it could to address the devastating situations that the tribes are facing today, which is probably why I am sitting here presenting to you in the position that I am.

With that, he's appointed several Native

American individuals to prominent political

positions and expecting us to help address those

tribal needs.

We currently are on the way in developing a statewide comprehensive health plan. Included in that plan is going to be a Native American tribal health initiative. And primarily information that is going to complete this plan is based on some town hall meetings and some input processing sessions that the Secretaries for four agencies in the Health and Human Services went around conducting town hall meetings and collecting this information. And they did that throughout They from the Services summer. were Human Department, the Health Department, Children, Youth and Families Department and the Aging and Long Term Services. Primarily hearing personal testimonies from -- is that red light for me?

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VICE CHAIRMAN REYNOSO: Yes.

MS. NASEYOUMA-CHALON: I'm almost done.

VICE CHAIRMAN REYNOSO: Three minutes go by quickly, don't they?

MS. NASEYOUMA-CHALON: Well, anyway, we're preparing this plan and we're hoping that this will be a mechanism to being to address those health disparities.

In addition to that, which is something that's very new to this particular department, is developing a position, a high level position that we're referring to as a tribal health liaison to begin to address some of the health issues for tribes.

I know that this isn't going to do it all. I mean, there's a lot of work that needs to get done. And we know there is a lot of importance in coordinating with our partners and identifying our partnerships broadly. believe that And communication is a key. But more importantly, it's effective cultural appropriate · and cross that we're addressing communication so disparities and respecting that there are groups of people that we're working with.

On a personal note, in my previous job I

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1	served I had many opportunities to serve in
2	different workgroups for the Indian Health Service.
3	And I do know, and am familiar with the level of
4	need level of funding that Indian Health Service
5	receives. And we all know at this time, and maybe
6	it's increased a little bit, but they were only
7	funded at 60 percent of what the required need was.
8	I sat on the workgroup that said the need was \$12
9	billion. They're only funded at 2.3 billion, which
LO	is alarming and appalling.
	So, we will continue to do our work and
12	work with our partners to bring attention to these
13	inequities.
L 4	And this concludes my brief statement.
15	And I want to thank you on behalf of the Secretary
16	for allowing us this opportunity to present this to
17	you.
18	VICE CHAIRMAN REYNOSO: Great. Thank you
19	very much.
20	And if you have a printed statement,
21	we'd be happy to receive it.
22	MS. NASEYOUMA-CHALON: I got to get a
23	clean copy for you, though.
24	VICE CHAIRMAN REYNOSO: Okay. Thank
25	you.

MS. NASEYOUMA-CHALON: And I'll leave we'll be vou ΜV card, so sending you more information. VICE CHAIRMAN REYNOSO: Great. Thank you both very much. I'd like to call the next panel. Dan Jaco, Margaret Garcia and Keith Franklin. If 8 those folks are present, if they would please come forward? 10 And I would like to have you proceed as 11 I called you. 12 Mr. Jaco first. 13 JACO: Thank you. And let 14 congratulate on your perseverance. This has been a 15 long day for you, I know. 16 VICE CHAIRMAN REYNOSO: Thank you. I very much appreciate the 17 MR. JACO: 18 opportunity and I'll be mindful of the time. 19 My name is Dan Jaco. I actually prefer 20 your pronunciation. 21 VICE CHAIRMAN REYNOSO: Yes. I'm the Chief Executive of 22 MR.∹ JACO: 23 the New Mexico Medical Review Association, which the 24 Medicare federally qualified quality improvement 25 organization for the state of New Mexico. There are organizations like us in every state in the country, so we all work on behalf of the Medicare program to improve the quality of care for Medicare beneficiaries.

The quality improvement approach that we have taken in working with primarily -- well, largely with all health care providers, physicians, hospitals, nursing homes, home health agencies, managed care plans is really beginning to bear fruit. We're seeing some measurable changes in the quality of care.

We work off a set of clinical indicators that are measured and re-measured. And we work in concert and collaboration with providers to affect those improvements.

extend the work that we are doing more fully into the Native American community in the state. One of the constraints, in fact the constraint that everybody has who has a contract with any government entity, is there is always a funding limitation. And CMS has a big job, as we do, to try to get the largest improvement with the dollars we have against the largest number of people. And sometimes that means not being able to deliver the services to

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specific groups within the state.

And, for example, here in New Mexico the largest group is really Hispanic populations. So we have this sort of dual responsibility to try to reach these select populations. And, I guess, my take home message from this opportunity is, because we're focusing here on disparities, is to address a little bit different disparity. And that's the disparity in the access to the kind of services that we as a quality improvement organization can provide.

And I did have a little opportunity to talk to Dorothy Dupree outside. And I think that between or amongst CMS, IHS, the quality improvement organizations across the country, the state health department and a number of other stakeholders, we really need to get together to see if we can more fully extend the kind of work we're doing. Because we've haɗ some remarkable accomplishments, particularly in diabetes, which is a problem of course of enormous magnitude in the Native American community. If you look at some rates, and we talk about disparity. The hemoglobin A₁C, which is a measure of blood glucose sugar -- eye examines, which also looks at blood sugar, lipids which are

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percent of time. In New Mexico they occur maybe about 7 in 10 times among Medicare beneficiaries as a whole, but in the Native American community you're looking anywhere between 1 and 5 and 1 in 10. mean, it's alarming the discrepancy that exists 7 here. 8 So in terms of disparity, and that's 9 something that we really feel like we can help with. So I'd just like to leave you with our 10 11 offer to work in anyway we can to help with this. And I know I speak on behalf of the other 37 12 13 organizations like ours across the country that are 14 doing similar kinds of work. 15 VICE CHAIRMAN REYNOSO: Well, thank you, I think it's encouraging that one can 16 Mr. Jaco. work together and try to diminish that disparity. 17 18 COMMISSIONER MEEKS: I'm glad we could 19 facilitate you and Dorothy getting to talk. 20 VICE CHAIRMAN REYNOSO: Yes. Yes. 21 COMMISSIONER MEEKS: Had some impact 22 here. 23 VICE CHAIRMAN REYNOSO: Yes. 24 MR. JACO: I have a written testimony, 25 too, which I'll leave.

Those are 3 tests which should be done 100

Ms. Garcia?

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MS. GARCIA: Good afternoon, honorable members of the Commission. My name is Margaret E. Garcia. I'm an enrolled member of the Suni Tribe, and the Department Director for the Community Health Department for my people.

I appear before you today to express my sincere appreciation to the honorable members of the Commission to take the time to hear about our concerns.

The Indian Health Service has and historically been under-funded has never received the allocations to bring it anywhere near the \$18 billion that is needed to fully fund health care for us. Adjustments for inflation and the rising costs for providing health care to us has not been taken into consideration by the government.

Specifically, the U.S. Congress and the President of the United States, there is a federal responsibility for the United States trust Government to provide quality health care to us. This responsibility has not been met. Instead, billions of dollars are sent to foreign countries to address their needs without taking into consideration what the needs are in Indian Country.

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Perhaps we can enjoy foreign aid status and gain the benefits that the U.S. Government so freely gives to foreign countries rather than helping us here as the first citizens of this nation.

In addition, I have reviewed the funding levels for the federal prison system and the Indian Health Service, and it was stated earlier, the federal prison system receives more money. In my mind, this is an egregious practice that has been allowed to continue for many, many years and something has got to be done about it.

There are major obstacles that exist within the bureaucracy of the federal government. There are policy conflicts between health promotion and other governmental programs. For instance, while we provide education about nutrition, the federal government provides high fat, surplus commodities to our communities and to the school lunch programs for children. With the poverty levels our majority of reservations, the our people are eligible for these food products. And in turn, they make the problem of diabetes, hypertension, heart disease and obesity even worse than they are. different is this when you reflect back upon the

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epidemic that occurred small xoq because of contaminated blankets? Because of inadequate funding, we have to wait anywhere from 2 to 3 months for an eye Services examination and dental care. for specialized care are not available. And in order to access specialty care, a person has to jump through government regulations 8 the hoops of referral for services. The system of health care for us is not 10 11 a very customer friendly system at all. 12 In the area of mental health services we 13 only have 2 providers, and they are expected to serve approximately 10,000 people. Again, this is a 14 great unmet need. 15 And I see the red light come on. 16 I have submitted a written statement for 17 18 your review. 19 VICE CHAIRMAN REYNOSO: Very good. 20 MS. GARCIA: Thank you. 21 VICE CHAIRMAN REYNOSO: Yes. Thank you 22 very much, Ms. Garcia. 23 MS. GARCIA: Thank you. 24 VICE CHAIRMAN REYNOSO: Mr. Franklin? 25 I want to thank the MR. FRANKLIN:

2 before. I'm Keith Franklin. I am Commissioner with the Albuquerque Commission on Indian Affairs. And I'm also a member of the Albuquerque Metro Native American Coalition. And everything that I was going to state here today is in some binders that is in your room 8 9 right now on your table. VICE CHAIRMAN REYNOSO: Oh, very good. 10 11 Thank you. MR. FRANKLIN: What I would like to 12 7A7 13 speak on today is, and you asked before you were 14 talking to Kay, we do have facilities here. We do 15 have a hospital and we do have a dental clinic that 16 urbans do frequent with whatever services they have. 17 And my statement is on good stewardship 18 19 of special urban funding. 20 SIPI Dental Clinic was due to close because of P-638. All the tribes pulled theirs out 21 22 of the clinic. And there wasn't going to be any 23 money left. They were going to close it. 24 And I'll go into my facts now and read 25 it to you. The current resources for the IHS

Commission to give me the opportunity to testify

primary service dental clinic located at the SIPI originally funded special by Dental was congressional appropriations awarded for the Urban Dental Services and third party billing Medicaid clients. A small amount of grant money from the All Indian Pueblo Council was used in the administration of third party billing for both Urban Dental Clinic and the Urban Orthodontic Clinic, located in the same building in SIPI. Upon receiving the special congressional ago, the funding 3 years indicated that dental service plan would be:

dental clinic staff

- 1: Service the Indian children in the community not only because a majority of them needed the services, but they also paid their way through Medicaid;
- Additional dentists and staff would 2: be hired to service the whole community when third with the special party billing and resources congressional appropriation reached a sufficient level. And that was 1.5 million.

We did get appropriated a million, but IHS gave us only 500,000. And then we got third party billing over a million this year. So, we reached that level.

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At the present time only children and young adults under the age of 22 are serviced by the primary clinic on a routine basis. Adults over 21 are taken on emergency services.

The urban Indian community became quite concerned on finding that the SIPI Dental Clinic hired or reassigned four commissioned officers at the grade of 06. 06 is, I believe your service. I think that was a full bird colonel. So we have a whole bunch of full bird colonels. We got 4 of them. And one lieutenant colonel and one major. That's our dentists.

The total manning for the dental SIPI is 4, 1 and 1. The IHS area has recently hired a CEO under protest by the urban Indian representatives and the salary for this staff member is being paid out of the primary clinic. I mean, just a little small amount of money we got. So we've got almost a million dollars just in salaries.

The CEO is the supervisor for these high-ranking commissioned officers. For information purposes, an O6 in the Air Force runs an Air Force base with more than 3,000 troops.

The total payroll for these commissioned officers and CEOs is over 700,000. We feel with

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prudent manning practices, hiring lower grade commissioned officers and preferably civilians, the dental staff would be as high as nine dentists and could be serving the whole urban community where 68 percent of us are over 21.

The urban Indian community is also concerned that orthodontics tribal funds have been commingled with the urban funds. So now they've pitting urbans versus tribal. And the CEO is making the decision on how that tribal money is being spent and she's being paid by urban funds.

Now, I want to just quickly, they're talking -- red light. They're talking in the state that they're going to lower the eligibility for Medicaid. So that's going to cut largely into our population if they take the top side of our population out.

And also the question I would have to Commission to ask IHS is why hasn't the Albuquerque IHS area director formed a grassroots urban Indian advisory council to oversee and recommend to the director on matters that pertain to the health service for urban Indian clientele or service their representatives who IHS use facilities?

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1	VICE CHAIRMAN REYNOSO: Yes. Thank you
2	very much. Those are good questions, and obviously
3	a lot of work still has to be done in that area.
4	Well, thank you to the panelists. Thank
5	you very much for your testimony.
6	I'd like to call the next panel. Mr.
7	Robert Nakai, Mr. Julie Claymore, Ms. Henrietta
8	Lewis.
9	If those folk are here present, please
10	come forward.
11	And I would like to have you present
12	your testimony as I call you, Mr. Nakai, Mr.
13	Claymore and then Ms. Lewis.
14	MR. NAKAI: Thank you very much. My
15	name is Robert Nakai. I am the Division Director of
16	Health and Human Services for the Ramah Navajo
17	School Board.
18	I'm a Navajo veteran of Vietnam and a
19	graduate of the University of California of public
20	school with a master's in health care
21	administration.
22	Ramah Navajo is
23	VICE CHAIRMAN REYNOSO: What campus?
24	MR. NAKAI: Sorry?
25	
- [VICE CHAIRMAN REYNOSO: What campus?

You just said University of California.

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MR. NAKAI: Berkeley.

VICE CHAIRMAN REYNOSO: That's not the only campus.

MR. NAKAI: It is to me. Thank you.

Ramah Navajo's number approximately 4500. The Navajo School Board established -- was the first to utilize the 638 to establish the Pine Hill Health Center in 1978. My 25 years of experience, I've had a chance to work in the urban reservation, Indian Health Service as well as rural community.

And the Ramah bank of Navajo is a satellite of a larger Navajo Nation. Unfortunately, when anybody talks about Navajos, they talk about Window Rock. And a lot of our issues don't get resolved working with Window Rock, because we're considered a stepchild. There're three communities that are in that same boat.

I'm dropping things here just to make sure that I'm not -- I just wanted to answer a question earlier about the disparity in terms of costs. You have a sheet on my testimony that basically shows the breakdown of the different costs for -- like IHS appropriation and collections for

user is \$1,914 and all the way up to Medicare is \$5,914 in a list of my chart there as well.

I just want to also mention the treaties of conveniences were made many years ago. There was a question earlier about the Indians that were not Indians but were Indians that lived in urban areas but were not tribally membered. And New Mexico had a history of those Indians. They were called Ginaseros. And the Ginaseros were incorporated into the historical Hispanic population because of the English language and catechism and a way to become a legitimate citizen of the state of New Mexico.

Communities were established. Cibiqui - not Cibiqui, but one on the Laguna. The Tomai and
Lasale as well as Abiqui were initially Indian
communities and later became Spanish communities.

We talk about resources for our people. The Navajos were incarcerated in 1864 in Fort Sumner. The total budget for health care at that time was 3,800. 1800 for a physician and 2,000 for a small hospital and medical supplies. Since then we've tried to improve our health care, and we dropped from a population of 14,000 to 6,000 in a period of 40 years.

We have a lot of issues with regards to

those kinds of problems, and I just want to finally bring to the conclusion on mine here what are some solutions? How do we get resolved?

Well, your support and your report definitely in listening to the disparities and supporting our Indian Health Care Improvement Act, and the Indian Self-Determination and Education Act, as well as the Indian Child Welfare Act and others that I couldn't name today.

I just want to also say that the proclamation of the Statue of Liberty says "Give me your tired, your hungry and your homeless." And I'd ask that statue to turn around and also offer that encouragement toward our people.

Just in closing here, I close with a quotation from American General Carlton who saw the plight of the Navajos at Fort Sumner. He wished the Navajos to become a people whom you all can contemplate with pride and satisfaction. A people who in return for having giving you their country have been remembered and carefully provided for by a powerful Christian nation like ours. But unless you make the laws all arrangements here contemplated, you'll find this interesting and intelligent race of Indians will fast diminish in numbers until within a

few years only one of those who boosted in the pride name of Navajo will be left to abrade us for having taken their birthright and left them to perish. With other tribes whose lands we have acquired ever since the Pilgrims stepped on the shore of Plymouth, this has been done too often for pity's sake.

If not moved by any other consideration, let us as a great nation for once treat the Indians as it deserves to be treated. It is due to ourselves as well as to them that this be done. The exodus of this whole people from the land of their fathers is not only an interesting, but a touching sight.

They are have fought us gallantly for years on years, they have defended their mountains. and their stupendous canyons with a heroism which any people might be proud to emulate. But when at length they found that it was their destiny, too, it has been that of their children, tribe after tribe a way back towards the rising sun gave way to the insatiable progress of our race, they threw down their brave arms and as men entitled our admiration and respect, have come to us with confidence in our magnanimity and feeling that we are too powerful and too just a people to repay that confidence with meanness or neglect feeling that for

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having sacrificed to us their beautiful country, their homes, their association of their lives, the scenes rendered classic in their tradition. We will not dole out to them a miser's pittance in return for what they know and what we know to be a princely realm. Thank you. VICE CHAIRMAN REYNOSO: Yes. Thank you very much. Ms. Claymore? MS. CLAYMORE: Good afternoon. VICE CHAIRMAN REYNOSO: Good afternoon. is Julie MS. CLAYMORE: My name Claymore, and I'm enrolled in the United Tribe, and I'm also Chataka. I'm an urban Indian that has resided in Albuquerque for over 25 years and living on or near Indian reservations for most of my life. I'm a single parent. I'm an eligible I'm Indian Health Service. beneficiary of the retired from the Indian Health Service. And I'm one 36,000 American Indians living in of the Albuquerque. I'm thankful to be present at this hearing. I feel like it's been long overdue, and I

congratulate you for being here.

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The Indian Health Service mission to elevate the health status of American Indians and Alaska Natives is woefully under-funded, as I believe as previous testimony has indicated. But even as congressional committees are urged to increase appropriations, I believe there also needs to be a closer review of how IHS spends what funds they do receive.

I applaud Senator Daschle's effort in this record and will be providing him a package along with the Albuquerque Metro meeting American Coalition, which will be consistent with the package that we gave to you.

One of several areas that warrants close scrutiny is the continuing lack of attention that's been paid to the 1996 GAO report the effectiveness of the U.S. PHS Commission Corps. While we do have many dedicated Corps officers performing key primary care in the field, requested by 2 congressional offices, report indicated that the Indian Health Service could save approximately \$40 million per year, which was based 1995 salaries, if positions were filled by on federal civilian employees instead of the costly

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commissioned Corps. This is especially important when commissioned officers only perform administrative functions.

From May of 1996 to date IHS continues to ignore the cost saving implications of this report and place commissioned officers in desk job or administrative roles that do not deliver health care as originally intended by the Corps. In today's terms, we're talking about a savings close to \$60 million per year, which is significant. These quasi-military employees, as the report refers to, and their families, also access IHS health care services without regard to Indian beneficiary status. Such IHS is proposing, as we speak, to add 240 more USPHS commissioned officers to staff programs nationally. This is not surprising since many decision-making positions at the highest levels in Indian Health Service are filled by Corps officers.

Other areas of expenditures such as the cost of contract nurses, absorbing DHHS employee costs and excessive administrative overhead certainly warrant a close look as well. But savings close to \$60 million per year would go a long way toward making real the IHS, slogan "Patient care

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As an American Indian and an American taxpayer, I believe we deserve that accountability.

Thank you.

COMMISSIONER MEEKS: Thank you.

VICE CHAIRMAN REYNOSO: Thank you very much.

Ms. Lewis.

MS. LEWIS: Thank you.

Honorable members of the Commission and ladies and gentlemen in the audience, I thank you. I would like to address some of the issues that I feel are concerns.

I've been an advocate for our native people for a number of years. I've participated on task force committees addressing health care issues within our Native American setting.

I am Navajo. I live within the urban Indian population here in Rio Rancho. I've lived within the adjacent towns of the IHS service delivery areas as well as my immediate family also.

The philosophy recently of Indian Health Services has been a one-stop shopping house care model, which means that in order to support the users who had difficulty getting to the service

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units for their health care, they were able to make appointments on a particular day.

There are, indeed, transportation issues. Some of the transportation is contracted and services rendered by private individuals through Medicaid recipients. However, not all of our people received the medical care that they're entitled to. There's still a population out there who resort to their traditional healings.

Some of the services as far as the emergency medical transportation is contracted, tribally operated. Those vehicles lack some of the sophisticated kinds of equipment in order to transport our Native people, as Ms. Meeks related to the experience with a relative that she knew.

Contracted services, a lot of our people who receive emergency care, of course, are brought in by ambulances. I have not seen where our service units are equipment with the emergency transportation that is really necessary to take care of our emergency needs.

The revolving door kind of philosophy as far as our physicians within Indian Health Service.

I don't say this derogatorily about Indian Health Service. After all, I am an employee with Indian

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Health Service.

The affirmation plans aren't identified to reflect the immediate needs of where our Native American people can fill some of those positions or they transition into the health care arena to identify with some of the medical needs our people have.

The other is as far as some of the early preventions and interventions, I think there has to be a collaboration with the educational systems, outreach in the community areas to educate our people. Not just pamphlets, not just one time showing up at a chapter house, for instance, to convey some of the diseases that are people are faced with. The infrastructures, congressional appropriations.

I worked under the Bureau of Indian Affairs for a number of years. I was a safety manager. I identified deficiencies within building settings. I don't see that with Indian Health Services. And so therefore I feel that there should be an identification in order to acquire appropriate kind of building structures for our health care needs.

Third party revenues. We are going in a

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1	direction where we say we are a managed care
2	organization within Indian Health Services.
3	Whenever we have patients being transported out to
4	other medical care facilities who IHS had contracted
5	with, because of higher levels of care we determine
6	medical appropriateness. There are two individuals,
7	myself and RN who work within Albuquerque to support
8	Navajo Area Service Units. I work for one
9	particular service unit. And the philosophy there is
10	to ensure that there is someone available where our
11	Navajo people can relate to.
12	They come into the cities for higher
13	levels of care. Cultural shock. They are received
14	by people who are not so much cultural
15	VICE CHAIRMAN REYNOSO: I'm sorry.
16	You've gone a couple of minutes past. I wonder if
17	you could wrap it up.
18	MS. LEWIS: Yes.
19	VICE CHAIRMAN REYNOSO: And if you have
20	something in writing, I would be happy to receive
21	it.
22	MS. LEWIS: Okay. Yes, I will.
23	So therefore, I feel that some of the
24	disparities that are indicated as a result of the
25	Commission's visit, those disparities do exist.

There are state agencies also that contribute to some of the disparities. Of course, I will present something in writing. Great. Thank you. VICE CHAIRMAN REYNOSO: Thank you. COMMISSIONER MEEKS: Thank you. VICE CHAIRMAN REYNOSO: I'd like to call the next panel. And I'm going to be calling four people on this occasion. Alvin Rafelito, Raymond Stanley, Edward Begay and Emmett Francis. And, again, apologies if I mispronounce names. If those four are present, if they could please come forward. And if you could proceed in the manner in which I called you, Mr. Rafelito, Mr. Stanley, Begay and Francis. Thank you for giving me MR. RAFELITO: this opportunity to testify before you in disparity in health care. My name is Alvin Rafelito. at Ramah Navajo Reservation as a contract health specialist. I work in an ambulatory health setting.

To give you a feel of some of the things that I have experienced in trying to deliver health care to my people.

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I'm sorry, you have alternate health care, alternate service resources that you can use or you are eligible to apply for alternate resource. So who assists this patient to get on alternate resources? You get a letter back from Social Your disability is not severe enough to Security. 8 meet our criteria. May be eligible to do gainful 9 employment in your region. You can lift 20 pounds. 10 You can sit for 8 hours. You can do gainful 11 employment. You look at this and you say, what the 12 13 hell. We have an unemployment of rate of over 50 percent. How is this person going to work doing 14 15 light work? We do heavy work. That's why I'm 16 disabled. I'm sorry, the service is available in 17 18 an IHS facility. 19 I'm sorry, you don't meet CHS priority 20 criteria. I'm sorry, you didn't notify me in 72 21 hours, I cannot pay for your bill. 22 23 I'm sorry, you do not live in a contract health service delivery area. 24 25 I'm sorry, your provider is in Gallup,

we cannot serve you through our service unit. I'm sorry he doesn't belong to this tribe. I'm sorry, you're not socially actively entitled to this tribe. I'm sorry, you're not being referred to contracted provider. 8 I'm sorry, your service is not a covered 9 benefit. 10 I'm sorry, you didn't get 11 approval for your visit. 12 And our patient's concepts. If you don't 13 have insurance, you cannot get service. You might as well die. 14 15 IHS is available, but I didn't get good 16 service at that hospital. The waiting time is too 1.7 long at that hospital. 18 I went to the ER department at that 19 hospital and waited to be seen for over an hour. I 20 heard so much, I went across the street to be seen 21 at their ER. Because there were still people 22 waiting to be seen that were ahead of me in the IHS 23 ER Department. I went across to the facility, showed 24 them my health card and I was seen right away. CHS 25 is going to deny payment on my medical balance bill based on IHS's facility was available.

My child needs braces, but Medicaid denied request due to not being severe enough. We want braces for her and it's going to cost us \$3,945. My insurance is going to cover \$1,000 of this bill and I'm requesting CHS to help me with the balance, either in full or in partial.

Trying to access health care should not get you killed. Access to health care becomes a choice. You live in reservation, you're in poverty and have IHS health care or live off the reservation to get out of poverty and not have access to health care.

Employees around the reservations areas don't offer health insurance because they depend on THS to provide that.

Under-funding causes prioritization in delivery of health care, crisis delivery of care, under-staffing, long wait time, low quality of care, high costs, chronic care, low uses due to long wait time in prioritizing care. You're not sick enough yet.

There are not enough service benefits.

Or misdiagnosis trying to be conservative and not aggressive in trying to treat a person.

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Thank you. VICE CHAIRMAN REYNOSO: Thank you very much. Mr. Stanley? MR. STANLEY: Good afternoon. VICE CHAIRMAN REYNOSO: Good afternoon. thank MR. STANLEY: Ι you, 8 Commissioners, for taking the time to meet with the 9 Native Americans. 10 Raymond Stanley, My name is 11 Chairman of San Carlos Apache Tribe for the last 10 12 years. Apache 13 Carlos Tribe hospital about 50 years old. The building and equipment are 14 15 very obsolete. Proper health care is hindered, and 16 due to that, infants, youth and elderly are still in 17 pain, even though they go to the hospital. 18 increases public complaints about poor health care, 19 not to mention we do get good doctors, however we 20 lose these doctors because of the situation, 21 obsolete buildings and equipment. 22 I'm sure I'm speaking for many tribes 23 here. 24 I'd like use one doctor as

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She became a best friend to my wife.

example.

They're both Christian. We're Christian. One thing that I admire, I inspire of this doctor is that she took the time even to drive a yellow big bus, you like the regular bus, unmarked. She drove them around to pick up anybody that was going to church. You know, if you imagine, it's pretty rare. It's like an attorney, you know, driving a bus. You know, you don't see that too often.

She's been there 7 years. And when she was leaving, there was a big party, the elders and the people. The elders were actually in tears and actually tell them not to leave. But, unfortunately she left to Tucson.

And I know, again, I'm sure I speak for many tribes here that there are places that are facing similar situation to where these doctors are leaving. And it goes back to your funding.

I'm also thankful for -- and more reminded to the United States Government of the trust -- trustee, trustor relationship and the government relationship. As a former chairman, I highly respect it. And I do thank you for this time.

Actually, I'm here on my own personal expense. I really should be leaving. I just came

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1	from a law conference, but because it means
2	something to me, even though I'm no longer in
3	office, but to speak for not just our tribe, but
4	many tribes the importance of wanting you to know
5	that as a Native American the suffering and the hurt
6	still goes on. And this way, I delayed my time
7	coming here, rather to drive 7 hours back to
8	Arizona.
9	So, thank you. And the Lord bless you.
10	God bless.
11	COMMISSIONER MEEKS: Thank you.
12	VICE CHAIRMAN REYNOSO: Thank you, Mr.
13	Stanley.
14	Mr. Begay?
15	MR. BEGAY: Good afternoon.
16	VICE CHAIRMAN REYNOSO: Good afternoon.
17	MR. BEGAY: Commissioners. I want to say
18	thank you for this time.
19	My name is Edward Begay. I'm Navajo.
20	VICE CHAIRMAN REYNOSO: Thank you.
21	MR. BEGAY: I work up in Farmington, New
22	Mexico.
23	VICE CHAIRMAN REYNOSO: We know where
24	Farmington is.
25	MR. BEGAY: A new program called Totah

Behavioral Health Authority.

VICE CHAIRMAN REYNOSO: Yes.

MR. BEGAY: "It's a new pilot program that was established under the Presbyterian Medical Services. The first year that they were in existence, we were in existence, we were looking at a budget of \$1.25 million. And the second year, \$1.16 million. After that, this year's funding, \$210,000. That's it. Okay.

We deal with inebriates, homeless, under uninsured both that have insured, recurring disorders that have fallen through the cracks of the society. A lot of the relatives that we serve have co-occurring disorders that have never been treated because of limited resources. There's a lot of homelessness in Farmington, Four Corners region. There's a lot of things that we're looking at. as long term treatment, we're looking at Indian Health Service what kind of programs are available and health issues, health care, service providers.

A lot of times we had service providers that really had no idea what the diagnoses co-occurring disorders are. So from the testimony that I have been hearing most of the morning, a lot of the paraprofessionals instead of professionals due

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to the limited funding, due to limited resources that we have, a lot of this isn't seen.

And a lot of things that had been coming up, we've worked with individuals that have no place to go, that have no homes, that have no extended family right off hand that will take them in. A lot of the things that my relatives are dealing with out there in the streets is PTSD. You know, we have a lot of our veterans out there that have, you know, no resources available. The nearest place you can go is Albuquerque, Phoenix, you know. And these metropolitan areas, a lot of times we look at that and just like I was saying, you know, the budget right now is \$210,000. Whatever we have to carry over possible, \$450,000. If the government does accept the \$450,000, we're still short, you know. So when you look at that, we're H-cap grant funded. We deal with HRSA. And it's like the resources that we have, PMS, we look at that. And we see -- we go though Indian Health Service. We make an appointment.

This person is eligible for treatment; this person is eligible to go to long term treatment. We have to have a physical. We have to have a psychological evaluation done. And a lot of

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times when he goes to IHS, he looks 2 or 3 months ahead of schedule. You've got to be there 2, 3 months down the road in order for this to happen. But this person was referred, was accepted into a program. But unfortunately, due to lack of resources available, we find we got to wait. So when you look at that.

Now, as far as people were talking about the treaty, June 1868 between the United States, Lieutenant General Sherman, Colonel Samual Tappen. Want to put Navajo Nation, a tribe of Indians represented by their chiefs had been duly authorized in part to act for the whole people, the said nation or tribe.

Article I. From this day forward parties that this agreement shall the forever the war between the parties, disagreement shall forever cease. The Government of the United States desires peace and its honor is hereby pledged to keep it, the Indian -- pledge their honor to keep it too, as well. But right now we're still at war. We're still being denied the services, the things that -- we fought for. believe in a lot of things and I think that we proved that during the times that we were held

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captive as Navajos. And when we look at that, 4 captivity, we saw а lot of in vears happening. And to this date we're still suffering because of some of the things that were taken from us, resources, our land was re-cultured. And a lot of things. So when you look at from that prospect, you know, we need help here. You know. I want to thank you for taking this time And, you know, I could say a lot to hear me out. more to it. But, you know, when I get this cleaned up a little, I'm pretty sure I'll have something sent your way. Thank you. VICE CHAIRMAN REYNOSO: Please do so. Thank you, Mr. Begay. I think your program sort of exemplifies some of the problems we've been dealing with yesterday and today. Mr. Francis? MR. FRANCIS: Thank you, Commissioners. My name is Emmett Francis. I'm Navajo. I presently live in Albuquerque. And I also use the Indian Health Service facility here in Albuquerque.

And I also am a volunteer helping the urban Indian

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issues,

housing issues, business development issues, homeless issues and whatever else there is to be assisted to the urban Indian community.

I just want to touch a little bit more about the services and also the policies that affect the urban Indian population here in the city.

Starting with regulations and laws, we're all covered under the Snyder Act where it says "all Indians are going to be provided health care," or some such language as that. And the Indian Health Service uses Public Law 94-437 to provide funding and services to Indians across the country.

Under Title II of that Act, it provides funds to tribes to provide health services. Title V of that Act it provides funds to 34 nonprofit organizations in addition to the Tulsa, Oklahoma City health care facilities. However, there's nothing mentioned anywhere about Health Service and services to urban Indians that continue to use the Indian Health Service facility. Nowhere have I found anything. So I don't know whether it's illegal or whether there's another law, or act or something that does allow Indian Health Service to provide funding for urban Indians that continue existing health to use that service

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facility in Albuquerque.

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We have a similar situation in Phoenix, Gallup and some of those areas where they are existing in the health service facilities. There are what they call urban programs, but those are non-profit organizations that run limited health care services. There are 34 of them in this country. And I understand there's something like 333,000 urban Indians that use those facilities. But I'm talking about something very different. I'm talking about those urban Indians that continue to use the Indian Health Service facilities that are in the urban areas. And those are the people really that are forgotten. They're the invisible ones.

I mean, we talk about invisible Indians here, but there are more invisible Indians as far as the urban Indian in the community is concerned.

I just want to make that point. And I hope that if I can have people understand that point, hopefully they can begin to understand why the urban Indian community in Albuquerque is so concerned about health care services. And the reason why it's so critical here is that once the tribes under Title II start contracting under Public Law 93-638, those services, all of the money that

comes through Title II included in the ones that benefit the urban Indian, now go out to the tribes. So therefore, there will be nothing if all the tribes here in Albuquerque decide to contract. There will be nothing left for the urban Indians.

And the SIPI Dental Clinic is an Two years ago it was subject to close because most of the tribes, that contracted, there was only a few dollars left and they could not serve all the urban Indians in this community. So what we did was go to Congress directly and try to get some money, and we did get some money. But not all of the money came down. Half of that money, a million dollars, went to a non-profit organization because of the situation that I described earlier. not in 437. We're not talked about in 437. We're part of Title II, I understand from the Health Service, and Indian Health Service is afraid if they put the money in Title II it will be subject to 638 contract. And that's why they don't want to put it in there.

So what happened was they tried to route it through a non-profit organization back to SIPI Dental Clinic. But for that reason, we only got \$500,000 of the million dollars. But I think that

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was more due to personal and political connections all the way up to the Indian Health Service between the director of the non-profit organization here and the Indian Health Service. Because the director was assigned from the Indian Health Service to run the non-profit organization here. And those kinds of shenanigans do go on 8 in the Indian Health Service system. And I wish 9 there'd be more investigation of those kinds of 10 things that go on in the Indian Health Service. 11 Thank you very much. VICE CHAIRMAN REYNOSO: 12 Thank you all 13 very much. Very much appreciate it. 14 COMMISSIONER MEEKS: Thank you. 15 VICE CHAIRMAN REYNOSO: And thank you, 16 again. I'd like to call the next panel then. 17 panel of three. Linda Stone, Lena Jim and Theresa 18 19 Fischer. 20 And if you could proceed in that same 21 manner; Ms. Stone, Ms. Jim and Ms. Fischer. 22 MS. STONE: Thank you members of the 23 Commission Civil Rights for letting us have 24 opportunity to speak with you. 25 We're Nations Community from First

Source. My name is Linda Stone, I'm the Director of First Nations Community Source.

To my left is Lena Jim, who is the coordinator for our Medicaid enrollment program. And then to her left is Theresa Fischer, who is our interim director of primary care services and also the diabetes educator and prevention specialist for our clinic.

Just as a little bit of a background. First Nations Community Health Source is a private, non-profit urban Indian health center that was established in 1972. We are committed to providing culturally competent health services that integrate physical, traditional values to enhance the emotional and mental well being of spiritual, American Indians in Albuquerque and the surrounding tribes.

We are federally qualified health center, and we are the only Title V urban Indian health clinic in New Mexico.

We are located in the southeast quadrant of Albuquerque, which is the area with the highest concentration of urban American Indians.

We are a relatively small clinic. We have a staff of about 35 people, 60 percent are

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The services that we provide reflect our health encompasses not only physical that health but also spiritual, emotional and natural well-being. We provide primary care, dental services, traditional healing. WIC We have We have an HIV case management and program. prevention service. We have a Medicaid enrollment program, diabetes prevention program and behavioral health services and a homeless outreach program.

We are one of two primary are providers offering health services to the 36,000 urban American Indians without regard to ability to pay and at no cost.

In terms -- I won't go into the high disease rates that are prevalent among the urban American Indians. I think that was discussed earlier. And for the sake of saving time.

I do want to identify some of the barriers from our experience in delivering services to the urban Indian population, some of these have already been discussed before, but I'll just identify them.

The urban American Indians are least likely to have health insurance and least access to

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health services. They have high rates of poverty and unemployment, which undermines their ability to improve their health. Transportation is a significant problem for many.

The IHS budget cutbacks in services have also added an increased difficulty for them in accessing services, waiting periods for scheduling appointments is beyond acceptable.

Affordability of health services is also a problem because 65 percent of the families live either at or below the poverty level.

Urban American Indians are also among the highest users of emergency rooms for routine care. Many of them do not qualify for contract care because they have maintained residence out of the reservation for more than 6 months. They can only receive direct care.

Two out of three are uninsured and many fall into the category of the working poor, which means that they don't qualify for Medicaid and they also are in a job that does not provide benefits.

What we try to do at First Nations, is we try to provide accessible, affordable and culturally appropriate services. And we also try to fill in the gaps in terms of the service cutbacks

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community organizations to try to coordinate care. We receive about \$250,000 annually from IHS. Our annual budget is about \$2 million. The rest 4 5 of the funds that we get are from state, federal and private grants. We see -- the population that we see is 8 largely uninsured and under-insured. Only about 25 9 percent of our population has Medicaid. In terms of our revenue collection, it's 10 11 at a rate of 20 percent. And clearly we do not 12 generate enough patient revenue to sustain our 13 services, which is what we really rely on in terms 14 of providing health services. 15 VICE CHAIRMAN REYNOSO: Yes. I'm sorry. 16 You've gone over. 17 MS. STONE: Okay. 18 VICE CHAIRMAN REYNOSO: I wonder if you 19 could wrap it up now. 20 Okay. You may proceed. 21 MS. JIM: My name is Lena Jim. 22 In today's discussion a lot of the 23 quests have spoken on using the various insurance to 24 pay for IHS getting reimbursed from either Medicaid, 25 Medicare. But as you know, that there's been a **NEAL R. GROSS**

that have existed with IHS. We also work with other

setback on the funding for Medicaid. And cutting down the funding. And we look at that, and most of the people now are going to private practices or if they have insurance, they'll go to other practices to get their health care met. However, when they do go, they're faced with racial or discrimination and that's just another setback for them.

And my question for you is as you gather these reports and data, I mean you stated earlier that you're a second voice to what's been said before. And we've stated, people have stated before that when we've stated our concerns and wanted more funding for certain cares, that it's all these things have been -- have fallen onto deaf ears. How can you -- how -- when you turn in these reports, how do we know these things are not going to fall on deaf ears as well to the Congress. When you turn in these datas, when you turn in our concern, because we've already turned in those statements before. Ι mean, we're the first voice. You're going to be the second voice. And that's my concern. That's my That's my anger. That's my bitterness frustration. to the government.

And I don't want to be emotional about this, but it's just something that we have to face

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everyday. And that my grandparents had to face, because they're not getting their services met. And, again, what are your hopes in making this panel — with this panel, what are your hopes with that?

VICE CHAIRMAN REYNOSO: Yes. Thank you very much.

Just a brief response. Manifestly, it helps to have many voices. > And we're just one of those voices that hopes to elevate the recognition of this very serious problem by the Executive and particularly the legislative branch. So that's why we not only issued the report, but we're having Because we're getting into the these hearings. We raise the elevation of newspapers. can understanding. So that's what we hope to do.

MS. FISCHER: I'm Terry Fischer, and I'm from -- I'm an Ottawa from Michigan. And so I'm one of the 36,000 people that are here in the area. And I've lived here for about 6 years now.

I want to address why urban programs need to have increased funding. And I'd like to put a face on it. So if you'll take a 3 minutes journey with me, and if you're not Native American, imagine that your beloved relative is living in a foreign country.

She's an older woman. Her name is Arlene. She's our mom, she's our grandma, she's a cousin. And she came into me, she was hobbling into the center. She was dressed in her native clothes and she wanted some care for her diabetes. She also needed some shoes for her foot problem.

And I said, "Well, I can help you. I can do some education and give you some stripes so that you don't have to go back to the reservation more often. And how come you're here in town?" And she said "My husband is a paraplegic. He has to go to the VA hospital." She said, "I'm elderly." She said "He is in a wheelchair and I cannot take him back to the reservation everything. I can't come here and take him to the VA and go back to the reservation for my issues."

So why are native people still imprisoned on reservations just to get health care?

Aren't we allowed the freedom of living wherever we want as other people do?

And my second story concerns our agency's youth group. These children learn about their traditions and about a healthy lifestyle through camping and hiking. And Sam, who is 11 years old, couldn't keep up. He was having some

problems. So the youth leaders recognized that and had Sam and his family come in. He was diagnosed diabetes. He's with gotten some care, some education. And 2 months later the leaders noticed he could keep up. He was having fun; he'd lost a little weight, quit drinking all that pop and all His family couldn't take time to go that stuff. back to the reservation. If not for our program, he would be well along with diabetes before he was diagnosed. Nobody would think of even checking him until he was in his 20s and way overweight.

My third story is George. He's a traveler from a northern tribe. He was here at the gathering of nations. And his money got stolen. And he came for our traditional healing service, and we'd just gotten a new teepee. And we'd put it up. And so he wanted to get a meal, too, I think, and maybe some strength to continue home.

And so with the lights and the sirens of the city behind us, we sat in the teepee with a fire and the medicine man was chanting. And I could see George relax and kind of get at ease.

He had met with a family and they kept him overnight so that he could get ready to take the bus back home the next day. I think he had a few

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dollars in his pockets to get the ticket and stuff. 1 2 So this is what urban clinics are doing. And this is what we could do more of if we were 3 given equitable funding. 5 And I thank the Commission for listening d to us. Thank you. 7 VICE CHAIRMAN REYNOSO: Thank you very 8 Those have been very telling stories. much. 9 you for coming forward. 10 VICE CHAIRMAN REYNOSO: I'd like to call 11 the last panel, also a panel of four. Norma Peone, Dave Baldridge, Rose Ebaugh, Celia Hildebrand. 12 I take it there are just three of you. 13 14 So please proceed in the manner in which I called 15 you. 16 MR. BALDRIDGE: Commissioners, good 17 afternoon. VICE CHAIRMAN REYNOSO: Good afternoon. 18 19 MR. BALDRIDGE: My name is Dave 20 Baldridge. I'm a Cherokee Indian. And for the past 21 been Executive Director of years have 22 National Indian Council on Aging in Albuquerque. 23 We're the foremost national voice for America's older Indians and Alaska Natives. 24 25 When I came to my job in '91 you could count on one hand the number of tribes who were contracting. There were five. As we look in the year 2000, more than 500. That's an extraordinary change and it's clearly the story in Indian health care over the last decade. This devolution.

We also, in some senses, call it a balkanization because it very realistically has affected the quality of public health for Indian Functions the IHS has traditionally Country. fulfilled, facility construction and maintenance, environmental health and public health are now being filled by the tribes on an individual basis. Tribes without the infrastructure or the background, sometimes the ability to deal with public health issues as they're struggling to deal with primary health care.

We heard this morning that 7 out of 10 diseases affecting Indian people have very strong behavioral components. And nationally Indian Country's public health effort is now led not by one IHS, but by 500 tribes, perhaps in 500 different directions. We're concerned about that, very much so.

We're also concerned about the lack of emphasis in Indian health data. The IHS has not

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published trends in Indian health since 1998. A new version came out this year, but it's still using 1998 data. Why? The RPMS is perhaps the most data rich database in the world for health. It goes back 20 years with encounters nine deep sometimes for patients. Yet we're still seeing '98 data.

Jon Perez this morning talked about figures indicating a reduction in diabetes, an improvement perhaps in the Indian Nation. Well, we knew 4 years ago that those were to due to 3 states inadequately utilizing CMS requirements in not making the change. So a statistical inaccuracy that is continued to this day, is being perpetuated.

We heard this morning that the definition of insanity is continuing to do the same thing and expecting different results. With Indian health data, we're doing that.

We saw this coming 5 or 6 years ago, and so we got an IHS grant. It cost a million bucks and we created and completed this year an interactive Indian health atlas. It uses state-of-the-art geographic information system technology. It is an extraordinary tool. I think it's the most powerful public health surveillance tool created in the nation over the past 10 years. Today it sits in the

garage. We think of it as our shiny red Masserati, but it's not in use because IHS will not allow the release of Indian health data. Some tribes object, and it's a very serious consideration. But IHS, despite our pleas, has not resolved it nor sought resolution. balkanization of Indian health data follows balkanization of Indian health care to the tribes, we're looking at the end of a national public health data picture and the resulting consequences Indian health funding will be dramatic. To Indian public health care they'll be dramatic. My third issue is a bit of a global one VICE CHAIRMAN REYNOSO: And I'm sorry. Could you be quick about it? We're running out of time. MR. BALDRIDGE: I will be very, very quick. The federal trust

responsibility based on treaties, statute and case law. It's for American Indian and Alaska Natives. It has very direct financial implications for us. Ιf we continue to refer to ourselves as Native Americans, disparities in Native American health care are a

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very different issue. We hope that you will use the correct term, American Indian and Alaska Native.

It's important to us.

Thank you.

VICE CHAIRMAN REYNOSO: Thank you very much.

MS. EBAUGH: Honorable members of the Commission and all in attendance. My name is Rose Ebaugh, and I am of the Dineh Nation. I currently reside in Albuquerque, New Mexico.

Through treaties, the federal trust obligations, the Snyder Act and Public Law 437 American Indian and Alaska Natives were promised services such as health and dental. As a full time student, a single parent of low-income status and a community advocate, I cannot afford private health insurance or comprehensive health care for my family and I.

The Albuquerque Indian Health Service and the SIPI Dental Health Clinic do not have adequate funding to provide comprehensive health care for my family also. Plus, residing off of our reservation for 180 days, I am termed as contract care ineligible. Upon returning back to the reservation, my family and I are ineligible to

receive health care services.

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What is IHS doing to resolve this loophole of ineligibility? I recommend that as a student also, I recommend that Medicaid cover full time students of low income status and whom are single parents. Along with Kay Culbertson, I recommend that you recognize the needs of Indian people who live off reservations. Their needs are often as great or worse than those who reside on the homelands.

And thank you, and have safe travels.

COMMISSIONER MEEKS: Thank you.

VICE CHAIRMAN REYNOSO: Thank you very much.

Ma'am?

MS. HILDEBRAND: Good evening, to those in front of me and those behind. Thank you for the opportunity to speak.

My name is Celia Hildebrand. I am a licensed acupuncturist, doctor of oriental medicine.

And I am under contract with Indian Health Service, recently under contract to help develop the area's master health facilities and services plan.

I don't know if you're aware of that.

It's required under congressional mandate to do so

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that all services and facilities can meet the needs of American Indians by the year 2015. We're just beginning that process right now in this area.

I also have been working for 3 years with Santo Domingo Pueblo to help plan and finance a new health facility there. I have permission from the Santo Domingo Governor's office, as well as council members that were present to use some examples to illustrate a few issues, although I am speaking for neither. I'm only speaking for myself.

About 3 years ago we at Santo Domingo began negotiating with IHS for a new facility. The IHS population formulas, the IHS uses a different formula for determining population. It's based on population as well as user data over the past 3 years. Those numbers are lower than Santo Domingo census, and they're also about Tribe's own equivalent to the U.S. Census Department. been a consistent problem I know for Santo Domingo as well as other tribes that the U.S. Census data is different than from what tribes often very themselves have claimed. And as you know, funding follows data. So that's been a real problem.

IHS population data said that Santo Domingo's population required a 35,000 square foot

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building with approximately 32 employees. Within 20 minutes of saying that, they also had to say that they could only afford an 11,000 square foot building with 17 employees. It's better than the is facility at Santo Domingo, which current approximately 3500 square feet and has 14 employees. This treats patients of up to 11,000 patients a year. VICE CHAIRMAN REYNOSO: Wow.

MS. HILDEBRAND: I know that the IHS health facilities priority funding process overall allows financing or building of only one or two new facilities nationwide a year. So there's no money out there for tribes to be able to use IHS dollars to expand or develop new facilities.

If you go out of IHS, you can go to HUD, Housing and Urban Development, the Indian Community Development Block Grant program to get financing to help build a new facility. But then you usually have to go to USDA under the Community Facilities Land Loan and Grant program. In New Mexico, that contains \$75,000 for all the entire state.

But loan financing is based on ability to repay debt. IHS can only enter into a 5 year lease with a 5 year to renew --

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VICE CHAIRMAN REYNOSO: And I'm sorry, could you wrap it up? MS. HILDEBRAND: Yes. VICE CHAIRMAN REYNOSO: Sorry. That's basically it. MS. HILDEBRAND: Some state and federal loans may require tribes to compromise sovereign status by opening their books to allow funding agencies to determine whether or not they have ability to repay debt and if they have 10 money to lend or to grant towards the program 11 themselves. It's a very uncomfortable position. VICE CHAIRMAN REYNOSO: Yes. Thank you 12 very much again to the panelists. 13 understand that there four 14 Ι were individuals who came late. They had to work late. 15 Who wanted to say a word or two. I'd like to call 16 them forward. So this turned out not to be the last 17 18 panel. Alfred Bennett, Frank Adakai, Edward 19 Tafoya and Francis Blair, I believe. If those folk 20 21 are forward, if they could come and be seated. And, unfortunately, I'm going to have to keep you to 22 23 straight time limits. And if you could proceed in the manner 24

in which I called you, Mr. Bennett, Mr. Adakai, Mr.

Tafoya and Ms. Blair.

MR. ADAKAI: Can I correct you on the name, Adakai.

VICE CHAIRMAN REYNOSO: You say Adakai.

MR. ADAKAI: Yes.

VICE CHAIRMAN REYNOSO: By all means.
Nobody put an accent here. Adakai.

But Mr. Bennett goes first.

MR. BENNETT: Good evening,
Commissioners. It's an honor and privilege to be
here. I'm a Navajo from Shiprock, New Mexico
originally. I was born in Farmington.

You know, I'm just here to make it know that, you know, in health care facility, the Indian Health hospital here in Albuquerque that, you know, I live in Valencia County. The next county south of here. And I've always wondered when my kids came at me, told me that their visits to the hospital, that on contract, you know, to be referred to like other positions, that it wasn't being paid for because they didn't live in Bernalillo County. And so it made me wonder, because there are Navajos in Valencia County. I do see a lot of them. Some of them are railroad workers and they bring their families. So I just wanted to bring that to the

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surface on why this is an issue here with this Albuquerque area office that I think something needs to be done to remedy the problem that anybody that walks through those doors should be accepted, no matter where they live.

The other part is I deal in the mental retardation field, developmental disabilities. And recently we had the closing of our state hospital in 1997, hospital and training school. And there were a number of Navajos that were medically fragile. were forced relocated because of a lawsuit called Jackson vs. Lawsons Hospital and Training School. And their parents wanted them to stay in facility because they knew that they could not get adequate care out in the community. But, you know, they were never given their freedom of choice, which is afforded to them. Because I'm a guardian myself of my brother who is mentally retarded. And we were really never given the freedom of choice whether we wanted to have a home group, a home living situation or a group home or a facility.

And it has come to my attention through the years that some of them that were medical fragile, the Navajos that I know, have died. And I think this is another area that is really lacking in

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the Indian health care system that needs to be taken 2 a look at. Because, I did call it a genocide of this population, especially the medical fragile that resides in this situation. And it's happening across this country. And so I just wanted to bring this to your attention and hope that, you know, maybe in the very near future take a look at especially all the 8 treaties of individual nations across this country. I think that's something that needs to be taken a 10 look at, because right now two of them working on 11 water rights issue with the Navajo on the San Juan 12 River right now. And the last river, I think, that has not been adjudicated. 13 14 So thank you very. 15 VICE CHAIRMAN REYNOSO: 16 COMMISSIONER MEEKS: Thank you. 17 VICE CHAIRMAN REYNOSO: Thank you. 18 Mr. Adakai? 19 MR. ADAKAI: Thank you, members of the 20 Commission. I want to compliment you for taking time 21 from your busy schedule to come to Albuquerque to 22 hear us out.

On your program it mentions that your sessions ends at 6:00, so I was sitting back there saying well I got 15 minutes in which time to

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address the Commission.

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VICE CHAIRMAN REYNOSO: No. Earlier on we started some of the program early.

MR. ADAKAI: Well, I'm just saying, I just wanted you to smile, but you didn't.

VICE CHAIRMAN REYNOSO: Yes.

MR. ADAKAI: But I do appreciate it. And one other thing I wanted to mention was the treaties that people talk about and that are there, supposed to be there, says as long as the grass shall grow, as long as the river shall flow what amenities would be made available to the Indian people of this nation.

The Rio Grande is drying up. And we don't have very much rain out here. And the grass is dying out. So I'm just wondering if this is the reason why some of these disparities are in existence.

But I'm going to be talking to you from the heart. And I just wanted to mention that we are not urban Indians, as people say. We just live here. And we have Census numbers, we have enrollment numbers, we have land back on the reservations and so forth. So I don't consider myself as an urban Indian. I'm Dineh and I just live here because

that's a choice that I made. I'm very But, concerned about our Indian people here, 36,000 of in Albuquerque that right here are them privileged to the same privileges as the dominant society is privileged to. And for some of us we have health insurance, so we're talking about health insurance versus no health insurance. And the ones that don't have health insurance, of course, are there not receiving the services. And you have heard the people talk to you about the disparities. We have a 40 bed hospital here in

We have a 40 bed hospital here in Albuquerque that is no longer accepting inpatients. It's just sitting there as an outpatient type facilities.

The SIPI Dental Clinic, as it was mentioned, they're only serving people up to 18 years old and the rest of them have to go and try to find their own way of taking care of whatever problems that may be existing.

And so we are here as an advocate for the people. And we get complaints all the time.

I'm not employed with any organization or anything. We are here as private individuals.

And I just wanted to mention that the disparities are there. They have been mentioned. No sense for

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me to sit here and reiterate and to repeat what has already been said. And I hope they have been a part of the record. VICE CHAIRMAN REYNOSO: They have been. 5 MR. ADAKAI: And I just wanted to get an 6 opportunity to say hello and to reinforce the 7 aspects of the disparities that I hear. 8 Thank you. 9 VICE CHAIRMAN REYNOSO: Thank you, Mr. Adakai. 10 11 Mr. Tafoya? My name is Edward MR. TAFOYA: Yes. 12 Tafoya, and I'm from the Santa Clara Pueblo. And 13 I'm the Lieutenant Governor. 14 One of the things -- I also belong to 15 the Santa Fe Service Unit Board. And one of the 16 17 things that's been happening is I want to reiterate some of the things that are happening. 18 There was a directive several years ago 19 20 from the area director that we should serve all Indians within the state, no matter where they come 21 So under the service -- Santa Fe Service 22 from. 23 Unit, we are giving services to all the natives, even from the cities that are other tribes. 24 And we

even have some people from Oklahoma come in every

month. They're on a monthly basis to receive those services.

So the Santa Fe Service Unit budget, we're spending at least 45 percent of the budget on those people that are living in the cities.

And one of the other things also is the BIA is the one that certifies the tribal members on the certification of Indian blood. It has nothing to do with the tribes. The tribes are only the ones that enroll. But it's up to the BIA to do that. And the Indian Health Service is the one that requires that an Indian be one-fourth Indian blood.

So there needs to be some changes in those types of policies and procedures.

Also, one of the other things is that we are serving the natives from other tribes. And the Commission should look into those service units that are providing those types of services to those Indians. Because we are running out of money and we are also neglecting our own people from the reservation to provide those services. So it's incumbent upon you folks to look into this and see if we can get more funding in them.

As some of the people mentioned here is

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that Santa Fe Service Unit also has their ICU closed because of the lack of funds. So any type of emergencies we are trying to contract with other private hospitals, in doing that. But in essence, we're missing a lot of our people to give those types of services. So we need to have more funded. And that's where it all stand, is the funding of -- you know, adequate funding for the health care.

Thank you.

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VICE CHAIRMAN REYNOSO: Thank you, Mr. Tafoya.

Ms. Blair?

Mr. Chairman and members of MS. BLAIR: the Commission, this is 59th my year pharmacist. I spent many of those years happily at Indian Health Service. Loved the patients. the I agree, that there Loved my work. disparities and it goes back to not observing the Snyder Act, which said that the United States of America will provide health care to tribes and their descendants. And descendants doesn't have to divided into urban, it doesn't have to be divided into tribal. Descendants are descendants.

So I believe that before you appoint more people to many of these jobs, they should have

a good math background. Because \$2.2 billion will not serve over 5 million people. 2 VICE CHAIRMAN REYNOSO: Yes. Yes. Now, there are many ways MS. BLAIR: 4 these things can be handled. Much of the relief 5 6 work can be done by getting professional people who have to work two weeks out of each year to maintain 7 8 their licensure to do the relief work. And there 9 are a number of other things. But the whole thing 10 about it is that a patient is a patient is a 11 patient. VICE CHAIRMAN REYNOSO: Thank you very 12 13 much. 14 We very much appreciate your coming 15 forward, particularly with all your 16 experience. 17 Ms. Rebecca Ortega has joined you, and 18 she has, I understand, something to bring to our attention. 19 20 MS. ORTEGA: Yes. Thank you so much, 21 Commissioners, for coming to meet with us. And I'm 22 glad that finally somebody has thought to come and 23 visit the Gallup facility and, you know, come and 24 listen to us as Native people what our concerns our. 25 I'm actually from the Pueblo

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Clara. And the reason that I came today, I read in the paper today that you were going to be having public hearings. I wanted to come because for so long now I'm a mother of 3 children, and I always talk with other mothers, other grandmothers. We're all very, very worried and concerned about our children, about our elderly.

You know, we want so much for them and we know that through the treaties we were promised health care. And it really hurts all of us when we see our children not being served the way that they should be. And, you know, being that we're Native, we don't have a lot of opportunities. We don't really know anything about filling out forms and, you know, some of us don't have jobs. I don't have a But I don't have a job by choice because I feel that the most important thing are my children. And I have to live with almost nothing for myself, I will because I want to be there to make sure that my children go to school, make sure that they eat, make sure that I'm there when they come home so that they're not out there doing drugs or alcoholism, or -- you know, a lot of our youth are involved with alcoholism. Some of them fall into depression, you know suicide because so many times it's so hard to

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live out there on the reservations. And even in the city as Native people we're not all that educated.

And, you know, we depend a lot on Indian Health

Service to take care of our medical needs.

And us mothers and grandmothers, don't understand why if we in the treaties we were -- you know, we gave all our land, our land in the United States of America is worth so much right now. I don't -- you know, can you maybe -- I'm sure you might have an estimate of how much all the land is worth. And, you know, we feel like how come if we gave all that up, why isn't our health care, why hasn't it gone up as well as that much value, too. You know, all the land is worth. Why is our health care always being cut back, you know? Us mothers, that's why I came today. I was at home. I read the paper. I told my husband I have to come down here. I have to go tell them how we feel as women, how we feel as mothers and all the things, the stories that we've shared as mothers on the reservations, in the city about our children. And I'm here to please tell you please, please talk to Congress. And I feel we all don't understand why we have to accept cutbacks when our land has gone up so much. And I am so thankful. And I know all the women from all

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to hear us. And I want to say thank you so much. God bless you all and have a safe trip home. VICE CHAIRMAN REYNOSO: Thank you for all--MS. ORTEGA: And please don't forget us. VICE CHAIRMAN REYNOSO: Thank you for 8 9 all of you for coming. Because particularly in these last hours you've put a face to all of the 10 statistics and problems that have occurred, though 11 we heard a lot about that yesterday, too, when we 12 actually visited the facilities and we saw the lack 13 of services that should be provided to a people 14 15 whose promise was given and yet not kept. So I want very much to thank this last 16 panel. I want to thank all of the folk who testified 17 today, and the folk who helped us yesterday to bring 18 a great consciousness to the leaders of our country 19 20 about this need, this desperate need. And we trust that with your work and our work, there'll be a 21 22 response to it. 23 So, again, thank you very much. This hearing is adjourned. 24 25 (Whereupon, at 5:55 p.m. the hearing was

the tribes are so thankful that you have come today

adjourned.)

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